

Kayla Boughrara

Mandeville, LA 70448

Kayla.boughrara@gmail.com

+1 504 583 0709

Work Experience

Registered Nurse

Ochsner Baptist Hospital - New Orleans, LA

June 2018 to Present

- Intensive Care Unit (Feb 2021-present)
- Provided patient care in a busy 12 bed ICU unit serving surgical and medical patients
- Educated family members on patient conditions in a compassionate way. Assisted with conflict resolutions in tense situations
- Monitored vital signs, adequacy of ventilation, and levels of consciousness and pain
- Received employee of the month as voted by my peers
- Med/Surg Registered Nurse
- Educated and trained new employees and relief charge to 26 bed unit
- Communicated with providers and ancillary staff to facilitate quality healthcare to 4-6 patients per shift including medication administration, surgical dressing changes, patient education, and updating medical charts
- Performed an accurate physical/psychosocial assessment upon admission and appropriate intervals to post op GYN, Ortho, Neuro, Plastic surgical patients and medical management patients
- Displayed ethical and sound decision making skills

Nurse Tech

East Jefferson General Hospital - Metairie, LA

May 2017 to Present

- Collaborated with RNs, Physical therapy and occupational therapy for patient care
- Communicated patient concerns to RN and MD
- Assisted patients with daily care after orthopedic/spinal surgeries
- Prioritized patient care with 10-20 patients per shift

Scheduling Manager

Visiting Angels Home Care - Metairie, LA

May 2016 to May 2017

- Adapted care plans to individual clients
- Communicated with client and caregivers daily
- Educated caregivers and family on methods to assist elderly patients
- Trained new staff with scheduling and managing client needs

Server

Nohs Restaurant - New Orleans, LA

March 2015 to April 2017

- Communicated client concerns to managers on duty

- Assisted clients with their restaurant experience
- Collaborated with team members and management to work as efficiently as possible
- Educated new employees on rules, regulations, and efficient work methods

Outside Sales Associate

Coverall North America Health Based Cleaning System - Metairie, LA

August 2013 to August 2014

- Collaboration with business owners and team members to meet sales objectives
- Conceptualized new marketing ideas to generate business
- Developed business leads in GNO
- Worked independently

Education

B.S.N

University of Louisiana at Lafayette - Lafayette, LA

May 2022

A.D. in Nursing

Charity School of Nursing - New Orleans, LA

May 2018

B.A. in Sociology

Louisiana State University - Baton Rouge, LA

May 2013

Skills

- Outgoing, engaging personality
- Organized and hard working
- Exceptional communicator
- Proficient with electronic health records
- ICU Experience
- Critical Care Experience
- Nursing
- Medical Management
- Hospital Experience
- Medication Administration
- Employee Orientation
- Patient Care
- Senior Care
- EMR Systems
- Vital Signs

Certifications and Licenses

RN

BLS, ACLS

Assessments

Clinical judgment — Highly Proficient

January 2022

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.