

Ola Anyanwu

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Currently have a master's in nursing science (MSN) from Walden University with a graduation date of August, 2021 licensed by the American Nurses Credentialing

Center certification as a Psychiatric Mental Health Nurse Practitioner (PMHNP-BC)

To obtain a career-oriented employment as a Psychiatric Mental Health Nurse

Practitioner (PMHNP-BC) with growth potential in a reputable dynamic organization where initiative, hard work, growth, success and positive attitude are encouraged.

Looking to continuously expand my knowledge and experience with a desire to be on a team that makes a difference. Experience practicing as a nurse practitioner in mental health settings, knowledge of wide range of nursing and medical principles and techniques, psychotherapeutic interventions, plans, using combination therapies and different treatment modalities and implementation based on assessments. As a registered nurse (RN) has experience in medical surgical, care management and psychiatry. Hardworking and reliable team player with ability to go above and beyond in establishing and accomplishing set goals. An established healthcare provider with ability to remain calm and confident and provide crisis intervention as needed. A healthcare provider with the ability to build rapport and establish positive relationships with family members, patients' physicians and other medical professionals.

Qualification

- Excellent verbal and written communication skills • Supportive and cooperative team player
- Ability to quickly learn and apply knowledge effectively • Excellent professional etiquette
- Proven record of reliability and responsibility • Excellent computer skills
- Hard working, detail oriented, able to multi-task. • Outstanding self- starter
- Effective short- and long-term planner. •

Exceptional problem-solving skills.

Work Experience

Ease Psychiatry (Part Time)

August 2021 to Present

Conduct comprehensive physical and mental assessment in outpatient setting determine the appropriate diagnosis and to review appropriateness and efficacy of all medications. Holistic patient care by providing ongoing care with a combination of therapies tailored to each patient individualized needs. Managed complex clinical and psychosocial needs. Ongoing medication management focused on improving mood and behavior as well as utilizing the minimum number of medications necessary to maintain quality of life. Application of Differential Diagnosis/

Ordering ancillary tests when appropriate. Teachings on health promotion and encouraging lifestyle change. Providing culturally sensitive care. Collaboration of care with the members primary team physicians/psychologist, pharmacists and

Licensed professional counselors Implement evidence-based practice approaches for all patients receiving care in clinic. Personalize patient care plan with individualized and culturally sensitive needs.

Charge Nurse/Registered Nurse(2019-PRESENT)

Dallas Veterans Affairs Medical Center - TX

January 2019 to Present

- Provide holistic care to Veterans
- Create an environment that fosters teamwork in caring for Veterans
- successful De escalation of agitated patients
- Creating Appropriate/personalized treatment plans to suit each veterans' unique needs
- Ensuring that veterans needs are met
- Completing the admission and discharge process
- Collaborating with other healthcare personnel to ensure proper care is provided to all veterans.
- Reporting and Effective handoff to clinicians involved in veteran's care
- Medication administration and evaluating the effectiveness of given medication.
- Rounding on patients to ensure safety on unit.
- Preventing errors through effective chart audit.
- Creating Assignments to ensure effective functioning of the unit.
- Proficient and Knowledgeable in administration of Psychiatric medication.
- Initiating and updating substance use treatment plans.
- Initiating and strong adherence to fall protocol and management.
- Rehabilitation and substance abuse treatment of patients with different types of addiction.
- Developing treatment plans for recovering addicts.

Registered Nurse

Parkland Medical Center - TX

January 2015 to December 2019

- Notify physician about any abnormal labs and activities.
- Work with patient needs and accommodates them accordingly.
- Audit chart and update medication profile with any change/new medications.
- Coordinate care with field nurse, Physical therapist, occupational therapist and social worker.
- Read physician progress notes, update new diagnosis and reconcile medication with other healthcare medication profile.
- Develop comprehensive care plans for patients in a timely order.

