

SHALONDA THIGPEN

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Patient-focused and empathetic registered nurse seeking a position within the medical practice. Bringing experience, care, and extensive knowledge to help improve the lives of their patients. "Compassionate and hard-working nurse looking for a position to improve and grow.

EXPERIENCE

APRIL 2020- PRESENT

REGISTERED NURSE

PIEDMONT WALTON HOSPITAL

MY DUTIES ARE TO CARE FOR PEOPLE WHO ARE SICK, INJURED, CONVALESCENT OR DISABLED. UNDER GENERAL SUPERVISION, DELIVER CARE TO PATIENTS UTILIZING THE NURSING PROCESS OF ASSESSMENT, PLANNING, INTERVENTION, IMPLEMENTATION, AND EVALUATION, IN ACCORDANCE WITH ESTABLISHED PHILOSOPHY. COLLABORATE WITH OTHER PROFESSIONAL DISCIPLINES TO ENSURE EFFECTIVE PATIENT CARE DELIVERY AND ACHIEVEMENT OF DESIRED PATIENT OUTCOMES. I EFFECTIVELY INTERACT WITH PATIENT AND SIGNIFICANT OTHERS, WHILE MAINTAINING THE STANDARD OF PROFESSIONAL NURSING. PROVIDE CARE FOR PRIMARILY ADULT PATIENTS BEFORE AND AFTER SURGICAL PROCEDURES

APRIL 2019- PRESENT

REGISTERED NURSE

VIEWPOINT HEALTHCARE

My duties are to work with a treatment team providing nursing services to individuals diagnosed with mental illness and their caretakers/families. I visit the individual's home to identify factors in the social, psychological, and physical environment which may contribute to this individual's disability; make recommendations for emergency or continuing care; suggest alternative treatment plans; teach caretakers/family methods of dealing with emergencies; and provide advice on the availability of medical, social, and housing facilities for the individual in the community. I intervene in crisis situations and administer emergency treatment; engage in treatment modalities such as health teaching, individual and group psychotherapy, family therapy, or milieu therapy as appropriate; work with appropriate community agencies as necessary and ensure a coordinated team treatment plan.

NOVEMBER 2017- FEBRUARY 2019

REGISTERED NURSE

WHITESTONE HEALTHCARE

Planned and provided support and medical and *nursing care* to clients who were suffering from *mental* illness. *I worked* to combat stigma and help patients and their families' cope through medication and outside coping techniques.

SEPTEMBER 2017-NOVEMBER 2017

REGISTERED NURSE

AMEDYSIS HOME HEALTH

Assessed patients' condition during every visit and charted my observations, Performed evaluation tasks, included vital signs and medication review Administered medication as prescribed by the patient's Physician dress or redress open wounds and assess progress of healing educated patients and their families on proper home health care.

SEPTEMBER 2013- AUGUST 2017

REGISTERED NURSE

ALL MY CHILDREN DAYCARE

PROVIDED ONSITE ASSESSMENT OF A SICK OR INJURED CHILDREN NEEDS. KEPT THE CENTER'S STAFF AND PARENTS INFORMED ABOUT HEALTH CARE WITH EMPHASIS ON PREVENTATIVE CARE

AUGUST 2012-AUGUST 2013

REGISTERED NURSE/ CASE MANAGER

APALACHEE CENTER

My duties were to provide case management services, including assessing clients' needs, conducting psychosocial evaluations, developing individual treatment plans and maintained daily progress notes, provided education and support to clients and family members, made appropriate referrals to outside community agencies, and monitored all aspects of client care; in their homes; and prepared and maintained clients' records.

SEPTEMBER 2016- SEPTEMBER 2017

REGISTERED NURSE

RIVERCHASE HEALTH & REHAB

My duties were to provide compassionate nursing to adult residents which included: provided daily assessments, administered medication, coordinated care, provided wound care; g-tube care; and colostomy care, maintaining and removing IVs per physician's orders, ordered; interpreted and evaluating diagnostic test to identify and assess patient's condition and directing or supervising less-skilled nursing or healthcare personnel.

JANUARY 2017- MAY 2017

REGISTERED NURSE

FLORIDA STATE HOSPITAL

My duties were to conduct intake assessments through interviews with patients and relatives to gather case history. Planned and provided nursing care for patients. Made nursing diagnosis of the medical and emotional status of patients and recommended treatment options. Consulted with psychiatrists and other behavioral health staff in designing appropriate treatment plans for clients. Administered and noted reactions to psychotropic drugs and other medications. Arranged further medical attention when necessary. Assisted the client in understanding the nature of emotional disturbances and accepting the need for treatment. Assisted in maintaining a safe and secure environment for staff and patients. Tested for vital signs of pain and ensures treatments of pain. Documented all patient information on medical charts and follows physician's written orders. Maintained accurate records and documentation of patient treatments, immunizations, and laboratory results according to standard medical recordkeeping.

EDUCATION

APRIL 2016

ASSOCIATES OF SCIENCE, BAINBRIDGE STATE COLLEGE

MAJOR: REGISTERED NURSE

DECEMBER 2009

BACHELOR OF SCIENCE, FLORIDA STATE UNIVERSITY

MAJOR: CRIMINOLOGY

MINOR: PSYCHOLOGY

DECEMBER 2007

ASSOCIATES OF ARTS, TALLAHASSEE COMMUNITY COLLEGE

MAJOR: GENERAL STUDIES

SKILLS

COMMUNICATION SKILLS

I have excellent communication skills because so much of what I do involves transmitting information, from instructing and educating patients, to briefing doctors and other nurses on changes in patient status.

KINDNESS

The ability to be kind and considerate of someone who may displaying undesirable behavior, even in the face of one's own discomfort and exhaustion.

CRITICAL

THINKING/OBSERVATION SKILLS

The ability to assess a situation and make critical decisions on the spot. The ability to notice small details and recognized them as important diagnostic signs

References

Professional:

Linda Blackshear – Health care Administrator 850-875-3711

Tanesia Pearson- Assistant Director of Nursing 850-875-3711

Personal:

Ty D. Smith- Pastor 850-508-5638

Erica Jordan -Church Member 850-510-3032