

# NORMA A. LANAHAN, R.N.

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## PROFESSIONAL SUMMARY

Caring, dedicated healthcare professional with primary nursing care experience in a fast-paced hospital environment; possess outstanding hands-on patient care and patient/family relationship management skills. Knowledgeable across a wide range of nursing and medical disciplines and specializations. Proven clinical proficiency in performing thorough patient assessments and caring for a broad range of patients.

## CORE COMPETENCIES

Strategic Program Planning  
Care / Treatment Plans  
Patient Care Documentation  
Patient / Family Education

Program Evaluation / Assessment  
Patient Assessments  
Admissions / Discharge Planning  
HIPPA Standards / Compliance

Staff Leadership / Mentoring  
Interventional Procedures  
Quality Control/Assurance  
Medical Ethics / Protocols  
Fluent in English & Spanish

## LICENSURE & CERTIFICATIONS

Licensed Registered Nurse  
CPR Certification

## EDUCATION

Associate of Applied Science in Nursing  
PIMA Community College, Tucson, Arizona

## PROFESSIONAL EXPERIENCE

STAFF NURSE/ORTHOPEDIC COORDINATOR, Operating Room, El Paso, Texas  
Hospitals of Providence Sierra Campus (Full-Time)

03/01/2015 – Present

- Circulated cases for Dr. G. Misenhimer for spinal fusion surgery for scoliosis in children
- Experienced with application of the Intra-operative nursing process for patients of all ages
- Monitor and recognize changes in the patient's behavioral and physiological status, during pre-Intra and post-operative phases
- Deliver patient care through the nursing process of assessment, diagnosing, planning, implementation, and evaluation
- Direct and coordinate all nursing care for patients based on established clinical nursing practice standards
- Collaborate with other professional disciplines to ensure effective and efficient patient care delivery and the achievement of desired patient outcomes
- Gather all supplies needed for the operation and assume responsibility of keeping the operating room sterilized
- Position and prepare patient on operating table
- Monitor patient's vital signs to detect anomalies
- Evaluate patient in postoperative phases
- Direct, evaluate, and supervise the work of assistive personnel in providing delegated nursing services and development principles

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## PROFESSIONAL EXPERIENCE (CONTINUED)

**STAFF NURSE, Operating Room & Pre Op, El Paso, Texas**  
**Las Palmas/Del Sol Medical Center**

**06/15/2006 – 01/01/2016**

Served as a vital member of Operating Room team focused on promoting high quality patient care assisting in minor and major invasive cardiac procedures, kidney transplants, and other major surgeries using broad-based experience in the latest medical technologies and equipment.

- Lead nurse in Kidney Transplant Team under the direction of Hector Diaz Luna MD
- Prepared procedural instruments and equipment utilizing knowledge of sterile techniques and cardiac/hemodynamic monitoring; oversaw the safe and efficient operation of specialized equipment.
- Educated patient on technical matters related to the procedures, documenting all case notes and treatment records.
- Participated in patient and family teaching and provided leadership by working cooperatively with ancillary and other patient team personnel in maintaining standards of professional nursing practice in the clinical setting.
- Provided assistance in monitoring patient vital signs, IV fluids, airway, comfort levels, and administration of medications.
- Served as the Coordinator for the Neuro Department; provided leadership in scheduling and adjusting staff appropriately to cover the needs of the department, application of the nursing process and identified resources (scheduling of rooms, equipment, supplies, etc.) and critical factors for safety and achieving desired outcomes.

**STAFF NURSE, Operating Room (GS-0610-10), El Paso, Texas**  
**William Beaumont Army Medical Center**

**10/24/2005 – 6/6/2006**

- Developed and initiated plan of patient care using an outcomes based approach ensuring application of age related growth and development principles
- Provided Pre & Post Op care for a variety of procedures including monitoring of patient vital signs, IV fluids, airway, comfort levels, and administration of medications
- Demonstrated the proper use of all OR equipment, troubleshooting problems, and initiating corrective action for any malfunctioning equipment.
- Ensured proper techniques and procedures were used according to accepted Standards of Practice and organizational policies and procedures

**STAFF NURSE, Operating Room & Pre Op, El Paso, Texas**  
**Physicians Hospital Full-Time**

**03/24/2004 – 10/24/2005**

Accountable for providing high quality patient care assisting in minor and major procedures using broad-based experience in the latest medical technologies in this fast-paced performance-driven environment; assist in preceptoring of registered nurses as needed.

- Assisted the nurse manager with supervisory tasks such as evaluations, policy development, and performance improvement processes.
- Established mutual health goals, educated patients on technical matters related to the procedures, and documented all case notes and treatment records.
- Provided age-appropriate professional nursing services to intensive care patients through comprehensive knowledge and utilization of the elements of the nursing process to include assessment, nursing diagnosis, planning, implementation, and evaluation.

**STAFF NURSE, Operating Room, El Paso, Texas**  
**Sierra Medical Center Full-Time**

**06/7/2003 – 3/21/2004**

Assisted in the operating room providing nursing care to surgical patients, completing pre and post-operative procedures for general, orthopedics, neurology, vascular, gynecology, urology, and plastic surgeries.

- Performed physical assessments, administered medications, IV fluids as needed, and monitored recovery progress.
- Tracked lab values and test results updating physicians when appropriate.
- Operated and inserted Foley catheters and nasogastric (NG), tubes; monitored intake and output.
- Partnered with other medical personnel and communicate with patient's family to ensure the best and most cohesive patient care, effectively prioritizing all assignments.

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## PROFESSIONAL EXPERIENCE (CONTINUED)

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**SENIOR CERTIFIED MEDICAL ASSISTANT, El Paso, Texas**  
**Texas Tech University Health Center Full-Time**

**10/28/1991 – 8/17/2001**

- Prepared and administered vaccinations and intramuscular antibiotics
- Established and implemented the tracking of acute and chronic illnesses
- Gave patients instruction on medication dosages, medication preparation and for administering dosages as directed by a physician
- Translated for patients, parents and physicians when needed
- Documented vital signs, history, and physicals
- Ordered and inventoried immunizations for clinic

## REFERENCES

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**Gregory R. Misenhimer, M.D.**  
**Orthopaedic Surgeons Associates**  
**915-313-6300**

**Bell Cordova, RN**  
**William Beaumont Medical Center**  
**915-494-6038**  
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**Hector Solera, CRNA**  
**The Hospitals of Providence - Transmountian Campus**  
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