

Crystal Ayuyu

RN, BSN

Brooklyn Park, MN

-Email me on Indeed: <http://www.indeed.com/r/Crystal-Ayuyu/e538fa0d84df9068>

Authorized to work in the US for any employer

Work Experience

ICU RN

Woodwinds Hospital-Fairview Health - Woodbury, MN

May 2021 to Present

NICU RN

St. Cloud Hospital - Saint Cloud, MN

September 2017 to September 2021

- Providing round-the-clock care to premature and severely ill newborn infants.
- Caring for the basic needs of infants; for example, feeding and changing diapers.
- Performing medical procedures; for example, inserting intravenous lines, performing tests, and administering medications.
- Assisting the NICU physicians in medical procedures and treatments.
- Using and adjusting specialized medical equipment to include ventilators.
- Formulating nursing plans and evaluating the effectiveness of treatments.
- Comforting ill newborns and anxious parents and family members.
- Offering support to parents and family members and educating them on the at-home care of their newborn.

Medical Progressive Care RN

St Cloud Hospital - Saint Cloud, MN

April 2016 to September 2017

Responsibilities

- Provide direct patient care, meeting both psychological and physical needs of the patients in accordance with physicians' orders, Joint Commission, OSHA, nursing and department guidelines.
- Fulfill nursing duties to contribute to the continuity and quality of care which fosters the best interest and well-being of all patients and their families.
- Conduct and document a thorough assessment of each patient's medical status upon admission and throughout the patient's course of treatment.
- Assist in the development and implementation of an individualized treatment plan for each assigned patient.
- Comply with evaluation, treatment and documentation guidelines described.
- Complete required documentation in an accurate and timely manner.
- Assign staff to patient care duties based on patient condition and expertise of staff.
- Oversee care delivered by Licensed Practical Nurses and Certified Nursing Assistants to assure work is accomplished in a timely manner.
- Attend and participate in clinical team conferences regarding patient progress, problems and needs.
- Act in compliance with hospital, regulatory and professional standards and guidelines.

- Advise attending physicians of significant changes in a patient's condition.
- Perform catheterizations, irrigations, administration of dose and/or rate sensitive IV medications such as Cardizem and insulin drips, administration of oxygen and other treatments; and educating patients on relevant health issues.
- Administer medications via various routes.
- Access continuing education opportunities appropriate to discipline and responsibilities in order to maintain clinical currency.
- Adhere to facility policies and procedures and participates in facility quality improvement and safety programs.
- Perform other duties, as assigned.
- Provide comprehensive nursing care to patients with complicated medical conditions and needs

Pediatric Home Care RN

Recover Health - Saint Cloud, MN

March 2016 to September 2016

- Independently providing in-home care for medically fragile pediatric clients with trach, GT tube, suctioning, and ventilator needs.
- Monitoring client health status, arranging appointments with healthcare providers as needed to avoid unnecessary client hospitalizations, and promote continued home health.

Case Manager RN

United Healthcare - Honolulu, HI

June 2015 to February 2016

Responsibilities

- Member introduction to their Health Plan benefits and services,
- Assessment of the member to identify needs for services and support such as: DME and supplies, acute medical services, behavioral health services, HCBS and primary or specialist care.
- Ensure upon enrollment that new members' covered services and supplies continue to be authorized and reimbursed per contract until member is assessed and plan of care established to ensure continuation without interruption.
- Include the member's goals of care, family/support system, environmental, cultural and linguistic needs in reviews
- Complete appropriate assessments within contractual time lines
- Develop an individualized member service plan/Plan of Care where appropriate to address identified unmet needs
- Collaborate with plan staff to ensure timely and coordinated access to servicing providers for covered services, including coordination of benefits through other payers (Medicare)
- Perform primary review functions for services and provide authorization or request for secondary reviews per protocol.
- Follow up with contracted providers to ensure appropriate service delivery of the services authorized for the member
- Assist the member to access community, Medicare, family and other third-party resources as appropriate
- Offer member choice of servicing providers
- Provide information and choice on service delivery options such as Consumer Directed Services if appropriate.
- Facilitate care setting transitions and access to special programs as appropriate to the nature of the transition (ex. post hospital H2H program, Advanced Illness , NF Repatriation)