Registered Nurse

Sundance Mental Hospital - TX

January 2015 to December 2018

(2015-2018) (PRN)

- Coordinate care with field nurse, Physical therapist, occupational therapist and social worker.
- Read physician progress notes, update new diagnosis and reconcile medication and assess medical/ medication profile.
- Develop comprehensive care plans for patients in a timely order.
- Audit chart and update medication profile with any change/new medications.
- Notify physician about any abnormal labs and activities.
- Work with patient needs and accommodates them accordingly.
- Taking care of patient with substance abuse

Care Manager

Humana - Humana, TX

January 2015 to December 2016

(2015-2016) (PRN)

- Work with patient needs and accommodates them accordingly.
- Audit chart and update medication profile with any change/new medications.
- Develop comprehensive care plans for patients in a timely order.
- Make patient safety plans and health goals.
- Use of DSM-5 to obtain appropriate diagnosis based on the patient's evaluation.
- Ensuring that the discharged patient has effective care at home'

Registered Nurse

Devine Holistic Healthcare - TX (2014)

January 2014 to December 2014

- Develop comprehensive care plans for patients in a timely order.
- Audit chart and update medication profile with any change/new medications.
- Coordinate care with field nurse, Physical therapist, occupational therapist and social worker.
- Read physician progress notes, update new diagnosis and reconcile medication with Home Health Agency medication profile.
- Notify physician about any abnormal labs, missed visit, exacerbation of all disease processes and writing proficient communication note.
- Monitored and performed patient teachings on patients on antibiotic home therapy
- Performed skilled visit on in a timely manner.

Ease Psychiatry

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Family Priority Counseling Center

Assess patients' physical and mental status.

Assessed physical and psychosocial status and the patients home environment.

Use of therapeutic communication to uncover patient needs and provide culturally sensitive and holistic care that addresses patient individualized.

Selecting the appropriate therapy or combination of treatment and therapies to improve patient mental health function.

Assisted RNs and MDS with treatments, therapies, medication tapers interventions to improve social/cognitive skills, overall wellbeing of the patient.

Documented patient information obtained from interviews to develop an appropriate treatment plan.

Conduct a patient interview and assist patient in developing coping skills to suit their needs.

Engage in a wide variety of therapies to promote a therapeutic healing and environment.

Encourage independence and individuality for each resident.

Successfully deescalated and calmed down irate and mental health patients.

Evaluated appropriateness of care plan and suggested alternative therapies the initial was unsuccessful established good relationships with patients and families

Charge Nurse/Registered Nurse

Timber lawn Behavioral Health System - TX
(2014-2015)

- Read physician progress notes, update new diagnosis and reconcile medication with Home Health Agency medication profile.
- Worked with psychiatric patients.
- Develop comprehensive care plans for patients in a timely order.
- Coordinate care with field nurse, Physical therapist, occupational therapist and social worker.
- Audit chart and update medication profile with any change/new medications.
- Notify physician about any abnormal labs and activities..

Education

Master of Science in Psychiatric Nursing

Walden University Psychiatric Mental Health Nurse Practitioner
August 2021

Bachelor of Science in Nursing Graduation

University of Texas at Arlington - Arlington, TX
December 2013

Bachelor of Science in Accounting

Abia State University
2009 to 2013

High School Diploma

Queen's College Yaba - Lagos, NG

Skills

- Official documentation of clinical skills available upon request
- Proficient in the use of Electronic Health Records
- Medication prescription
- Diagnosis with Diagnostic and Statistical Manual of Mental Disorder 5
- Patient physical and mental status assessment
- Training & Software
- Excel
- Word
- Power Point
- Microsoft Office
- Outlook
- Addiction Counseling
- Nursing

- Crisis Intervention
- Mental Health Counseling
- Epic
- Individual / Group Counseling
- Child & Family Counseling
- Medication Administration
- Group Therapy
- EMR Systems
- Motivational Interviewing
- Crisis Management
- Behavioral Health
- Case Management
- Vital Signs
- Dementia Care
- Behavioral Therapy
- Primary Care Experience
- Hospital Experience
- Management
- Laboratory Experience
- Supervising Experience
- Cognitive Behavioral Therapy
- Cerner
- Managed Care
- Medical Records

Certifications and Licenses

PMHNP

Certified Nurse Practitioner

BLS Certification

RN

ACLS Certification

CPR Certification

Assessments

Protecting patient privacy — Highly Proficient

March 2022

Understanding privacy rules and regulations associated with patient records
Full results: [Highly Proficient](#)

Clinical judgment — Proficient

March 2022

Assessing a patient's condition and implementing the appropriate medical intervention
Full results: [Proficient](#)

Medical terminology — Highly Proficient

March 2022

Understanding and using medical terminology
Full results: [Highly Proficient](#)

Electronic health records: Best practices — Highly Proficient

August 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use
Full results: [Highly Proficient](#)

Home health aide skills — Expert

March 2022

Providing care to patients in a home setting
Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.