

Christina Varto

Registered Nurse

Richmond, VA 23005

clovers21@hotmail.com

+1 724 880 1163

Work Experience

OR Circulating Nurse

VCU Health System - Richmond, VA

2020 to Present

- Advocate for patient
- Ensure all equipment, instrumentation, positioning equipment is available.
- Prepare OR for surgical procedure.
- Provide emotional support to patient during induction.
- Provide a safe and comfortable environment for the patient during surgical procedure.
- Assist and verify proper positioning for surgical procedure.
- Maintain sterile field
- Assist all in OR to provide the best patient outcomes.
- Circulate surgical procedures in multiple specialties.
- Maintain adequate documentation.

OR Registered Nurse

St. Mary's Ambulatory Surgery Center - Richmond, VA

September 2014 to July 2020

1. Currently work as a circulating Nurse.
2. Duties include working as a team to provide care to the patient.
3. Educating the patient on the procedure and prepare them for what to expect post procedure.
4. Build trust with a patient in a short amount of time.
5. Providing exceptional care.
6. Making sure the patient is safe.
7. Advocate for the patient.
8. Communicate effectively with patients, surgeons, anesthesia, and coworkers.
9. Maintain a professional work environment.
10. Provide detailed documentation.
11. Administer moderate sedation and monitor pain injection patients.

OR Nurse

WVUJH - Morgantown, WV

2013 to 2014

- Work as a circulating Nurse.
- Duties include working as a team to provide care to the patient.
- Educating the patient on the procedure and prepare them for what to expect post procedure.
- Build trust with a patient in a short amount of time.
- Providing exceptional care.

- Making sure the patient is safe.
- Advocate for the patient.
- Communicate effectively with patients, surgeons, anesthesia, and coworkers.
- Maintain a professional work environment.
- Provide detailed documentation.

Epilepsy Monitoring Registered Nurse

VCU Health Systems - Richmond, VA

2011 to 2013

Communicate effectively with patients, staff, and physicians. Provide excellent care for optimal patient outcomes. Keep the patient safe during epileptic episodes. Perform epilepsy testing during episodes to aid in the diagnosis of type of epilepsy. Provide detailed documentation using computer system.

Dialysis RN

DaVita - Richmond, VA

September 2010 to July 2011

Perform dialysis treatments are a large patient population including floor to ICU status patients. Insert dialysis catheters for the procedure. Maintain hemostasis during dialysis treatment. Prepare dialysate per physician order and patient labs. Administer blood products and medications as needed during dialysis treatment. Ensure patient safety during treatment.

Clinical RN II

Richmond Primary Care - Richmond, VA

2010 to 2011

- Collaborate with physicians to provide quality care for acutely ill patients, those with chronic health problems, and patients with newly diagnosed issues.
- Obtain prior authorizations for tests and procedures required for the physician to appropriately diagnose patients.
- Collaborate with Health Insurance agencies to provide information needed to assist in coverage of care provided.
- Answer patient questions and concerns accurately and collaborate with physician to prevent any disruption in patient care.
- Provide adequate and accurate information for new diagnoses.
- Educate patients on disease process and management of disease.
- Administer medication; perform in-office procedures, vital signs, and other duties required.

ICU RN

Memorial Regional Medical Center - Mechanicsville, VA

June 2009 to September 2010

Care for patients on ventilators
 Maintain hemostasis for critical patients
 Administer medications per physician orders
 Care for post op cardia patients

Medical Surgical Registered Nurse

WVUH Ruby Memorial Hospital - Morgantown, WV

June 2004 to August 2008

- Provide care to medical/surgical and step down patients
- Take vital signs
- Administer medications as ordered
- Collaborate with physician to provide the best possible care for the patient
- Charge Nurse of 64 bed unit including step-down patients.
- Build trust with patients
- Ensure the physician has the patients best interest at hand.
- Communicate all necessary information to physician to provide the best care for a patient.
- Critical thinking skills

Education

Bachelor's in Nursing

Penn State
2012 to 2013

Associate in Nursing

Penn State
2001 to 2004

Nursing Licenses

RN

Expires: March 2021

State: VA

Skills

- Operating Room (6 years)
- RN (10+ years)
- Staff Nurse (10+ years)
- Med Surg (5 years)
- Home Health (Less than 1 year)
- Hospital (8 years)
- Critical Care (1 year)
- Medication Administration
- ICU Experience
- Dialysis Experience
- Vital Signs
- Laboratory Experience
- EMR Systems
- Ventilator

- Patient monitoring
- Medical imaging
- Basic IV
- Cerner
- Aseptic technique
- Care plans
- Epic
- iOS
- Typing
- Windows

Languages

- English - Expert

Certifications and Licenses

BLS, ACLS

Compact State Nurse License

Assessments

Nursing Aide Skills — Expert

July 2019

Measures a candidate's ability to provide nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Electronic Medical Records Knowledge — Highly Proficient

July 2019

Knowledge of EMR data, associated privacy regulations, and best practices for EMR use.

Full results: [Highly Proficient](#)

Nursing Skills: Clinical Judgment — Highly Proficient

July 2019

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.