

CHRYSTAL PORTE

CNA

Minneapolis, MN

-Email me on Indeed: <http://www.indeed.com/r/CHRYSTAL-PORTE/31260a93c0c478b3>

Compassionate, friendly individual looking for a position as a Certified Nursing Assistant. Bringing extensive training and CNA certification, and a high degree of enthusiasm towards the well-being of residents.

Performance Summary: Compassionate, dependable CNA with substantial knowledge of personal care delivery protocols. Outgoing team player with profound ability to communicate effectively at all levels of management. Proficient in prioritizing and completing tasks in a timely manner while demonstrating adaptability and flexibility. Calm and highly focused nursing assistant with natural ability to make patients feel at ease during stressful procedures.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

North Memorial Hospital - Robbinsdale, MN

October 2021 to Present

Under the supervision of the Clinical Director and Patient Care Supervisors, the Nursing Assistant is responsible for the delivery of optimum quality care and support to patients while in the Pre-Op, PACU, Operating Room, and Phase II of the Surgery Center.

JOB STANDARDS:

- Functions under the authority of patient care supervisors, nursing personnel, and physicians orders
- Assists with rooming patients
- Assists patients with ambulation/transport via wheelchair and/or stretcher
- Vital signs
- Assists patients with dressing/undressing
- Performs proper hair removal
- Assists patients with pre-operative prep such as sage wipes
- Performs UPT for female patients of childbearing age
- Checks patients Glucose, Hemoglobin, and INR
- Assists with orthopedic and respiratory equipment
- Removes patient IV prior to discharge
- Provides nutrition to patients
- Cleans/disinfects/sterilizes Endoscopes
- Prioritizes and provides care based on the need
- Patient room turn over
- Cleans/disinfects supplies/equipment that has been in contact with a patient
- Clearly communicates all patient data to nursing staff
- Other duties as assigned
- Stock supply cabinets and linen cabinets

- Stock patient rooms
- Manage nutrition supplies
- Manage inventory and par levels

Responsibilities Operating Room

- Assist the RN in the safe transfer of patients
- Assists in the preparation of the surgical environment.
- Assist in the cleaning of the OR suite as needed.
- Assists in the cleaning and maintenance of supplies and equipment.
- Blood specimen collection; perform Hbg, INR, Glucose test
- Urine specimen collection, UPT
- Daily, weekly, monthly cleaning
- Monthly Outdates
- Maintain a clean environment in all supply areas; germicidal solutions - length of time for contact with surfaces
- Answer phones
- Run errands, direct family/visitors
- Assist with emergencies, codes, etc.
- Float readily between all areas providing help where needed
- Restocking and cleaning as necessary
- Distributes supplies and laundry as directed
- Assist SPD with instrument processing and endoscope cleaning
- Pick supplies and stage case carts for surgical procedures
- Help perform monthly quality audits
- Assists the OR in equipment moving and storage.
- Patient COVID testing and screening
- Pre Admission NPO calls
- Other duties as assigned

CNA - Certified Nursing Assistant

Bethany Retirement Living - Fargo, ND

November 2012 to Present

Assisting resident with personal hygiene by giving bedpans, urinals, baths, backrubs, shampoos, and shaves; assisting with travel to the bathroom; helping with showers and baths. Assisting with activities of daily living by assisting with serving meals, feeding patients as necessary; ambulating, turning, and positioning patients; providing fresh water and nourishment between meals. Maintains patient stability by checking vital signs and weight; testing urine; recording intake and output information. Provides patient comfort by utilizing resources and materials; transporting patients; answering patients' call lights and requests; reporting observations of the patient to nursing supervisor

CNA - Certified Nursing Assistant

Viera Hospital - Fargo, ND

May 2021 to July 2021

providing long-term acute care services to patients recovering from serious illnesses or injuries. Often patients require additional critical care services for medically complex conditions such as trauma, infectious diseases, wound healing, cardiovascular disease, stroke, amputation, and ventilator weaning. provides assistance to licensed nursing personnel in the provision of patient care by providing and documenting activities of daily living, including personal hygiene and grooming and providing a clean,

healthy and safe environment. Utilizes basic infection control procedures, basic nutrition, and fluid intake skills. Recognizes emergency situations and responds.

CNA - Certified Nursing Assistant

Sanford Health - Fargo, ND

November 2015 to August 2016

Contributes to the assessment of the health status of patients by collecting basic objective and subjective data, identified by the licensed nurse, from observations and interviews. Identifies basic signs and symptoms of deviations from normal health status and provides basic information which licensed nurses use in the identification of problems and needs. Contributes to the development of the plan of care for individuals by reporting basic data. Participates in the giving of direct patient care by assisting with activities of daily living, providing comfort measures and emotional support to patients whose condition is stable and predictable, documenting and communicating completion of delegated nursing interventions and patient responses and seeks guidance and direction when appropriate. Contributes to the evaluation by documenting and communicating patient responses and assists with collecting data. Prepares work areas and equipment to facilitate the licensed nurse/provider in performing patient care. Performs general clerical and office support duties to ensure the effectiveness and efficiency of the service. Monitors patient activity via camera monitoring system as needed. Picks up medications from pharmacy for delivery to patient care areas.

CNA - Certified Nursing Assistant

Eventide Nursing Home - West Fargo, ND

April 2014 to November 2015

up and get the ready for their daily living such as dressing, feed/ assisting with meal, bathing, taking Resident out to shopping, and assisting resident to bed.

Sunrise Senior Living

CNA - Columbia, MD

January 2010 to March 2012

Wake the Resident up and get them ready for their daily living such as, dressing, feed/ assisting with meal, bathing, taking Resident out to shopping, and assisting Resident to bed.

Education

Associate in Nursing

NDSCS - Fargo, ND

2014 to 2016

Skills

- Handwashing. Indirect care. Measuring blood pressure. Measuring body temperature. Measuring and recording pulse. Measuring and recording respiration. Measuring the output from a urinary bag. Ambulation with a gait belt. Handwashing. Feeding. Mouth care. Mouth care with dentures. Mouth care for unconscious patient. Toileting with bedpan. Foot care. Transferring to wheelchair. Change of position in bed. Changing an occupied bed. Perineal care of female. Perineal of male. Catheter care. Partial bed bath. Dressing a resident with a weak arms. Applying elastic support stockings. Body position, supine, prone, lateral, Sims and Fowler. (7 years)
- CNA

- Vital Signs
- EMR Systems
- Patient Care
- Nursing
- Critical Care Experience
- Caregiving
- Tube Feeding
- Medication Administration
- Experience Administering Injections
- Home Care
- Meal Preparation
- Medical Imaging

Certifications and Licenses

CNA/HHA

January 2018

CPR Certification

Assessments

Nursing assistant skills — Completed

April 2021

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Completed](#)

Home health aide skills — Completed

February 2021

Providing care to patients in a home setting

Full results: [Completed](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

I have gained academic and practical knowledge of obtaining vitals, medical terminology and health and safety codes. Background demonstrating consistency in providing excellent cares to patients while being a reliable team player. I am friendly, hardworking, expressive, flexible, formal, punctual dependable, detail- oriented and willing to take on new tasks to assist my team and employer.