**Cynthia Adams MSN, RN**

1359 Prince Drive Phone: 708-600-7503

South Holland IL 60473 Email: cynthiabadams@yahoo.com

**Professional Summary**

A highly skilled nursing professional with 15 years of nursing experience committed to providing the highest level of healthcare to patients and families. A transformational leader with expertise working in various healthcare settings such as acute and sub-acute care, skilled and long-term care, as well as home health care. Dedicated to promoting safe, quality nursing care utilizing my clinical knowledge and skills, critical thinking and problem-solving ability, and unparallel customer service while enhancing patient care outcomes and experiences.

**Credentials**

Registered Nurse, State of Illinois Active # 041.388378

Registered Nurse, State of Indiana Active # 28217289A

American Heart Association, BLS-CPR 2021-2023

American Heart Association, ACLS 2021-2023

IV/Phlebotomy Certified 2004

**Education**

Olivet Nazarene University, Bourbonnais, IL Master of Science in Nursing, May 2018

Purdue University Calumet, Hammond, IN Bachelor of Science in Nursing, Dec 2013

South Suburban College, South Holland, IL Associate Degree in Nursing, May 2010

Summit Career College, Colton, CA License Vocational Nursing, Dec 2004

**Professional Experience**

Franciscan Alliance, Dyer, IN 11/2018 – 07/2021

**Registered Nurse /Med-surg**

Part-time charge nurse and preceptor on a fast paced 16 bed med-surg unit providing quality nursing care to patients. Performs all nursing responsibilities proficiently and within the nursing scope of practice. Diligently caring for patients with various healthcare conditions and diseases promoting quality care and optimal healthcare experiences.

* Provided direct patient care to patients with a wide variety of health conditions
* Carefully assessed and monitored patients to treat each patient holistically
* Provided effective pain and symptom management
* Assessed lab work and diagnostic tests
* Performed admissions, discharges, pre-operative and post-operative care
* Demonstrates clinical proficiency inserting peripheral IV's and managing and removing PICC lines
* Collaborated with the interdisciplinary team to evaluate patient care and outcomes
* Provided patient and family education and teaching
* Collaborated with case managers and social workers for discharge planning
* Effectively served as a nurse preceptor for new employees and nursing students
* Participates in team conferences to develop individual plan of care and determine discharge goals

Hartsfield Village Nursing Care, Munster, IN 06/2015 – 03/2021

**Nurse Supervisor**

Oversees and manages nursing care in a 112-bed skilled nursing facility to ensure optimal healthcare for patients and families. Assists the Director of Nursing in planning, organizing, directing and managing the clinical and administrative operations of the nursing department in accordance with patients’ needs, state and federal regulations, and internal policies to ensure the highest degree of quality care.

* Ensures that the nursing department is providing quality evidence-based nursing care
* Provides leadership for critical issues involving patient safety and quality
* Mentor and guide nursing staff in decision making and problem solving
* Contributes to organizational goals and direction
* Conducts staff in-services and training to implement performance improvement initiatives
* Conducts admission and chart audits to ensure accuracy in patient orders and documentation records
* Investigates incidents and occurrences to determine the root cause
* Participates in the recruitment and retention process of the nursing department
* Participates in the interviewing and orientation phase of the hiring process
* Oversees the scheduling and staffing of the nursing department
* Evaluates staff performance and participates in the education and counseling of employees
* Assist in department budget preparation and expense management activities
* Responsible for nursing payroll and ensuring payroll accuracy
* Facilitates positive interactions and relationships to enhance patient and family satisfaction

Methodist Hospitals, Gary, IN  01/2014 - 02/2016

**Registered Nurse / Telemetry**

Staff nurse and preceptor on a fast paced 21 bed telemetry unit providing nursing care utilizing a patient centered approach. Performed all nursing responsibilities proficiently and within the nursing scope of practice. Diligently caring for patients with various healthcare conditions and diseases promoting quality care and optimal healthcare experiences.

* Provided direct patient care to patients with a wide variety of health conditions
* Carefully assessed and monitored patients to treat each patient holistically
* Provided effective pain and symptom management
* Assessed lab work and diagnostic tests
* Performed admissions, discharges, pre-operative and post-operative care
* Demonstrates clinical proficiency inserting peripheral IV's and managing and removing PICC lines
* Collaborated with the interdisciplinary team to evaluate patient care and outcomes
* Provided patient and family education and teaching
* Collaborated with case managers and social workers for discharge planning
* Effectively served as a nurse preceptor for new employees and nursing students

ManorCare Healthcare, South Holland, IL 02/2011 - 06/2014

**Charge Nurse**

Staff nurse at a 180-bed skilled nursing facility directly responsible for providing comprehensive and quality nursing care to patients. Nursing care included assessments, planning, implementation, and evaluation of patient care outcomes. Administered medications, observed, evaluated, reported, and documented changes in patient conditions while in collaboration with other healthcare personnel directly involved in the patients’ care.

* Proficiently carried out all nursing duties within the nursing standards and regulations
* Provided safe, quality and skilled one-on-one patient care
* Promoted patient independence by teaching self-care skills
* Provided education and teaching on health conditions and medications
* Implemented nursing care plans, evaluated patient progress, and revised care plans as needed.
* Identified and provided additional assistance and support to ensure quality patient care and positive outcomes
* Built rapport with patients and families and maintained productive working relationships with medical staff

Westchester Health and Rehab Westchester, IL 11/2007 - 03/2011

**Registered Nurse / Licensed Practical Nurse**

Started out as an LPN staff nurse and transitioning into an RN role in 2010 after furthering my education in nursing. Worked as a staff nurse directly responsible for providing comprehensive and quality nursing care to patients. Nursing care included assessments, planning, implementation, and evaluation of patient care outcomes. Administered medications, observed, evaluated, reported, and documented changes in patient conditions while in collaborating with other healthcare professionals.

* Proficiently carried out all nursing duties within the nursing standard and regulations
* Provided safe, quality and skilled one-on-one patient care
* Promoted patient independence by teaching self-care skills
* Provided education and teaching on health conditions and medications
* Implemented nursing care plans, evaluated patient progress, and revised care plans as needed
* Identified and provided additional assistance and support to ensure quality patient care and positive outcomes
* Built rapport with patients and families and maintained productive working relationships with medical staff

Riverside Medical Assistance Pool, Riverside, CA 06/2005 - 06/2007

**Licensed Vocational Nurse / Float Pool**

LVN working as a float pool nurse at Riverside Memorial County Hospital on various inpatient units providing nursing care within the LVN scope of practice. Worked on various nursing units within the hospital such as, ER, Med/Surg, Peds, OB, Progressive care, and Ortho providing safe and effective patient care to patients under the direct supervision of an RN.

* Provided patient care to patients with a wide variety of health conditions
* Administered medications and performed documentation
* Carefully assessed and monitored patients and reported findings to the RN
* Provided effective pain and symptom management
* Assessed lab work and diagnostic tests
* Provided patient and family education and teaching

**References available upon request**