

Lystra Adela Tobias BSN RN

2236 McDaniel Mill Rd, Conyers, GA 30094
lystratobias@gmail.com 404.988.5868

Organized, adaptable, loyal: I am highly motivated to capture the vision and values of your organization. In the last seven years I have spent time in the roles of ER nurse, med surg, tele and urgent care nursing. I have also been a Clinical Manager of a Clinical Observation Unit and Sickle Cell Acute Care. I have developed my leadership skills along with communication and my interpersonal skills. I am now looking to expand my nursing skills and gain experience in other areas.

Qualifications

- Possess great professional and interpersonal skills which I use to develop a rapport with patients, family, staff, physicians and my team members.
- Culturally sensitive and competent.
- Remain calm and level headed through stressful situations.
- Able to analyze situations quickly to be able to adapt in the ever-changing world of nursing.
- Receive constructive criticism, evaluate the information, and improve practice for optimal results.

Education

Jacksonville University	2020	Bachelor of Science in Nursing
Southern Adventist University	2013	Associates of Science in Nursing
Georgia State University	2007-2008	Pre-Nursing

Professional Experience

Grady Memorial Hospital, GA

Clinical Staff Manager- Clinical Decision Unit, Urgent Care Center & Sickle Cell Acute Care 11/2017- 02/2022

- Manage three units' staff and operations to uphold Grady's policies and procedures.
 - Scheduling/ Payroll
 - Staff Meetings
- Develop a trusting environment where staff can work collaboratively to provide safe and efficient patient care.
 - Departmental goals and initiatives for improvement
 - Staff Development
- Hire and train new staff to support the department and system goals.
 - Retention of current staff
- Hold current staff accountable to unit and department changes.
- Participate in departmental initiatives:
 - Organization Operational Rounding
 - Fall Coordinator
 - ER Nurse Week- planning and execution
- Work on the floor weekly with the teams in my departments and the emergency room.

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Professional Registered Nurse

06/2015-11/2017

- Walk- In Center (Urgent Care) and Emergency Room.
- Provide patient centered care.
- Charge Nurse: maintain the flow of the Walk-In Center. Resolve issues that may arise or escalate in the appropriate manner. Train or orient new staff. Implement any changes and look for ways to improve the Center process.
- Vice- Chair of Recruitment Retention and Engagement Committee; plan with members of the committee ways to attract new and skilled nurses to Grady. Engage with current nursing staff to maintain retention. Plan for nursing recognition and ways to increase employee engagement.

Erlanger Medical Center, TN

Registered Nurse

11/2014-05/2015

- Vascular Medicine Floor
- Charge Nurse; train new hires to the floor. Manage the flow of the night shift and resolve any issues.
- Maintain continuity of care while collaborating with members of the patient care team: Doctors, PA's, MA's and CNA's

Care Minders Home Care, GA

C.N.A

2007-2014

- Facilitate personal care and assist clients with ADL's.
- Report health status changes to my nursing agency and any responsible health care providers.
- Extensive knowledge and understanding of the geriatric community and their home care needs as well as health maintenance.
- Employee of the Month July 2010

Southern Adventist University, TN

Telemarketing

2007

- Corresponded with alumni of the university to update their personal information and solicit donations.
- Enhanced the development of customer service and communication skills.

References- Available upon request

Certifications

- ACLS, BLS, PALS