

Latashia Myles (Haywood)

Senior Certified nursing assistant

Saint Paul, MN

-Email me on Indeed: <http://www.indeed.com/r/Latashia-Myles-%28Haywood%29/09ad48db307057e1>

I'm a 20+ year professional nurses assistant. I have provided care to many people in assisted living, home care, long term, group home, and rehabilitation facilities. I am skilled and experienced in; dementia care, hospice, mental and physical disabilities, chronic illnesses, rehabilitation, geriatric care, and infant care. I would like to obtain a job that offers; job security, competitive pay, reliable teamwork, benefits, safe environment, growth within the company. In return, I will give my aquired skills, confidence, leadership, teamwork, reliability, attention to detail, excellent customer service, adaptability, and responsibility to the job that is required of me.

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

BrightStar Care - Saint Paul, MN

December 2018 to Present

- Provided caring, intimate, hands-on healthcare for clients
- Monitored vital signs
- Delivered clients' medication
- Handled minor wound care
- Assisted with feeding clients 1 meals per day
- Assisted with bathing clients
- Helped clients with daily living needs
- Worked with mechanical lifts, as needed
- Communicated client's condition to the nurse in charge
- Cleaned rooms, bathrooms, linens, hallways, and floors
- Made beds

UPS Loader/Package Handler

UPS - Eagan, MN

January 2022 to January 2022

- Scan, read and label packages
- Load packages onto delivery truck
- Follow policies and procedures
- Identify errors on/with packages
- Lift and handle packages up to 70lbs
- Practice body mechanics
- Organizing skills
- Excellent communication skills
- Teamwork

Personal Delivery Driver/seasonal

UPS - Eagan, MN

December 2021 to December 2021

- Followed policy and procedures
- Make a manifest
- Confirmed product routes
- Retrieved and maintained vehicle parts
- Utilized MDA to process and ensure timely deliveries
- Maintained a friendly and courteous demeanor with customers
- Completed all necessary paper work, including confidential logs

CNA - Certified Nursing Assistant

Voca Healthcare Staffing - Rochester, MN

April 2020 to June 2021

- Checked vital signs
- Aided in lifting residents , when necessary
- Provided individualized and friendly care for residents
- Administered residents' medication
- Assisted with wound care
- Served meals to residents
- Helped residents with showering
- Assisted residents with basic activities of daily living
- Aided in transferring residents , as needed
- Changed bed linens
- Swept, mopped, and cleaned bathrooms
- Communicated details about resident's condition to the nurse in charge
- Worked in a nursing home and Assisted living communities

CNA - Certified Nursing Assistant

Interim healthcare - Bloomington, MN

April 2019 to August 2019

- Worked in a nursing home
- Provided patients/residents with care and companionship
- Monitored vital signs
- Delivered medication to residents

CNA - Certified Nursing Assistant

Wynscape Skilled Nursing & Rehabilitation at Wyndemere - Wheaton, IL

March 2016 to August 2018

- Worked in a nursing facility
- Provided individualized and friendly care for residents
- Checked vital signs
- Assisted with wound care
- Served meals to residents
- Helped residents with showering
- Assisted residents with basic activities of daily living
- Changed bed linens
- Swept, mopped, and cleaned bathrooms

CNA - Certified Nursing Assistant

Interim HealthCare - Joliet, IL

September 2017 to January 2018

- Feeding
- Transferring
- Vitals
- Charting
- Made beds
- Cleaned and sanitized rooms
- Performed post-mortem care, if needed

Certified Nursing Assistant

Silverado Memory Care - Naperville, IL

May 2014 to May 2016

- Teamwork
- customer service
- redirecting
- Checked vital signs
- Documented all care
- Handled minor wound care
- Made beds
- Cleaned and sanitized rooms
- Performed post-mortem care, if needed

Certified Nursing Assistant

MEADOWBROOK NURSING HOME - Naperville, IL

November 2014 to April 2015

- Round checks
- peri care
- change every 2 hours
- transfer
- ambulation
- Bath/shower
- charting
- Documented all care
- Checked vital signs
- Provided patients/residents with care and companionship
- Made beds
- Performed post-mortem care, if needed
- Cleaned and sanitized rooms

Mail sorter/packer

Coworx Staffing - Aurora, IL

October 2014 to December 2014

- Sort mail
- pack mail
- run mail through machine
- Unfamiliar mail

CNA - Certified Nursing Assistant

Milwaukee Estates Living and Care Center - Milwaukee, WI
September 2012 to September 2014

- feeding
- bathing
- transferring
- grooming
- vitals
- charting

Certified Nursing Assistant

FIRST CALL STAFFING - Wauwatosa, WI
June 2013 to October 2013

- Going to different facilities
- Provided patients/residents with care and companionship
- Checked vital signs

CNA - Certified Nursing Assistant

Heritage Woods of South Elgin - Elgin, IL
January 2010 to July 2010

- Worked in a assisted living
- Assisted 56 elderly patients daily
- Provided individualized and friendly care for residents
- Checked vital signs
- Helped residents with showering
- Assisted residents with basic activities of daily living

CNA - Certified Nursing Assistant

West Suburban Nursing home - Bloomingdale, IL
August 2007 to August 2009

Responsibilities

Adl's provided safe and secure environment. Practice PPE, vitals, charting, feeding, dressing, peri care, grooming, trach care, and transfers.

CNA - Certified Nursing Assistant

Pine Acres Rehab and Living Center - DeKalb, IL
October 2005 to January 2007

Cared for residents with respect and empathy. Dressed, vitals, transfers, peri care, appointments, rounds, and charting. Provided safe and secure environment for the residents.

CNA - Certified Nursing Assistant

Renaissance Nursing Home - Hillside, IL
December 1999 to April 2001

- Provided patients/residents with care and companionship
- Checked vital signs
- Helped residents with activities of daily life (ADL): bathing, grooming, dressing, feeding, walking, exercising and ROM exercises

- Documented all care
- Make beds
- Handled minor wound care
- Cleaned and sanitized rooms
- Performed post-mortem care, if needed

Education

Some college in Cosmetology

Empire Beauty School-Hanover Park - Hanover Park, IL
August 2009 to August 2010

None in Nursing

Kishwaukee College - Malta, IL
2005 to 2006

High school or equivalent in General studies

Proviso West High School - Hillside, IL
June 1997 to April 2001

Nursing Assistant program

Triton College - River Grove, IL
October 1999 to December 1999

Skills

- Cna Certified
- Certified Nursing Assistant
- Home Health
- HHA
- CNA
- Memory Care
- Infant Care
- Caregiving
- Dementia Care
- Hospice Care
- Food Preparation
- Meal Preparation
- Patient Care
- Customer service
- Alzheimer's Care
- Senior Care
- Cleaning Experience
- Laundry

- EMR Systems
- Infection Control Training
- Medication Administration
- Vital Signs
- Infection Control Training

Certifications and Licenses

CPR

September 2018 to September 2020

CNA

CNA