2652 Tuscaloosa St.

San Diego, CA 92110

901-364-3873 shaylahrbell@gmail.com



**Objective:**

Compassionate and resourceful Registered Nurse with 6+ years of professional experience. Specializing in critical care and dual utilization/case management roles. Excellent clinical knowledge and dedicated to diverse patients from all backgrounds.

# Skill Highlights

▪ Well-developed in time management, prioritization, and multi-tasking

▪ Strong assessment skills

▪ Exceptional rapport with diverse patients and peers

▪ ICU complex care

* Telemetry
* Ventilator management
* Assist with invasive bedside procedures (intubation, arterial line/central line placement)
* Conscious sedation
* Management of cardiac devices
* Titration of continuous life-saving cardiac drips and sedation

▪ Level of Care Reviews

▪ Multi-Disciplinary Rounding

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Work Experience**

**ICU Travel Registered Nurse**

Aya Healthcare 09/2020-present

Responsibilities

* Assessing, planning, implementing and evaluating patient care in accordance with unit standards for all patient types and age groups.
* Managing up to 3 critically ill patients, consisting of ventilator support, post tracheostomy, post CABG, and ARDS management
* Performing serial ABG sampling, lab draws, cardiac monitoring, and neurological assessments.
* Continuous ECG monitoring and interpretation, with performance of cardiopulmonary resuscitation and advanced cardiac life support
* Collaborating with professionals across the organization to formulate an integrated care plan.
* Devising health care goals using a holistic approach aligned with patient and family needs.

Managing complex care of COVID -19 patients

* Effective communication with families via telephone and video methods

**Registered Nurse**

Scripps Hospital 09/2020- present

Responsibilities

* Cross-trained to care for the critically/acutely ill patients in the Medical ICU, Neuro-Surgical Trauma ICU, and Cardiovascular ICU.
* Providing the highest quality complex nursing care and service, to both patients and families.
* Management of critically il patients including: ARDS, renal failure, COVID-19, septic shock, cardiac arrest, myocardial infarction.
* Use of effective critical thinking skills, organizational skills, and knowledge of use of equipment.
* Maintaining patient safety, care standards, and confidentiality according to both unit procedure and hospital policy
* Working as a team member in collaborative manner with nurses, physicians, and other allied health professionals.
* Enhanced time management and organization to ensure arrival to sites on time

# Registered Nurse

Baptist Memorial Hospital- Desoto 01/2020-09/2020

## Responsibilities

* ICU Registered Nurse
* Identifying patient specific needs and adjusting plan of care as ordered
* Advocating for patients and families while providing emotional support
* Collaborating with intensivists and multi-disciplinary team to ensure efficient care
* Proficient with mechanical ventilation, sedation, pressure lines, and EPIC charting
* 2:1 ratio, 1:1 care with COVID-19 patients
* Ongoing education and professional development for COVID-19 patients

# Case Manager/Utilization Management

Queen’s Medical Center 01/2018-11/2019

## Responsibilities

* Initiating patient and family interviews to facilitate safe discharge planning
* Reviewing level of care daily
* One on one hospitalist rounding
* Safely managing up to 50 patient case-load for a Magnet Status facility
* Coordinating off-island transfers for long-term hospitalized patients
* Decreasing re-admission through daily discharge rounds
* Multi-disciplinary communication for effective patient outcomes
* Training new orientees and interns
* Attaining community services for high risk (homeless, substance abused) populations

# Registered Nurse-Case Manager

Castle Medical Center 12/2016-02/2018

## Responsibilities

* Skilled wound care, medication management, and other disease process management
* Managing care to a caseload of 15 patients weekly
* Adhering to patient safety-related policies, procedures, and protocols
* Maintaining a safe, comfortable, and therapeutic environment for patients and families in accordance with company’s standards
* Patient and family education and advocacy
* Delivering safe, holistic and efficient care to a diverse group of patients
* Supervising Certified Nursing Assistants and other licensed personnel
* Overseeing weekly interdisciplinary group meetings

# Registered Nurse

Baptist Memorial Hospital 12/2015-12/2016

## Responsibilities

* ICU Staff Nurse with intermittent Charge Nurse responsibilities
* 1:3 ratio for acutely ill and complex patients
* Maintaining set protocols for specified groups of patients
* Assessing, implementing, and adjusting individual plans of care
* Communicating effective plans of care with physicians, patients, and family
* Involvement in professional growth through continuing education
* Competence in trach care, ventilators, tube feedings and IV placement
* Interpreting, monitoring, and analyzing lab results and cardiac rhythms
* Daily interdisciplinary communication
* Proficient with EPIC Charting System

# Registered Nurse

Care Resource Hawaii 01/2015-12/2015​

## Responsibilities

* Consistently providing home health care under company’s mission and goals
* Medication management, wound care, and disease process education and management
* Maintaining a safe, comfortable, and therapeutic environment for patients and families in accordance with company’s standards
* Delivering safe and efficient care to a diverse group of patients in their place of residence
* Supervising Certified Nursing Assistants and other licensed personnel
* Professional growth through wound care continuing education • Effectively managing a weekly caseload of 15-20 patients

# Education

Walden University 2020-current

*Master of Science in Nursing 30 hours*

Baptist College of Health Sciences 2011-2014

*Bachelor of Science in Nursing, 2014*

# Licenses

Registered Nurse, State of Hawaii, 2015-present

Registered Nurse, State of TN, Compact License, 2016-present

Registered Nurse. State of California, 2020-present

# Volunteer Experience

American Red Cross Hawaii, 2015-2019

National Military Family Association Volunteer, 2015-present

# Certifications

Basic Life Support

Advanced Cardiac Life Support