**Yamah Mesa Dalmeida**

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**PROFILE:**

I am a reliable worker with the ability to quickly learn new concepts and skills.

Backed by a solid work history, reputation as a team player and passion for helping others, I have the ability to work on all levels of an organization with strong troubleshooting and problem solving abilities. I am computer literate, proficient in word processing applications and use of the internet.

I have the proven ability to build positive relationships with patients, client family members, physicians and other medical professionals.

I am a dedicated and dependable Professional caregiver, possessing a strong work ethic and excellent interpersonal communication.

**PROFESSIONAL TRAINING:**

* Nursing Assistant
* First Aid
* CPR
* Trained Medication Aide
* Trained at positive behavior support and nonviolent crisis intervention
* Maltreatment prevention
* Prevention plan programming

**WORK EXPERIENCE:**

Jan, 2016 – Present **Maple Grove Hospital**  Maple Grove, MN

 ***Nursing Assistant & Patient Flow Assistant***

Nursing Assistant:

* Monitors patient experience of care and safety through observation and collection of data.
* Provides supportive, comforting and compassionate care to patients and families.
* Communicates patient concerns and authorizations related to nursing interventions to assigned RN or Patient Care Facilitator.
* Collaborates in the planning of patient care.
* Performs treatments and procedures as required by patient care plan and within the defined scope of practice.
* Collaborates with patients, families and licensed care providers to encourage patient and family participation in developing care plan.
* Facilitates and provides continuity of patient care by partnering with assigned physician, RN, patients, and other care providers.
* Identifies and responds promptly and effectively to emergency situations.
* Serves as an advocate for patients, families, peers, and other care providers.
* Evaluates quality and effectiveness of care provided to the patient and promotes quality improvement and shared accountability.
* Contributes to the financial effectiveness of the hospital by working within defined budget parameters, following cost containment guidelines and providing feedback with regard to the budget process.
* Recognizes and complies with legal and procedural requirements related to area of responsibility.
* Protects patient/employee privacy and only accesses patient/employee related information as needed to perform job duties.
* Reports areas of concern or potential violations to supervisor or other members of hospital leadership via established methods of communication.

In addition to Nursing Assistant responsibilities, this position is also accountable for responsibilities as a;

Patient Flow Assistant:

* Facilitates the workflow of patient care by prioritizing work.
* Coordinates communication to effectively support internal and external customers in the delivery of patient care.
* Communicates pertinent information to the appropriate care team members.
* Notifies physician, Patient Care Facilitator, RN or other care team member of STAT/now procedures and orders.
* Maintains patient records by managing order transcription, filing information, ensuring patient identification on all forms, and thinning charts as needed.
* Maintains and orders unit supplies.

Other Duties and Responsibilities in Family Birth Center Department

\*Conducts intake interviews to accurately register patients for admission within the hospital system.

\*Ensures patients are correctly identified and all appropriate information is recorded by obtaining and verifying patient identification, demographic and insurance information.

\*Assists with patient care by greeting and escorting/transporting patients from triage /labor room.

Feb, 2015 – Mar, 2016 **CentraCare Health Center**  Monticello, MN

 ***Nursing Assistant***

* Perform direct resident care duties under the supervision of licensed nursing personnel.
* Provide full patient care, including personal hygiene and exercise.
* Record patients’ food intake, charting information for comparison with patients’ weight and vitals data.
* Monitor patients’ vitals, reporting anomalies to nursing staff.
* Responsible for the provision of personal care for the patients
* Interact with residents' families and provide status updates
* Assist with promoting a compassionate physical and psychosocial environment for the residents.
* Prepare residents for meals and assist with feeding as needed

Oct, 2009 – Apr, 2015 **PRESBYTERIAN HOMES OF ARDEN HILLS** Arden Hills, MN

 ***Nursing Assistant***

* Perform direct resident care duties under the supervision of licensed nursing personnel.
* Lead team of approximately eight support staff.
* Provide full patient care, including personal hygiene and exercise.
* Record patients’ food intake, charting information for comparison with patients’ weight and vitals data.
* Monitor patients’ vitals, reporting anomalies to nursing staff.
* Responsible for the provision of personal care for the patients
* Interact with residents' families and provide status updates
* Assist with promoting a compassionate physical and psychosocial environment for the residents.
* Prepare residents for meals and assist with feeding as needed

Jul, 2008 – Jul, 2013 **OPPORTUNITY PARTNERS** Minnetonka, MN

***Personal Care Assistant*/ Trained Medication Aide**

* Administered medications to clients in a residential home setting.
* Monitored clients’ health, including dietary needs, blood sugar levels and exercise.
* Directed daily needs of clients, supervising household chores and encouraging participation in preparation of meals.
* Supported activities outside the home, providing transportation to appointments, and engaging in social activities such as escorting to movies, sports events and restaurants while ensuring their safety.
* Interacted with residents' families and provided status updates
* Helped residents with washing, eating, grooming, ambulating and transferring.

Apr, 2011 – Jul, 2013 **BENEDICTINE HEALTH CENTER** New Brighton, MN

***Nursing Assistant***

* Assist with promoting a compassionate physical and psychosocial environment for the residents.
* Attend to individual care needs and get to know their unique preferences and personalities.
* Notify management of changes in condition and recommend adjustments in the level of care and service.
* Assist residents in life skills and other life enriching activities as indicated on their individual profile.
* Provide assistance to residents with tasks involving grooming and personal hygiene
* Assist with daily living activities including light housekeeping, providing dining services, doing laundry and more
* Lead and attend group activities for social enjoying and learning
* Interact with residents' families and provide status updates
* Assist with nursing functions, including taking vitals, weight and measurement
* Prepare residents for meals and assist with feeding as needed

**EDUCATION:**

06/2003 Osseo Senior High Osseo, MN

01/2011 North Hennepin Community College Brooklyn Park, MN

12/2008 International Institute of MN Saint Paul, MN

**References: ~additional references available on request ~**

**Supervisor Reference**

Name: Wanga Mcborrough

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**Professional Reference #1**

Name: Deddeh Jlay

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**Professional Reference #2**

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