- Assess member understanding of their health status and provide education on how they can improve or delay functional/medical/behavioral decline through member materials and access to disease management programs
- Document all health assessments, reassessments and Care Plan/Service Plan outcomes in the plan electronic care coordination system CareOne and other file systems as appropriate.
- Communicate assessment outcomes with member, PCP and service providers.
- Provide ongoing communication with PCP, regarding diagnoses, prognoses, therapies and identified activities of daily living, cognitive and behavioral imitations.
- Monitoring the effectiveness of service coordination activities through the ongoing evaluation of the adequacy and appropriateness of services delivered to members.

RN Care Coordinator

HOME CARE SOLUTIONS - Honolulu, HI

March 2015 to December 2015

Responsibilities

- Completing client physical assessment, creating and revising a plan of care that promotes optimum client health at home.
- Recommending home modifications that promote client safety and encourage thriving in the home environment.
- Independently providing in-home care for medically fragile pediatric clients with trach, GT tube, suctioning, and ventilator needs.
- Monitoring client health status, arranging appointments with healthcare providers as needed to avoid unnecessary client hospitalizations, and promote continued home health.
- Attending healthcare appointments, collaborating with client care team and service providers to meet client health for needs, and promote optimal client health.
- Supervising care provided by home care aides to ensure quality and continuity of care.
- Conducting skill and best practice based in-service's for subordinate staff to maintain and improve quality of care delivery.
- Conducting home lab draws per physician orders and delivering specimens to appropriate lab collection agency.
- Conducting employee evaluations and counselings, as needed, of subordinate staff members.

Medical Surgical RN

St. Francis Health Center - Topeka, KS

September 2013 to June 2014

Responsibilities

- Provide direct patient care, meeting both psychological and physical needs of the patients in accordance with physicians' orders, Joint Commission, OSHA, nursing and department guidelines.
- Fulfill nursing duties to contribute to the continuity and quality of care which fosters the best interest and well-being of all patients and their families.
- Conduct and document a thorough assessment of each patient's medical status upon admission and throughout the patient's course of treatment.
- Assist in the development and implementation of an individualized treatment plan for each assigned patient.
- Comply with evaluation, treatment and documentation guidelines described.
- Complete required documentation in an accurate and timely manner.
- Assign staff to patient care duties based on patient condition and expertise of staff.

- Oversee care delivered by Licensed Practical Nurses and Certified Nursing Assistants to assure work is accomplished in a timely manner.
- Attend and participate in clinical team conferences regarding patient progress, problems and needs.
- Act in compliance with hospital, regulatory and professional standards and guidelines.
- Advise attending physicians of significant changes in a patient's condition.
- Perform catheterizations, irrigations, intravenous catheter insertion, venipuncture, administration of oxygen and other treatments; and educating patients on relevant health issues.
- Administer medications via various routes.
- Access continuing education opportunities appropriate to discipline and responsibilities in order to maintain clinical currency.
- Adhere to facility policies and procedures and participates in facility quality improvement and safety programs.
- Perform other duties, as assigned.
- Provide comprehensive nursing care to a variety of patients, such as normal to complicated.

CNA - Certified Nursing Assistant

Meadowlark Hills - Manhattan, KS

April 2012 to November 2013

Responsibilities

- # Responsible for providing and managing the health-related care that residents receive within the licensed health care center.
- # Strive to promote Meadowlark as home for each resident by delivering individualized, professional, quality care, both physically and emotionally.

