



Kayla Vanessa Garces

📍 Alamo, TX 78516 📞 956-784-4658 ✉️ Kaylavanessa24@gmail.com

PROFESSIONAL SUMMARY

Diligent Nursing professional with demonstrated success in patient care. Agile and responsive to dynamic patient needs and environmental conditions. Team-oriented and reliable with expert healthcare knowledge, clear verbal and written communication skills and sound clinical judgment.

SKILLS

- Patient Care
- HIPAA Compliance
- Dementia Knowledge
- Medication Administration
- Infection Control
- Critical thinking
- Multitasking abilities
- Interpersonal Communication

WORK HISTORY

REGISTERED NURSE, ICU *03/2022 to CURRENT*

HCA Rio Grande Regional Hospital | Mcallen, Texas

- Assessed and managed various patient treatments for numerous patient diagnoses from sepsis to acute respiratory distress.
- Guided and educated patients and caregivers on diagnoses, disease management, preventive measures, medication use and self-care to foster consistency in care administration.
- Used critical thinking to break down problems, evaluate solutions and make decisions.

REGISTERED NURSE, ICU *01/2022 to 02/2022*

Odessa Regional Hospital | Odessa, TX

- Administered medication, pain management and analysis of patient responses to interventions to improve individual performance.
- Assessed patients, collecting data and prioritizing cases in accordance with standards, policies, procedures and guidelines.
- Conducted patient assessments, recorded vitals and analyzed records and charts to define care requirements.

REGISTERED NURSE, ICU *01/2021 to 01/2022*

Mcallen Medical Center | Mcallen, TX

- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Advocated for patients by communicating care preferences to

practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.

LICENSED VOCATIONAL NURSE *10/2019 to 08/2020*

Regency Integrated Health Services LLC | Edinburg, TX

- Defined patient advocacy objectives for patients and caregivers through collaboration with various healthcare professionals to determine specific and individualized care plan based on goals and long-term health.
- Implemented quality patient care techniques to align with safety, health and organizational regulations.
- Administered medications and treatments to patients as ordered by physician, maintaining accountability for accurate narcotic count at end of each shift.

CERTIFIED NURSE AIDE *01/2017 to 10/2019*

Regency Integrated Health Services LLC | Edinburg, TX

- Assisted patients with mobility needs, including moving to and from beds
- Helped patients effectively manage routine bathing, grooming and other hygiene needs.
- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.

EDUCATION

Bachelor of Science | Nursing *12/2021*

The University of Texas At Arlington, Arlington, TX

Associates Degree of Nursing | Nursing *12/2020*

South Texas College, Mcallen, TX

Vocational Nursing | Nursing *12/2019*

South Texas College, McAllen, TX

High School Diploma *05/2016*

Weslaco High School, Weslaco, TX

CPR/BLS CERTIFIED

American Heart Association-August 11, 2020

CERTIFICATIONS

Advanced Life Support ACLS (American Red Cross)
Exp: 9/30/2023