

Karissa Atkins

Southview Senior Living - West Saint Paul

Little Canada, MN 55117

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Working as a home health aide, assisting residents with memory care with meals, bathing, dressing, oral care etc.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

Evident Healthcare Management - Woodbury, MN

December 2020 to Present

Providing assistance with dressing, bathing and grooming, assist with giving medication, taking vital signs, checking blood sugars. Assistance with activities of daily living and helping maintain independence.

Personal Care Assistant

Abbeycare Inc - Saint Paul, MN

May 2015 to April 2021

Providing assistance with dressing, bathing and grooming. Assistance with school work and projects. And help with being more interactive and communication skills also.

Delivery Driver

Synergy Delivery, LLC - Eagan, MN

June 2019 to August 2019

Delivering Amazon packages to customers in a fast and safe manner. Providing great customer service and abiding by driving regulations while doing so.

School Bus Driver

Centerline Charter Corporation - Roseville, MN

September 2018 to November 2018

Southview Senior Living

West Saint Paul - Saint Paul, MN

October 2015 to May 2017

Assist elderly residents with dressing, bathing, grooming, and eating. Also assist with giving medication, taking vital signs, checking blood sugars and giving insulin.

Helping to ensure the safety of every resident and giving respect and dignity when helping with resident cares.

Teachers' Assistant

Johnson Senior High School - Saint Paul, MN

September 2013 to May 2015

Provides support secretarial services for school front office; answering phones, delivering student and teacher information and data, entering data and information into computer as needed by office staff

Office Assistant (Volunteer)

Foundations Health Career Academy - Saint Paul, MN

August 2010 to August 2011

Assists with input of student information into school database, filing, coping and general duties as specified by volunteer facilitator

Education

HHA Training Program- Foundations Health Career Academy

March 2014

Johnson Senior High School

September 2011

Skills

- Office Administration
- Caregiving
- Home Care
- Nursing
- Senior Care
- Delivery Driver Experience
- Vital Signs
- Childcare
- Patient Care
- Medication Administration
- Dementia Care
- Alzheimer's Care
- Laboratory Experience
- Medical Office Experience
- Laundry
- EMR Systems
- Memory Care
- Infection Control Training
- Hospice Care

Certifications and Licenses

CDL Class B

April 2020 to April 2022

Class B Commercial Drivers License

CNA

Additional Information

- Certified Nursing Assistant/Home Health Aide
- Excellent work ethic
- Passionate towards academic and professional success
- Broad computer and technology skills
- Thoughtful and considerate towards others