## Lucia Salas 9635 S. Sacramento Ave Evergreen Park, IL. 60805 773.934.7548

#### **To Whom It May Concern:**

Please review my resume for the Registered Nurse position. My current job is at Northwestern Palos Hospital in the medical surgical unit. I have 2 years of experience in the medical surgical unit, along with home health experience. I currently have an Associates Degree in Nursing, graduate from Moraine Valley Community College, as well as currently enrolled in the BSN program, through Capella University.

I look forward in hearing from you for further discussion of any job openings at OSF.

Sincerely,

Lucia Salas RN

## LUCIA SALAS

9635 S Sacramento Ave Evergreen Park, IL. 60805

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773.934.7548

## Experience

#### Northwestern Palos Health- Current job

#### February 2020- Registered Nurse/Medical Surgical unit

- Administered medications, provided treatments and assisted with activities of daily living.
- Performed patient assessments in accordance with standards and as appropriate to patient condition, age, and services to be provided
- Maintained patient's critical records and assisted with execution of the physician's orders
- Developed plan of care that included educational and discharge planning interventions
- Administered treatments and sterile procedures
- Provided preoperative and postoperative education to patients and their families
- Participated in education and instructions preceding patient's discharge
- Experience with G-tubes, J-tubes, tracheostomies, foley catheters, vent patients.
- Peripheral IV start proficient
- Preceptor for new nurses and student nurses
- Proficient in EPIC database

# February 2019- Present-Sunny hill home health Home Health Nurse Full-time (30-35 visits/week)

• Perform evaluation tasks, including vital signs and medication review

- Administer medication as prescribed by the patient's Physician
- Educate patients and their families on proper home health care strategies and procedures
- Dress or redress open wounds and assess progress of healing
- Listen to the patient and respond to concerns or requests
- Coordinate with Occupational Therapists, Physical Therapists, Physicians and anyone else involved in the patient's care plan
- Documents all care, intervention and care coordination per law, regulation and agency policy.

### July 2018-February 2019- Sunny hill Home Health Home health Assistant Nurse

- Assess patient condition by monitoring vital signs; keep family informed
- Records patient information by making entries in patient charts; notifying agency nursing supervisor of changing or unusual conditions.
- Help patients care for themselves by introducing and teaching assisted living techniques, such as using a cane or walker, using special utensils to eat, using special techniques and equipment for personal hygiene needs.
- Assists patients with bath/showers, grooming, etc.

## July 2018- February 2019- Advocate Christ Medical Center Certified Nurse Assistant

- Record vital signs, including blood pressure, pulse, temperature, and respiration rate as requested by staff.
- Answer patient calls/call lights
- Turning and reposition bedridden patients

- Providing physical support for patients or residents with daily activities and personal hygiene, including bathing, dressing, getting out of bed, - using the toilet, walking, standing or exercising.
- Examine patients to detect issues requiring medical care, including open wounds, bruises or blood in urine.

#### 2009 – 2012 Marque Medicos

Chicago IL.

Physical Therapist Aide/ Administrative Assistant

- Follow Physical Therapist orders
- Teach patients new exercises
- Chart Preparation
- Fill out charts with updated information
- Modalities; IFC, Ultrasound
- Order supplies for clinic
- File charts
- Schedule MRI's, Neuro's, Pain Management, Physical Therapy
- Switchboard Operator
- Verify insurance, personal insurance and workers compensation
- Works with Advantx, EZ Biz, Microsoft Outlook, IWCC
- X-ray Developer
- Data Entry
- Translator; English, Spanish
- Send/receive mail, taking messages

#### Front Desk Receptionist/ Patient Services Rep.

- Switchboard operator
- Make new files for patients
- Welcome patients and take them to designated rooms
- Send and receive faxes.
- Time card organizer
- Order Supplies for Surgeons

#### Education

- Enrolled in BSN program, expected graduation April 2022
- A.A.S RN Degree from Moraine Valley Community College
- Certified Nurse Assistant
- Completion of 40 clinical hours in "The Villa Residence" in Evergreen Park
- CPR certified
- Clinical experience: Palos Community Hospital- Med-Surg unit, Little Company of Mary- Telemetry unit, Mother-baby unit, Loyola Hospital- Ortho unit.

#### **Highlights**

- Strong organizational and detail-oriented skills.
- Excellent communication skills
- Critical thinking skills
- Strong leadership skills
- Able to effectively handle multiple tasks simultaneously.
- Excellent written, verbal, interpersonal and communication skills
- Demonstrates ability to acquire and apply knowledge rapidly.
- Ability to prioritize projects and meet deadlines.
- Independent; work with minimal supervision
- Typing skills 85 WPM
- Bilingual- Spanish
- Strong problem solver
- Self-motivator
- Patient advocacy and supporter