

# *LaTandra J. Smith, APRN, WHNP-BC, RNC-OB, C-EFM*

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## *Summary of Qualifications*

Women's Health Nurse Practitioner, experienced nurse with experience in labor and delivery and with adults. Previous roles include Unit Coordinator, Charge Nurse, and Staff Nurse.

**Areas of Expertise:** Assessments and Evaluations, Examining and Monitoring Vital Signs, Patient and Family Education, Patient Safety, Technology Skills

**Technical Skills:** Meditech, Centrinity Perinatal System, MS Office (Excel, PowerPoint, Word, Outlook, Teams), Google Suite, iOS, SharePoint, Zoom, Canvas

**Certifications/Licensure:** Registered Nurse–Multistate Advanced Practice Registered Nurse–Certified Nurse Practitioner, Neonatal Resuscitation Program, Basic Life Support, Advanced Cardiac Life Support

## *Educational Background*

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Master of Science in Nursing;

Women's Health Nurse Practitioner

**Northwestern State University of Louisiana,  
Shreveport, LA**

**January 2019 - May 5, 2021**

Bachelor of Science in Nursing;

Minor in Psychology

**Southern University A&M College Baton Rouge, LA**  
**August 2010 – May 9, 2014**

## *National Certifications*

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Women's Health Nurse Practitioner-NCC

July 2021

Electronic Fetal Monitoring (C-EFM)- NCC

September 2020

Inpatient Obstetric Nurse (RNC-OB)- NCC

June 2019

## *Professional Experience*

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**Rabie Clinic for Women–Women's Health Nurse  
Practitioner, Alexandria,La**

**October 2021–Present**

Assess, diagnose, and treat obstetrical and gynecological conditions across the lifespan; Record a patients' medical histories and symptoms; Perform physical exams and

observing women; Create patient care plans or contributing to existing plans; Perform and order diagnostic tests; Diagnose various health problems; Analyze test results or changes in a patient's condition; Give patients medicines and treatments and evaluating their response; Consult with doctors and other healthcare professionals; Provide preventative care such as well woman exams, contraceptive care, breast cancer screenings, and cervical cancer screenings.

**Rapides Women's and Children Hospital, Alexandria,La  
Sept 2016–Present**

**RN PRN Staff, Labor and Delivery**

**October 2021–Present**

Provide care to and support to women throughout: labor, delivery, recovery, postpartum, obstetrical emergencies, and pregnancy complications; Provide pre-, intra-, and post-operative care to patients undergoing a cesarean delivery; Monitor and interpret fetal monitoring for abnormalities and communicate the to the physician; Assist the physician during delivery, treatment, examination, and surgical procedures; Provide quality and skilled nursing care including assessments, planning, implementation of nursing interventions, and evaluations; Work collaboratively with physicians and other members of the health care team pertaining to patient care; Provide patient education; Assist in the orientation of new staff members.

**Manager: Heather Ledet, BSN, RNC-OB, C-EFM**

**Unit Coordinator/RN Charge, Labor and Delivery**

**Jan 2020–October 2021**

Provide leadership and mentor in interdisciplinary collaboration during shift activities; Support the nurse manager in operating the unit by assuring the quality of service, cost-effectiveness, and maintenance of respect, safety, and dignity of patients and staff; Assume responsibility for direction and coordination of all functions during the shift; Organize staff to patient assignments in accordance to patient acuity; Communicate patient status to oncoming shift and physicians.

**RN Staff, Labor and Delivery**

**Sept 2016–January 2020**

Provide care to and support to women throughout: labor, delivery, recovery, postpartum, obstetrical emergencies, and pregnancy complications; Provide pre-, intra-, and post-operative care to patients undergoing a cesarean delivery; Monitor and interpret fetal monitoring for abnormalities and communicate the to the physician; Assist the physician

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## **Christus Coughatta Healthcare Center, Coughatta, La Apr 2017–Dec 2019**

**Manager: Kellie Crow, BSN, RN**

### **RN PRN Charge, Medical-Surgical Unit**

**Nov 2017–Dec 2019**

Acted as a visible leader within the unit; Supported the nurse manager in operating the unit by assuring the quality of service and maintenance of respect, safety, and dignity of patients and staff; Assumed responsibility for direction and coordination of all functions during the shift; Organized staff to patient assignments in accordance to patient acuity; Communicated patient status to oncoming shift and physicians; Code team member

### **RN PRN Staff, Medical-Surgical Unit**

**Apr 2017–Dec 2019**

Provided care to adult medical-surgical patients with or without cardiac monitoring; Provided quality and skilled nursing care including assessments, planning, implementation of nursing interventions, and evaluations; Worked collaboratively with physicians and other members of the health care team pertaining to patient care; Provided patient education; Resolved patient problems and needs by utilizing multidisciplinary team strategies; Maintained safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel; Protected patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.

## **Willis-Knighton Pierremont Health Center, Shreveport, La Sept 2014–Sept 2016**

**Manager: Jody Coleman-Nolte, RN, BSN**

### **RN Charge, Medical-Surgical Telemetry Unit**

**Sept 2015–Sept 2016**

Acted as a visible leader within the unit; Supported the nurse manager in operating the unit by assuring the quality of service and maintenance of respect, safety, and dignity of patients and staff; Assumed responsibility for direction and coordination of all functions during the shift; Organized staff

to patient assignments in accordance to patient acuity; Communicated patient status to oncoming shift and physicians; Assisted in the orientation of new staff members; Code team member

### **RN Staff, Medical-Surgical Telemetry Unit**

**Sept 2014–Sept 2016**

Provided care to adult medical-surgical patients who required cardiac monitoring; Provided quality and skilled nursing care including assessments, planning, implementation of nursing interventions, and evaluations; Worked collaboratively with physicians and other members of the health care team pertaining to patient care; Performed therapeutic nursing interventions as established by individualized plan of care for the patient and his/her family; Provided individualized patient/family education customized to the patient and his/her family; Documented patient assessment findings, physical/psychosocial responses to nursing intervention and progress towards problem resolution.

## ***Presentations***

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Bennett, D., Gross, M. & Smith, L. (2021). Intrauterine devices, pain management options, and is pain the reason they are under utilized for contraception? 1-20.

## ***References***

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References available upon request