

RESUME

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SUMMARY

- Excellent listening skills for understanding client needs
- Attention to details in providing care to patient and ability to stay calm during crisis.
- Ability to assess, plan and deliver care and interventions to patients.

WORK EXPERIENCE:

Travel RN assignment, 1/2022 to 3/2022, UMMS Laurel Regional Hospital (Med Surg Covid Unit)

- Provide direct nursing care to both covid and non-covid pts
- Document nursing interventions and assessments
- Ensure patient safety and administer medications
- Provide patient and family education
- Manage patients experiencing crisis situations effectively
- Effectively manage pain for surgical patients
- Monitor patients for acute changes and intervene appropriately
- Interact and provide therapeutic interventions to both patients and their families
- Document nursing interventions and assessments

12/2019 to present, BRIDGEPOINT HOSPITAL NATIONAL HARBOR (Med surg unit)

- Trach and vent care.
- G-tube care and G-tube feeding administration.
- Provide direct nursing care to both covid and non-covid pts
- Manage patients on cardiac monitoring, document rhythm strips and intervene
- appropriately
- Provide individualized nursing care to pts pre & post procedures
- Document nursing interventions and assessments
- Ensure patient safety and administer medications
- Provide patient and family education
- Manage patients experiencing crisis situations effectively
- Effectively manage pain for surgical patients
- Monitor patients for acute changes and intervene appropriately
- Collaborate with the healthcare team in identifying and evaluating patient needs
- and initiating quality programs to improve identified needs.
- Interact and provide therapeutic interventions to both patients and their families
- Document nursing interventions and assessments
- Identify acute changes in patients and intervene appropriately

Travel assignment, 04/ 2021 to 07/2021, UNITY HEALTHCARE, WASHINGTON DC.

Vaccination support for Covid-19

DEANWOOD REHABILITATION AND WELLNESS CENTER (January 2019 to
December 2019)

- Monitor and chart information to ensure the health and well-being for the resident. This includes the administration of their medications and overseeing staff.
- Establish a compassionate environment by providing emotional, psychological and spiritual support to residents, friends and families.
- Promote resident's independence by establishing patient care goals and teaching residents, friends and family to understand condition, medications and self-care skills.
- Assure quality of care by measuring health outcomes against patient care goals and standards and making or recommending any necessary adjustments.
- Protect facility residents and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.
- Document resident care services by charting in resident and department records.

- Maintain resident confidence and protects operations by keeping information confidential.

CONTEMPORARY FAMILY SERVICES (Community support worker-CSW, Team Lead)

(April 2015- 2017)

Duties:

- Assisting consumer with behavioral/emotional self-management–conflict resolution, anger management, time management, maintaining age-appropriate boundaries.
- Assisting consumers with self-care skills–hygiene, nutrition, self-administration and compliance with medication.
- Assisting consumers with social skills–community integration activities, interactive skills with peers and authority figures, developing natural supports, and supporting the child’s participation in community activities.
- Promotion of illness self-management–education and information about mental illness, effective strategies to assist in managing illness, warning signs of relapse, helpful interventions.

AMERICAN QUALITY HOME CARE SERVICES: Home Health Aide (May 2013 to

December 2013)

Duties:

- Assisting consumers with self-care skills—hygiene, nutrition, self-administration and compliance with medication.
- Assist in other activities of daily living including medical appointments.
- Light house- keeping for patient.

GLOBAL HEALTHCARE SERVICES: Home Health Aide. (September 2012 to January 2014)

- **Duties:**
- Assisting individuals with mental/Physical disabilities with in home support,
- Manage care for clients with physical or mental disabilities.

**VISION ONE HOME HEALTHCARE AND GROUP SERVICES: Home Health Aide (February 2010-
Jan 2012) Duties:**

- Assisting individuals with mental/Physical disabilities with in home support,
- Manage care for clients with physical or mental disabilities.

ADDITIONAL SKILLS/KNOWLEDGE.

- BLS certification.
- ACLS certification
- Skilled communicator, fluent in both written and spoken English and French
- Proficient in Microsoft Word, Microsoft Excel, Microsoft PowerPoint and Internet

- Home Health care expertise
- Committed team player
- EMR (EPIC)
- Point Click care

EDUCATION:

- 2021: WESTERN GOVERNORS UNIVERSITY, UTAH (Currently enrolled in the RN TO BSN PROGRAM)
- 2016-2018: ASSOCIATE DEGREE IN NURSING, CAPS CARE ACADEMY FOR HEALTH EDUCATION, LAKEWORTH FLORIDA

- **REFERENCES.**

- Gary Brown RN

3013579262

- Akujor Alphonsus, RN Supervisor

240-701-5330

- Cryril Akunwafor, RN Supervisor

301-442-8846

