**Nicole Lee Wingstrom** Phone: 815-687-6953

[nwingstrom@gmail.com](mailto:nwingstrom@gmail.com)

**License & Certifications**

* Registered Nursing license for Arizona- August 2018
* BLS certified -April 2022-April 2024
* Stop the bleed certified- January 2020
* End of life palliative care certified- October 2019
* CMSRN certification completion-May 2018
* Member of the AORN from June 2019-present and AMSN-May 2018-present
* Trained in Epic and Cerner electronic medical record systems
* Daisy Award Nominee x 3

**Employment**

**Mayo Clinic Hospital** Phoenix, AZ, August 2018- Present

Registered Nurse

* Ambulatory nursing experience within the specialty of dermatology
  + Partner with the providers within the dermatology clinic; specifically on the women’s health clinic team, transplant clinic team, and medical clinic team
  + Assist providers with biopsies, excisions, cosmetics, and MOHS procedures
  + Room patients, gather a SBAR for provider, and update patient’s medical records
  + Delegate tasks to LPN and MA within our area of specialty clinic
  + Designated Magnet Champion and Unit Based Committee leader
  + Trained in phototherapy specifically in; UVB, UVA, PUVA, and photodynamic therapy
  + Manage message center
    - Submitting, appealing, and peer to peer prior authorization status for medications
    - Answering patient’s messages via portal/phone calls that pertain to non-urgent medical questions, medication refills, results, further biopsy or surgeries needed, and scheduling questions
    - triaging patients based on symptoms and continued communication with doctor’s and other providers within the dermatology clinic including medical assistants, PAs, and LPNs
* Provide pre and post-operative nursing care on a 36-bed transplant/medical-surgical inpatient unit for patients receiving kidney, pancreas, and liver transplants along with readmissions following transplant.
* During the COVID-19 pandemic provided care to Covid-19 positive patients including testing patients for Covid-19, giving medications to help treat symptoms, and supportive care to these patients.
* Previously provided pre and post-operative care on a 36-bed inpatient surgical unit for patients undergoing colorectal and gynecology surgery, and palliative care patients.
* Preceptor for multiple nursing students, new nurse residents, and experienced nurses, while providing a safe learning environment.
* Educate patients for self-care of new transplanted organ such as medication, drain, and wound education.
* Exhibit critical thinking for patient populations to best improve patient outcomes and patient care.
* Collaborate with interdisciplinary team to promote optimal discharge times and healing for patients.

**University of Wisconsin Hospital & Clinics** Madison, WI February 2016-July 2018

Registered Nurse

* **Nurse Residency Program** February 2016-2017
  + Established nursing skills in collaboration with other Residency Nurses from areas such as trauma, internal medicine, palliative, and general surgery.
  + Adapted to policy and procedure while working with interdisciplinary teams by demonstration and role play.
  + Provided mentorship with other new nurse hires through the Residency Program.
* Delivered pre-operative and post-operative nursing care for patients with general abdominal, colorectal, gynecology, and trauma surgeries.
* Titrated several medications including insulin, amiodarone, heparin, and protonix drips, along with PCA/epidural for pain management.

**Education**

* Northern Illinois University Dekalb, IL/December 2015

Bachelor of Science in Nursing

* End of Life Nursing Care class Phoenix, AZ/October 2019

Palliative Care

* American Heart Association ACLS/BLS Phoenix, AZ/April 2022
* Mayo Preceptor Class Phoenix, AZ/October 2020