



# Chrystelle Paul

## Critical Care Registered Nurse

### Professional Summary

Ambitious, dependable, detail-oriented, and compassionate experienced nurse with over 4 years of experience in providing patient-centered care in various capacities seeking a nursing position in the intensive care setting to further knowledge and experience in the critical care setting. Devoted to providing holistic and culturally competent care for all patients.

### Work History

#### MedStar Georgetown University Hospital - Critical Care Registered Nurse

District of Columbia, Washington, DC

07/2022 - Current

#### Piedmont Medical Center - Critical Care Registered Nurse Traveler

Rock Hill, SC

05/2022 - 06/2022

- Worked with intubated and sedated ventilated patients, monitoring and reporting on conditions to maintain appropriate hemodynamics.
- Responded rapidly to critical codes to coordinate stabilization treatments and restore vital functions.
- Operated critical care equipment to keep patients stable and promote recovery.
- Managed needs of chronically ill and acute patients with well-coordinated treatment strategies.

#### Kettering Health - Critical Care Registered Nurse Traveler

Hamilton, OH

01/2022 - 04/2022

- Worked with intubated and sedated ventilated patients, monitoring and reporting on conditions to maintain appropriate hemodynamics.
- Responded rapidly to critical codes to coordinate stabilization treatments and restore vital functions.
- Operated critical care equipment to keep patients stable and promote recovery.
- Managed needs of chronically ill and acute patients with well-coordinated treatment strategies.

✉ chrystellepaul@gmail.com

☎ (413) 335-5655

📍 Rockville, MD 20852

### Skills

- ACLS Certification
- AHA BLS Certification
- NIHSS Certification
- Artic Sun Superuser
- Cerner and Epic EHR
- Fluent in Haitian Creole
- Proficient in French

### Education

08/2020

#### University of Rochester

Rochester, NY

Bachelor of Science: Nursing Cum Laude

05/2017

#### University of Massachusetts

Amherst, MA

Bachelor of Science: Public Health

- Administered medications to treat patients' symptoms and address underlying disease progression

### **Sinai Hospital Of Baltimore - Critical Care Registered Nurse**

Baltimore, MD

12/2020 - 01/2022

- Demonstrate exceptional ability to multitask managing multiple and often competing priorities while delivering outstanding patient care on 29-bed high-acuity medical, surgical, neuro and neurosurgery critical care unit.
- Assessed and managed needs of critically ill patients with various diagnoses including, but not limited to sepsis, acute respiratory distress, post-cardiac arrest, ischemic or hemorrhagic stroke, GSW through well-coordinated treatment plans.
- Delivered top-notch care exceeding department, hospital and Joint Commission standards.
- Assisted providers in performing bedside procedures including, but not limited to rapid sequence intubation, arterial line placement, central line placement, chest tube placement, thoracentesis, paracentesis.
- Monitor and manage adequacy of mechanical ventilation, hemodynamic monitoring, appropriate titration of sedation drips, vasoactive drips, paralytic drips, train of four, and hypertonic solutions.
- Operated critical care equipment and devices such as oro/nasogastric tubes, indwelling catheters, chest tubes, drains, and central lines to keep patients stable, promote recovery, and to prevent hospital-acquired infections and skin breakdown.
- Responded rapidly to critical codes to coordinate stabilization treatments and restore vital functions according to ACLS and facility protocols.
- Coordinated with healthcare staff from various disciplines to devise, carry out and manage personalized care plans to benefit patient health and recovery.
- Documented work in Cerner and updated patients' charts with orders and observations.
- Provided and guided patients, caregivers and family members on plans of treatment through personalized bedside care and interactions based on cultural backgrounds of different patients.
- Protected critically ill patients from unnecessary risks by limiting visitors, using proper PPE, and using strong infection control procedures.
- Trained and mentored new to specialty nurses on protocols and best practices to promote ideal patient outcomes.

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### ***Affiliations***

Sigma Theta Tau member

American Association of Critical Care Nurses member

Chesapeake Bay AACN Chapter member

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## ***Licenses***

RN Massachusetts exp. 09/2022

RN Maryland-Compact exp. 09/2023

RN New York- exp. 02/2025