# Amanda Yost

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Lifetime member of the Emergency Nursing Association. Currently pursuing SANE certification. Currently pursuing CEN.

Authorized to work in the US for any employer

## Work Experience

### **Registered Nurse**

Carle Foundation Hospital May 2018 to August 2019

Provided comprehensive nursing care in a fast-paced Level 1 Trauma Center/Chest Pain Center/Stroke Center servicing over 90,000 patients per year. Effectively performed nursing skills and utilized critical thinking to provide care to critical patients. Performed comprehensive assessments to quickly triage and stabilize high-acuity patients and treat immediately life-threatening conditions. Worked effectively in a team setting to care for Level 1 traumas including but not limited to gunshot wounds, crush injuries, motor vehicle collisions, burns, falls, and stabbings. Efficiently provided care for full cardiac arrest patients requiring immediate, life-saving interventions. Closely monitored critical patients and performed frequent assessments to ensure accuracy in documentation and detection of changes in patient status. Notified appropriate providers of changes in patient condition and activated specific specialized teams related to patient needs (trauma team, cardiac cath lab, percolated pediatric services, oral-maxillofacial surgical teams, police department). Proficiently provided nursing care for patients with critical needs not limited to but as demonstrated by (intubations, cardioversions, conscious sedations, defibrillations, blood transfusions, and hypothermia protocols). Performed supervised pelvic exams on necessary patients in effort to become SANE certified. Received comprehensive training in the care of sexual abuse patients. Interacted with patients and family members utilizing interpersonal skills to see that both physical and emotional needs are addressed and met. Advocated for the needs of the patient based on nursing assessments and comprehensive communication. Acted as liaison between patients and nurses in different departments to ensure that admitted patients will receive the best possible care.

#### **RN Staff Nurse**

Lincolnland Hospice - Mattoon, IL December 2015 to June 2016

Provided end of life care to patients with terminal diagnoses. Demonstrated quality in home nursing to ensure the best possible comfort level would be achieved and that care provided would prioritize maintaining the patients dignity.

#### **Registered Nurse**

Sarah Bush Lincoln Health Systems - Mattoon, IL September 2012 to March 2014 Providing skilled nursing in an adult medical surgical environment and working with team members to maintain an environment optimum for healing. Delegating appropriate tasks to fellow team members to most effectively manage patient care. Advocating for the specific needs of the individual patient. Collaborating with the medical staff to carry out orders and ensure that the specific needs of the patient are addressed and acted upon through nursing care and medical treatment. Performing frequent systematic nursing assessments to detect any deviations in the health status of the patient. Providing care and compassion to patients and their families. Training as an RN circulator in the operating room. 7 months spent in the hospice field as a float RN

#### Education

### **Associate**

### **Associate in Nursing**

Harper College - Charleston, IL

### **Nursing Licenses**

#### RN

Expires: May 2020

State: IL

#### Skills

- Emergency Department (1 year)
- SANE (Less than 1 year)
- Ultrasound IV insertion (1 year)
- Sedation (1 year)
- RN
- Emergency Room
- ER
- Trauma
- Med Surg
- Hospice (1 year)
- Nursing
- Acute care

### Languages

· English - Expert

# Certifications and Licenses

## **Advanced Cardiovascular Life Support (ACLS)**

June 2018 to June 2020

## **BLS for Healthcare Providers**

May 2018 to May 2020

### **PALS**

August 2018 to August 2020