Student Nurse Tech

St. Francis Health Center - Topeka, KS

August 2012 to May 2013

Responsibilities

- # Meet the needs of any patient in the department (ADL's, messages, supplies and deliveries in a timely manner).
- # Apply proper techniques with simple dressing changes; discontinuation of urinary catheters and NG tubes; obtaining specimens (urinary, stool, sputum).
- # Maintain and follow proper procedure for sterile technique on dressing changes, insertion of urinary catheters, etc. Knowledgeable of and follow proper technique of colostomy and catheter care.
- # Knowledgeable of correct set-up and functions of bladder scanners, incentive spirometer, and oxygen safety

Patient Care Tech/CNA

Stormont Vail HealthCARE - Topeka, KS

April 2011 to July 2012

Responsibilities

- # Meet the needs of any patient in the department (ADL's, messages, supplies and deliveries in a timely manner).
- # Apply proper techniques with simple dressing changes; discontinuation of urinary catheters and NG tubes; obtaining specimens (urinary, stool, sputum).
- # Maintain and follow proper procedure for sterile technique on dressing changes, insertion of urinary catheters, etc. Knowledgeable of and follow proper technique of colostomy and catheter care.

Knowledgeable of correct set-up and functions of bladder scanners, incentive spirometer, and oxygen safety

OR Nurse Assistant

Irwin Army Community Hospital - Fort Riley, KS
August 2009 to August 2011

Responsibilities

Operating Room set up including but not limited to: assisting in patient draping and positioning, initial set up and adjustment of lights during procedures to ensure optimal visibility, instrument set up on back table and mayo stand using sterile/aseptic technique, assisting physician by holding and handling instruments, performing retraction, holding and cutting sutures, and providing irrigation and suction as needed.

Verification, labeling, and maintenance of medications on and added to sterile field. Maintenance of sterile field using aseptic technique. Keeping an accurate instrument, needle, and sponge count.

Collecting, preparing, and conserving specimens acquired during surgical procedures as directed by physician. Provide assistance in dressing application and post-operative patient transfer. Disposal of contaminated supplies and instruments post-operatively.

Sterile processing duties including but not limited to: accurate decontamination, assembling of instrument sets, wrapping, and sterilization of instruments, supplies and equipment. Clean equipment, orders supplies, restocks supplies & linen shelves & accepts full responsibility of complete sterilization process. Distribution to nursing and ancillary units of all in house sterilized instruments and supplies.

Skills Used

multi-tasking in fast paced environment; often in stressful situations

Labor and Delivery Tech

Overland Park Regional Medical Center - Lenexa, KS
August 2007 to August 2009

Responsibilities

Operating Room set up including but not limited to: assisting in patient draping and positioning, initial set up and adjustment of lights during procedures to ensure optimal visibility, instrument set up on back table and mayo stand using sterile/aseptic technique, assisting physician by holding and handling instruments, performing retraction, holding and cutting sutures, and providing irrigation and suction as needed. Acting as first-assist as needed in emergency c-sections. Verification, labeling, and maintenance of medications on and added to sterile field. Maintenance of sterile field using aseptic technique.

Keeping an accurate instrument, needle, and sponge count. Collecting, preparing, and conserving specimens acquired during surgical procedures as directed by physician. Provide assistance in dressing application and post-operative patient transfer. Disposal of contaminated supplies and instruments post-operatively. Stock labor rooms, monitor and scan supplies needed from supply room.

Skills Used

multi-tasking in a fast paced environment; often in stressful situations

Education

BS in Registered Nursing

Washburn University - Topeka, KS

2011 to 2013

AS in Pre-Nursing

Cloud County Community College - Junction City, KS
2009 to 2011

Certificate in Surgical Technology

Wright Career College - Overland Park, KS
2006 to 2007

Nursing Licenses

RN

Expires: March 2022

State: MN

Skills

- Tube Feeding
- Catheter Care
- Critical Care Experience
- Aseptic Technique
- Nursing
- EMR Systems
- Patient Care
- Medication Administration
- EMR Systems
- Patient Care
- Medication Administration
- Epic
- Crisis Intervention
- Caregiving
- ICU Experience
- Hospital Experience
- Vital Signs

Certifications and Licenses

BLS for Healthcare Providers

October 2018 to November 2022

ACLS Certification

November 2018 to November 2020

PALS Certification

December 2018 to November 2022

STABLE

February 2020 to February 2022

Certified Breastfeeding Counselor

November 2019 to November 2022

NRP

September 2019 to September 2021