

Whitni M. Richardson, RN, MS, BSN, C-EFM
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PROFESSIONAL NURSING EXPERIENCE:

Chesapeake Medical Staffing- Travel Nurse Agency,
St. Agnes Hospital, Baltimore, MD

December 2021-March 2022

Registered Nurse II-Labor and Delivery

- Assess patients in triage for preterm labor, active labor, rupture of membranes, pregnancy complications, or co-existing issues and complete the admission or discharge process accordingly.
- Assist in maintaining and monitoring pregnancy in antepartum mothers
- Certified in intrapartum fetal assessment and monitoring
- Proficient in maternal and newborn physical assessment(s), monitoring, and medication administration.
- Manage patients in labor, including induction assistance, epidural assistance, pain and high risk medication management, education, labor and delivery support
- Circulate in operating room for cesarean sections, tubal, and emergency obstetric procedures
- immunizations.
- Deliver patient education related to medications, labor, pushing, delivering, and postpartum care of mother and baby.
- Provide breastfeeding and postpartum support/management.
- Proficient in charting via meditech electronic medical record system.
- Collaborate with the care management team, including anesthesiologist, physician or midwife, lactation nurse, charge nurse and other interdisciplinary team members.

Adventist HealthCare - White Oak Medical Center

February 2020-December 2021

Registered Nurse II-Labor and Delivery

- Provided professional nursing care to patients throughout the Labor and Delivery, Antepartum, Triage, and Postpartum Units.
- Thorough knowledge of pregnancy life cycle and nursing care for expecting mothers
- Performed physical examination and managed care for patients and ensured sound health of the fetus and newborn
- Outstanding abilities to take quick and sound decisions during emergencies or changes in patients' health conditions
- Proficient in starting IVs and administering medications
- Proficient in charting via cerner electronic medical record system
- Circulate throughout the Operating Room and PACU area
- Maintained a safe, comfortable, and positive environment for patients and families
- Conducted sessions for educating patients and families on handling pregnancy and post-delivery care
- Sound critical thinking and decision making skills and able to communicate effectively with interdisciplinary team
- Served as a nurse preceptor and used evidence-based practices to help new RNs or RNs new to the unit by providing useful feedback, setting learning objectives, teaching hospital protocols, and encouraging critical thinking.

- Developed and implemented unit based visual cards to ensure effective communication between nurse and non-English speaking patients in the absence of translators.

MATERNAL & FAMILY HEALTH EXPERIENCE

Inova Loudoun Hospital, Leesburg, VA

Clinical Preceptorship, Labor & Delivery Unit-204 hours August 2019-October 2019

Additional 500 hours completed in:

- Washington Rehabilitation Center Stroke and Traumatic Brain Injury Unit (90 hours)
- Inova Fairfax Hospital Cardiovascular Step-Down Unit (90 hours)
- Veterans Medical Center, Washington DC Psychiatric Inpatient Unit (45 hours)
- Inova Fairfax Hospital Pediatrics Medical Surgical Unit (45 hours)
- George Washington Hospital Labor and Delivery and Postpartum Unit (45 hours)

COMMUNITY HEALTH CLINICAL ABROAD EXPERIENCE

Quito, Ecuador- November 2019

- Week long emersion clinical community health experience in Quito, Ecuador
- Provide basic care to patients in health centers, schools, and throughout the community

LEADERSHIP EXPERIENCE

GWU ABSN Student Mentor, Spring, Summer & Fall 2019 Semesters

- Mentored 9 first semester GWU nursing students.

PROFESSIONAL TEACHING EXPERIENCE:

Apple Tree Public Charter School, Washington, DC

August 2015-August 2018

Lead Teacher (Preschool/Pre-K Mixed Classroom)

- Provided oversight of school activities for 110 students in the absence of the principal.
- Developed and implemented effective instruction in literacy, language, math, science, social studies, physical development, creative arts, and social emotional development which aligns with Every Child Ready instructional full-day curriculum
- Evaluated performance of Teaching Fellow and Teaching Assistant based upon official observations of classroom lessons and test scores. Motivates and inspires direct reports by establishing and following higher than average performance standards
- Mentored seven lead instructional staff at Southwest location in curriculum development and infused technology
- Demonstrated a strong understanding of the problem-solving Response to Intervention (RTI) Instructional model in both individual and class data collection and interpretation.
- Intentionally and systematically implements direct instructional opportunities and provides modeling and practice opportunities for activities that promote children's social and emotional development throughout the school day.
- Managed student behavior issues and coordinated discipline plans. Produced a 60 percent decline in student visits to the principal's office for misbehavior

Primrose School of Gambrills, Gambrills, MD

August 2014-August 2015

Lead Teacher

- Developed, submits and implements weekly age balanced learning curriculum and specific lesson plans for 20 students
- Assessed and provided testing recommendations for student with development needs
- Maintained progress records of children and communicates results to parents

- Ensured students were actively engaged in a safe, organized and stimulating age-appropriate environment
- Documented and evaluated changes in development and behaviors and communicate progress to instructional staff and parents

Bright Horizons at Newbury School, Gambrills MD

November 2013-July 2014

Assistant Teacher

- Prepared and carried out instruction for specialized lesson plans
- Identified and recorded the developmental levels and deficits of children
- Performed assessments and analyzed trend data for changes in development and behaviors for all students
- Ensured that students were welcomed into a supportive learning environment

EDUCATION:

The George Washington University, Ashburn VA

December 2019

Accelerated Bachelor of Science in Nursing

GPA: 3.5 Graduated with honors

Capella University, Minneapolis, MN

September 2015

Master of Science, Psychology

Specialization in Child and Adolescent Development

GPA: 3.9 Graduated with honors

Bowie State University, Bowie MD

May 2012

Bachelor of Science in Psychology,

Student Athlete (Women's Basketball)

CERTIFICATIONS:

- (2019 - Present) American Red Cross, Certified Instructor, Adult/Child/Infant CPR, BLS, AED and First Aid
- (2021) National Certification Corporation, Certification in Electronic Fetal Monitoring (C-EFM)
- (2021) American Heart Association, Advanced Cardiac Life Support Certification
- (2021) American Heart Association, Basic Life Support Certification
- (2020) American Academy of Pediatrics, Neonatal Resuscitation Program Certification

PROFESSIONAL PUBLICATIONS:

- Richardson, Whitney, M. (2014). *The Story of Leggs: I'm Being Bullied*. Allen, TX: NyreePress Literary Group
- Richardson, Whitney, M. (2015). *The Story of Leggs: I'm Different*. Allen, TX: NyreePress Literary Group
- Richardson, Whitney, M. (2015). *The Story of Leggs: My Parent Aren't Together*. Allen, TX: NyreePress Literary Group

PROFESSIONAL AFFILIATIONS:

- Golden Key International Honor Society, Inducted member, 2015-2018
- American Nurses Association, member 2018-Present
- Maryland Nurses Association, member 2018-Present