

# Amelia Garcia

**Compassionate and resourceful medical professional with experience in project management, team leadership, nursing care, rehabilitation, health promotion and perioperative nursing.**

San Antonio, TX 78259

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Proven history of success in detail-oriented and fast-paced work environments requiring a high sense of time management, organization, and confidentiality. Skilled in conducting assessments, determining optimal treatment plans, and supporting patient recovery. Adept at collaborating with healthcare professionals, directing workflow, and providing comprehensive patient care. Acknowledged for possessing sound clinical judgment and serving as a patient advocate. Listens intently, demonstrates genuine concern, and fosters a calm and comfortable environment. General understanding & experience with developing individualized care plans based on each individual patient's condition, initiating patient & family education, Knowledgeable in caring for pre & post op patients, principles of Standard Precautions, IV Therapy, excellent verbal & written communication skills, organizational skills, interpersonal skills, research skills, and time management skills. Also, highly detail oriented, caring, and work well on a team and under pressure.

Authorized to work in the US for any employer

## Work Experience

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### **RN, BSN PACU/PRE-OP**

South Texas Spine & Surgical Hospital - San Antonio, TX

May 2022 to Present

### **RN BSN /Pre-Operative/PACU/GI/Pain Management**

USPI Theda Oaks Surgery Center - San Antonio, TX

March 2021 to Present

- Record and report to appropriate persons all symptoms, reactions, abnormalities, and changes in the physical and/or mental conditions of the patients
- Administer medications and treatments ordered by the physician.
- Provide post anesthesia care and discharge patients according to facility policies.
- Review the pre-operative patient's chart for accuracy and completeness
- Obtain and ensure surgical consent is completed accurately, comparing it to the physician's order and O.R. schedule
- Ascertain all pre-operative (lab work, chest x-ray, EKG, H&P) work up, if applicable is in the chart and reports abnormal findings to the anesthesiologist and/or surgeon
- Report pertinent pre-operative and post-op information to the O.R. Nurse and or Physician/CRNA
- Obtain and label personal belongings bag and assists patient in proper O.R. dress attire
- Recognize, evaluate, solve problems, and correct errors
- Quickly adapt to changing condition of the patient when needed
- Prioritize and organize workload to meet patient and unit needs

- Plan, direct, organize, coordinate, and implement all nursing care services for the pre-op and post-surgical patients in a manner consistent with mission statement.
- Monitor heart rate, blood pressure, breathing and respiration, as well as managing the pain and nausea that often follow anesthesia, and intervene accordingly
- Reduce patient falls by developing a “No Stand Without A Helping Hand Policy”
- Conduct initial assessment and determine the nursing needs of the patient, and communicate additional discharge needs when applicable (transportation, durable medical equipment)
- Determine any pertinent patient health history facts and communicate to the operating room nurse
- Provide patient and patient family members emotional support as necessary
- Document patient care delivered, accurately in the medical record
- Document patient information from admission to discharge in an accurate manner.
- Participate in the provision of safe and effective care of the preoperative and post-operative patient

### **RN BSN (PACU/PRE-OP)**

South Texas Spine & Surgical Hospital - San Antonio, TX  
Present

### **COVID Response Registered Nurse Team Leader/CPS Energy Occupational Health Nurse Contractor/**

Provenir Healthcare/ CPS Energy (COVID-19 Response Team) - San Antonio, TX  
March 2020 to March 2021

- COVID-19 Response Team
- Assist with developing & implementing COVID-19 response protocols and processes.
- Maintain & monitor 25 COVID-19 screening stations throughout multiple locations within the metropolitan area
- New contractor training
- Develop and implement health and safety programs
- Provide subject matter expertise on CDC topics covered by CDC INFO which includes COVID-19, HIV/AIDS, Immunizations, Environmental Health, NIOSH; Tuberculosis and Statistics, COVID-19
- Respond to inquiries resulting from current events, such as food outbreaks, natural disasters, and other events such as COVID 19
- Treat, document, and monitor employee health incidents and concerns
- Observe and assess the various work environments surrounding the organization for potential health dangers and hazards
- Serve as the primary contact for 80+ medical professionals
- COVID -19 Response Team Leader
- COVID 19 Response Team Project Management
- Counsel and advise employees on physical and mental health issues
- Maintain technical skills through independent research, training, and/or conferences.
- Multi-disciplinary collaboration with the Enterprise & Public Safety team to address identified health and safety concerns
- Serve as the leader of an interdisciplinary group
- Ensure company standards and philosophical values are met
- Manage and maintain inventory required for COVID-19 screening operations
- Prepare and compile necessary documentation for employees along with all required record keeping
- Call duty to support COVID 19 Response Team efforts

