

# Victor Saidu

## **Nurse Technician**

Minneapolis, MN 55432

[victorsaidu8\\_x4f@indeedemail.com](mailto:victorsaidu8_x4f@indeedemail.com)

+1 717 203 5774

Authorized to work in the US for any employer

## Work Experience

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### **MENTAL HEALTH PROGRAM ASSISTANT**

MN-DHS, ANOKA METRO REGIONAL TREATMENT CENTER. - Anoka, MN

March 2019 to Present

Help patients with mental health meet their daily needs and enforce patient safety.

### **Certified Nursing Assistant**

Park Nicollet Methodist Hospital - Saint Louis Park, MN

July 2018 to Present

Help patients with their activities of daily living, check patients blood pressure and and monitor their blood glucose levels.

Ensure patients safety and recognize behavior changes and report to the charge nurse, collect specimens for lab testing and also help with patients rounding and document patients intakes and outputs under the direction of the charge nurse.

### **Nurse Technician**

Clear Lake Regional Medical Hospital - Webster, TX

February 2012 to April 2018

- Assisted patients with personal hygiene matters including bathing, grooming, and dressing
- Applied clean dressings, slings, stockings, or support bandages, under direction of patient care
- Collected specimens, such as urine feces, or sputum
- Measured and recorded food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff
- Set up treating or testing equipment, such as oxygen tents, portable radiograph (x-ray) equipment, or overhead irrigation bottles, as directed by a physician or nurse

### **Certified Nursing Assistant**

Mennonite Home Communities - Lancaster, PA

June 2008 to February 2012

- Observed and examined patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine
- Provided physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising
- Reviewed patients' dietary restrictions, food allergies, and preferences to ensure patient receives appropriate diet
- Turned or repositioned bedridden patients
- Washed, groomed, shaved, or draped patients to prepare them for surgery, treatment, or examination
- Consulted and coordinated with healthcare team members to assess, plan, implement, or evaluate patient care plans

## **Nursing Assistant**

Jones Harrison Residence - Minneapolis, MN

June 2004 to September 2008

- Maintained records of patient care, condition, progress, or problems to report and discussed observations with supervisor or case manager
- Cared for patients by changing bed linens, washing and ironing laundry, cleaning or assisting with their personal care
- Provided patients and families with emotional support and instruction in areas such as caring for infants, preparing healthy meals, living independently, or adapting to disability or illness.
- Gathered information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.
- Restocked patient rooms with personal hygiene items, such as towels, washcloths, soap, or toilet paper.
- Monitored, recorded, and reported symptoms or changes in patients conditions

## Education

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### **Certificate**

International Institute of Minnesota - Saint Paul, MN

## Skills

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- Home Health
- Cna Certified
- CNA
- Infant Care
- Toddler Care
- Individual / Group Counseling
- Medication Administration
- Crisis Intervention
- Mental Health Counseling

## Certifications and Licenses

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### **Certified Nursing Assistant (CNA)**

#### **CPR**

#### **First Aid Certification**

#### **BLS Certification**

## Additional Information

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More than 10+ years of experience as a Certified Nursing Assistant in the medical field. Experienced in monitoring patient vital signs including temperature and blood pressure readings, charting an

recording patient behavior and medications, reporting pertinent information to physician, and assisting with personal hygiene matters. Knowledge of medical terminology and meeting physical and emotional needs of patients. CPR certified.