Frances Zelinski

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**Education**

**BSN-RN | NMU 2015-2019**

* GPA 3.75 cumulative/3.56 nursing
* Dean’s List for 4 academic years

## CLINICAL EXPERIENCE

* Performed and documented focused and full assessments within a variety of nursing specialties
* Clinical experiences in the ICU, ED, OR, Medical/Surgical floor, NICU and family birthing unit
* Administered medications IVPB, PIV, CVC, and PO
* International collaboration with interdisciplinary teams to run clinics in Belize

## LEADERSHIP

* Sergeant of the Michigan Army National Guard
* Member of Sigma Theta Tau Honors Society
* Army Air Assault Badge

**Relevant Experience/Work Experience**

# CERTIFICATIONS

* BLS
* ACLS
* PALS
* TNCC
* NRP

## MICHIGAN ARMY NATIONAL GUARD | MAY 2015- PRESENT

* Disciplined and vigilant work ethic
* Work with various interdisciplinary and international teams to provide quality work for our country
* Collaborated with Polish military personnel abroad
* Honor and integrity within the workforce
* Deployed to defend the Nation's Capital

**CHARGE NURSE | NORLITE NURSING CENTER | MARCH 2020- JUNE 2020**

* Managed team of LPN’s and Care Aides to provide care for team of patients
* Covid-19 isolation precaution communication with DON
* Clinical decision making based on residents S/SX, VS and mental status

## REGISTERED NURSE ICU | UPHS MARQUETTE | JULY 2020- PRESENT

* Providing care and maintaining isolation precautions in Covid-19 positive patients
* Managing critically ill patients on ventilators, tube feedings, titrating drips and tracheostomy
* Communicate effectively with NP's, PA's and MD's about patients condition
* Manage patients' stability with medications and treatment.
* Acknowledge and advocate for patients and family members fears and concerns
* Time management organizing medication times, CT, MRI, assessments, clinical treatments and specimen collections
* Clinical nursing judgment skills
* Followed hospitals policies, procedures and protocols

**REGISTERED NURSE NICU | UPHS MARQUETTE | NOVEMBER 2021-PRESENT**

* Assess neonatal stability based on maternal history, fluid color and presentation at birth
* Post c-section stability of neonate
* Assisting with intubation and placement of UVC/UAC
* Treating NAS infants based on scores
* Managing ventilators, oscillators, SiPAP, BCPAP, HFNC, and RA