

Angela Watson

Registered Nurse

110 Forrest Drive Marion, AR 72364

(901) 246-5250

awatson52310@yahoo.com

SKILLS

Highly skilled, well organized and assertive Labor and Delivery nurse; with 5+ years of experience managing labor, antepartum, postpartum, well baby, and NICU patients. Team player with excellent time management and critical thinking skills, solid communication skills with patients and healthcare team. Specialized in leadership and charge nurse roles managing 4+ nurses and other staff to ensure quality, safety, and continuity of patient care for uncomplicated and high risk obstetrical patients. Desire to use professional knowledge and skills in the maternal/fetal community of health.

EDUCATION

Grand Canyon University - *Bachelor's Degree in Nursing*

JANUARY 2018 - AUGUST 2019

Arkansas State University - *Associate's Degree in Nursing*

AUGUST 2005 - DECEMBER 2008

EXPERIENCE

Regional One Hospital, Memphis, TN - *Labor and Delivery RN*

October 2021 - January 2022

- Assisted physician during delivery, treatment, examination and surgical procedures.
- Performed pre, intra, and post-operative care of patients.
- Managed care of patients for fetal demise/still born
- Managed care for high risk patients including but not limited to: Preeclampsia, gestational diabetes (GDM), multiple gestation, VBAC, tocolysis and/or preterm delivery, PPRM patients
- Managed obstetrical emergencies including but not limited to: Abruptio, previa, prolapsed cord, shoulder dystocia, and hemorrhage with efficient and appropriate delegation for an optimum safe outcome

- Worked collaboratively with all members of the healthcare team to ensure excellent patient satisfaction, optimal safe outcomes, and high standard of care

St Francis Hospital, Memphis, TN - Labor and Delivery RN

SEPTEMBER 2016 - September 2021

- Fulfilled role as charge nurse, with responsibility to maintain unit protocols, and manage staff to patient ratio assignments and requirements
- Acted as preceptor of newly hired staff and supervised nursing students
- Utilized fetal and maternal monitoring equipment for triage, antepartum, labor, and postpartum patients
- Assisted physician during delivery, treatment, examination and surgical procedures.
- Performed pre, intra, and post-operative care of patients.
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Crittenden Regional Hospital, West Memphis, AR -

Postpartum/NICU (Level II) RN

JANUARY 2013 - AUGUST 2014

- Provided care to mothers immediately following the birthing process
- Communicated with physicians and other health-care staff for management of patient care; maternal and fetal
- Educated patients in newborn care, postpartum physical expectations, surgical wound care, and postnatal warning signs
- Educated patients on lactation, breastfeeding, breast care, and proper preparation for formula feeding
- Performed neonatal and gestational age assessments, assigned apgar scores during neonatal transitional phase
- Cared for neonatal patients on oxygen therapy (CPAP/BIPAP), phototherapy, and antibiotic therapy
- Participated with interdisciplinary team of neonatologists, respiratory therapists, and others with performing diagnostic and therapeutic procedures including lab-work, x-rays, ultrasounds and select surgical procedures

Absolute Care Management Corporation, West Memphis AR -

Branch Manager/Agency RN

MARCH 2011 - SEPTEMBER 2012

- Provided management for the office staff of the West Memphis and Jonesboro branches through day to day coordination of administration and procedures. effectiveness, efficiency and safety
- Demonstrated professional guidance, supervision, and leadership to staff through weekly multidisciplinary meetings
- Worked closely with interdisciplinary team including but not limited to physicians, nurse practitioners, human resources, and benefit program coordinators to ensure compliance of federal, state, and local regulatory requirements as well as company policies
- Performed oversight of over 50+ CNA's/PCA's/MA's through observation and delegation of job functions and schedules
- Interviewed, hired, trained, conducted performance reviews, and disciplinary actions as necessary to ensure staff met and exceeded goals and initiatives.
- Achieved effective, efficient, and safe work environment with diverse people groups through strong intrapersonal office communication

Key Skills

- Leadership skills
- Knowledge of managed care program policies and procedures
- Knowledge of managed care and insurance industry
- Verbal, written, and interpersonal communication skills
- Obstetrical screening assessment
- Labor status assessment
- Conducting NST
- Interpretation of external/internal ECG
- Cervical dilation assessment
- IV insertion/Catheter Insertion
- Internal monitoring device placement: IUPC/FSE
- Vacuum/forceps/vaginal delivery assistance

Licenses & Certificates

- Registered Nurse - License #R082948
- BLS/ACLS
- Advanced Fetal Monitoring
- NRP