annahly alvarez, BSN-RN

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# PROFESSIONAL SUMMARY

Intensive Care Registered Nurse with two years of clinical experience in a 30 bed department and proficient in handling emergency situations with organized and proactive nature.

Neonatal Intensive Care staff and charge nurse with a four year experience in a level III unit with 26 bed. Experienced in provision of collaborative comprehensive care on preterm neonates and compromised newborns alongside other staff, including neonatal nurse practitioners, respiratory therapists, and physicians.

# certifications

* Basic Life Support (BLS) Certification
* NRP Provider
* STABLE
* ACLS Certification
* Medical Management of CBRNE Events
* BSN-RN degree

# sKILLS and qualifications

* Medication administration (e.i. IV, IM, PO, NGT, PEG tube)
* Life Support (ventilators, high-frequency ventilator)
* Able to assist in resuscitation
* Able to assist in intubation
* Telemetry monitoring
* Reporting and documentation
* Computer charting
* Patient and Family Education
* Fluent in English and Spanish
* Responsible, punctual, and organized

# professional experience

**Sales Associate (April 2015 – September 2015)**

**Bebe Store ▪ Mall del Norte, 5300 San Dario #176, Laredo, TX 78041**

* Provide excellent sale services to ensure customer satisfaction
* Assess customers’ needs and provide assistance about specific products
* Welcome and greet customers to the store
* Maintain presentable condition in assigned areas of the store
* Actively seek out customers in store
* Was knowledgeable on products offered to the customer and provided different options
* Teamed up with co-workers to ensure customer satisfaction
* Suggested ways to improve sales (e.g. changing the store’s design)

**Registered Nurse in Intensive Care Unit (July 2017- September 2018)**

 **Laredo Medical Center – ICU department – 1700 E Saunders ST. Laredo, TX 78041**

* Full time nurse/ 7PM-7AM
* Responsible for the care of 2-3 critically ill patients ranging from young adult to geriatric.
* Care and management of surgical patients, alcohol withdrawal, septic shock, head injuries, respiratory failure patients, post cardiac cath with sheats, DKA patients, and medically declining patients requiring ventilation, dialysis, hourly assessments, continuous cardiac monitoring and critical care drips.
* Management of drips including antiarrhythmics, vasopressors, sedatives (propofol, midazolam, ativan), antihypertensive agents, heparin/tPA, octreotide, pantoprazole, inotropic agents, diuretics , narcotic, analgesics, benzodiazepines, and insulin infusions.
* Proeficient managing and giving Blood transfusions.
* Education to family members and patient.
* Care and maintenance of arterial lines, ventilators, IV infusions, and gastric tubes.

**NICU Staff Nurse (LEVEL III) at Laredo Medical Center ( September 2018 – Current Time)**

* Staff/Charge Nurse
* Full Time Job from 7am-7pm
* Responsible for the care of 2-3 critically ill preterm neonates and compromised newborns.
* Work as a member of an interdisciplinary team consisting of neonatologists, neonatal nurse practitioners, dietitians, respiratory therapists, speech and physical therapists, and social workers to develop a personalized care of plan for every patient.
* Manage of neonates with oxygen therapy including high frequency oscillatory ventilation (HFOV), endotracheal intubation mechanical ventilation, noninvasive mechanical ventilation (NIMV), Biphasic positive airway pressure (BiPap), Continuous Positive airway pressure (CiPAP), and high flow nasal cannula.
* Care of neonates with congenital heart defects, meconium aspiration, extremely low birth weight (ELBW), congenital anomalies, sepsis/pneumonia, feeding intolerances, drug-related abstinence withdrawals, hypoglycemia etc.
* Manage patients with cardiac monitoring, pulse oximetry, isolettes, PICC lines, arterial lines, umbilical lines, and nasogastric/orogastric tubes.
* Provide a safe, caring, and welcoming environment for neonates and their families.
* Serve as the support system for neonates’ parents

Additional Professional Experience:

* Experienced Nurse in Labor and Delivery as a baby-catch nurse with the ability to attend to vaginal and cesarean deliveries. Working alongside with neonatologists and neonatal nurse practitioners to ensure optimum delivery of neonates to ensure highest potential for survival.

# Education

**High School**

* Instituto America de Estudios Superiores (08/2008-07/2011)

**College/University**

* Laredo Community College
* Associate in Science (08/2011-05/2014)
* GPA: 3.4
* Texas A&M International University
* Bachelor in Science of Nursing (08/2015-05/2017)
* GPA: 3.2

# Languages

* Fluent in English
* Fluent in Spanish

# Acknowledgements

Member of Student Nurses’ Association completing 166.3 total hours of social service

Presidential Volunteer Service Award (PVSA) - 2017

# References

Jupiter Moneda, RN, ICU Director at Laredo Medical Center

(956) 220-5954

Amy Guerra, RN, NICU Director at Laredo Medical Center

(956)796-4802

Mariana de la Garza, RN Charge Nurse from NICU at Laredo Medical Center

(956) 334-1321