### **Licensed Vocational Nurse, Center Medical Specialist**

Biomat USA Grifols Plasma Center - San Antonio, TX

October 2015 to March 2017

- Patient triage
- Identify and select suitable plasmapheresis donors by conducting physical examinations and collecting medical histories.
- Educate donors on potential hazards and compile donor consent forms.
- Evaluate the history of illness or medication usage to ensure donor suitability.
- Inform donors of general health assessment trends, review screening tests and counsel individuals on unacceptable test results.
- Manage donor injuries and other adverse reactions/events, reporting unsafe situations to center management.
- Train employees on standard operating procedures (SOP) and company policies and procedures, providing ongoing coaching and mentorship.
- Administer employee hepatitis vaccine program.
- Maintain medical supply inventory and sanitize equipment and work areas.
- Ensure compliance with FDA SOP manual, OSHA, state/federal guidelines, CLIA, CGMP, and company policies and procedures.
- Play integral role in reducing intake documentation errors 70%, implementing a triple-check quality control technique for personnel.
- Increase donor census and customer satisfaction by promoting cross-training initiatives aimed at reducing wait times.

### **Licensed Vocational Nurse**

Summit Health Care - San Antonio, TX

June 2015 to January 2016

- Screen patients for immunization, on-site health, and health maintenance programs.
- Assist with site immunization services for influenza, pneumonia, hepatitis, tetanus/diphtheria, HPV, meningitis, shingles, rabies, and travel vaccinations at various locations.
- Administer influenza, pneumonia, hepatitis, tetanus/diphtheria, HPV, meningitis, shingles, and rabies immunizations utilizing proper PPE, disposal of sharps and biohazard components, injection technique, and proper patient identification.
- Conduct proper screening to ensure the participant is suitable for requested immunization (ie assess for allergies/pregnancy, is participant immunocompromised, recent vaccination in past 4 weeks, history of seizure or nervous system problems, recent recipient of blood transfusion/blood products in the past year, etc)
- Conduct comprehensive on-site health screenings, including clinical measurements, laboratory blood tests, and fasting/non-fasting cholesterol screenings.
- Collaborate with physicians to perform mobile high-end health screenings, lab tests, and consultations for corporate clients.
- Assist with management of clinical trials, health coaching, health education, and wellness consultation.
- Identify potential health risks such as lifestyle, medical history, clinical/laboratory testing, and participant suitability.

### **Licensed Vocational Nurse/Back To School Immunizations Nurse (Seasonal)**

San Antonio Metropolitan Health District Immunization Clinic - San Antonio, TX

May 2015 to August 2015

- Administer immunizations to a specific client population during back-to-school season, ensuring compliance with ACIP recommendations.
- Monitor clients for side effects post-immunization administration and intervene accordingly

- Educate and counsel clients/parents on immunizations, promoting healthy choices and lifestyles.
- Transcribe client records into San Antonio Immunization Registry System (SAIRS).
- Maintain, track, and monitor inventory of vaccination supplies and equipment.
- Administer immunization services for influenza, pneumonia, hepatitis, tetanus/diphtheria, HPV, meningitis, shingles, rabies for school-aged children while ensuring all immunizations are documented accordingly
- Administer influenza, pneumonia, hepatitis, tetanus/diphtheria, HPV, meningitis, shingles, and rabies immunizations utilizing proper PPE, disposal of sharps and biohazard components, injection technique, and proper patient identification.
- Conduct proper screening to ensure the participant is suitable for requested immunization (ie assess for allergies/pregnancy, is participant immunocompromised, recent vaccination in past 4 weeks, history of seizure or nervous system problems, recent recipient of blood transfusion/blood products in the past year, etc)

### **Licensed Vocational Nurse**

Frank M. Tejada Texas State Veterans Home - Floresville, TX

December 2013 to July 2014

- Medication administration and monitor for any adverse effects and intervene accordingly
- Obtain patient vital signs and communicate any changes to MD and or charge nurse
- Provide and document wound care as ordered and communicate any pertinent details to Physician and or charge nurse
- Oversee and assist other nursing assistive personnel
- Monitor, document and communicate patients' fluid/food intake and output
- Safe patient transfers, using proper body mechanics
- Monitor patient's mental status and communicate any changes to MD/Charge nurse
- Provide emotional support to residents
- Assist residents with activities of daily living
- Conduct skin assessments and intervene accordingly
- Partner with nursing assistants and aide staff to coordinate nursing care for residents, organizing workloads to maximize resources and ensure adequate coverage
- Conduct frequent rounds and observe patients, documenting changes in condition or behavior and taking proper measures to address changes
- Administer prescribed medications and adjust or discontinue flow of intravenous therapies
- Catheterizations, irrigations, and other ordered procedures

### **Licensed Vocational Nurse (Newborn Nursery/Level III NICU)**

North Central Baptist Hospital - San Antonio, TX

January 2008 to June 2009

- Facilitate superior care in the newborn nursery/Level III NICU
- Conduct initial physical and neurological assessments of neonate immediately following delivery/birth
- Monitor newborn progress, including vital signs, feedings, and intake/output throughout hospitalization
- Identify, communicate and address any abnormalities or concerns to physician
- Administer vaccinations and obtain venipuncture blood draws when ordered for laboratory testing
- Serve as lactation specialist, educating and assisting new parents with feeding techniques
- Conduct newborn transfers to NICU
- Coordinate/perform all required neonatal testing (Car seat study, PKU's, hearing test etc)
- Provide discharge teaching

## Education

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### **Bachelor's in Nursing**

Galen College of Nursing Online RN to BSN Program - San Antonio, TX  
January 2019 to October 2021

### **Associate Degree in Nursing**

Galen College of Nursing - San Antonio, TX  
2019

### **Vocational Nursing Certificate in Vocational Nursing**

St. Philip's College - San Antonio, TX  
January 2005 to December 2007

## Nursing Licenses

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### **RN**

Expires: July 2023

State: TX

### **PN**

Expires: July 2023

State: TX

## Skills

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- Medication Administration
- Nursing
- Laboratory Experience
- Vital Signs
- Occupational Health Experience
- Triage
- Experience Administering Injections
- EMR Systems
- Epic
- Documentation review
- Care plans
- Supervising Experience
- Patient Care
- Clinical Research
- Medical Records
- Aseptic Technique
- Hospital Experience

- Venipuncture
- Spanish
- Pain Management
- Critical Care Experience
- Employee Orientation

## Languages

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- Spanish - Intermediate

## Certifications and Licenses

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### **BLS for Healthcare Providers**

September 2018 to September 2023

### **ACLS Certification**

## Assessments

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### **Clinical Judgment — Highly Proficient**

March 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: [Highly Proficient](#)

### **Patient-Focused Care — Highly Proficient**

March 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Highly Proficient](#)

### **Attention to Detail — Highly Proficient**

June 2020

Identifying differences in materials, following instructions, and detecting details among distracting information.

Full results: [Highly Proficient](#)

### **Work Style: Conscientiousness — Highly Proficient**

January 2020

Tendency to be well-organized, rule-abiding, and hard-working.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

## Groups

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**Association of periOperative Registered Nurses (AORN)**

July 2020 to Present

**(ANA) American Nurses Association Member**

April 2020 to Present

**Texas Nurses Association (TNA)**

April 2020 to Present

**National Honor Society Member**

January 2019 to October 2021

**Student Representative for the Galen College of Nursing Online RN to BSN Program**

January 2020 to October 2021