Barbara Watkins

Detail-Oriented Worker with Years of Award-winning customer service skills.

Richfield, MN

-Email me on Indeed: http://www.indeed.com/r/Barbara-Watkins/8c09f28f78b5dedb

- Skilled at operating in a wide range of platforms.
- Experience training interns and new hires in various roles.
- Easily build collaborative rapport with patients, case managers, and other staff.
- Trained and certified in Crisis Prevention Institute protocols, first aid, nursing assistant, OSHA, CDL,
- and an host of third party certificates obtained in current role.
- Proficient in diverse working environments.

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

Minnesota Masonic Home - Bloomington, MN February 2020 to Present

- Turning or moving patients
- Gathering medical supplies
- Bathing patients
- Grooming patients by brushing their hair, teeth, shaving them, etc.
- Feeding patients and documenting their food and liquid intake
- Checking vitals signs as blood pressure and heart rate
- Answering patient calls
- Documenting information
- Cleaning rooms and bed linens
- Stocking supplies
- Assisting with some medical procedures
- Safety procedures
- Transporting patients
- Taking care of wounds

DSP (Direct Support Professional)

Pinnacle - Minneapolis, MN January 2020 to Present

• Monitored individuals' behavior towards themselves and others, and maintain patients' records of problems and progress.

- Reported any instances of suspected abuse, neglect, or exploitation to the appropriate authorities
- Assisted individuals with tasks like cooking, cleaning, showering, toileting, shopping, and managing money.
- Kept the patients safe from health hazards.
- Taught patients tasks that they can ultimately learn to do for themselves.

PCA Personal Care Assistant

Touching Lives - Savage, MN July 2019 to Present

- Assist clients with personal hygiene, including shower, tub or bed baths, oral care, hair and skin care.
- Assist clients in the use of toilet facilities, including bed pans.

• Assist clients in and out of bed, including mechanical lifting equipment and documented with competence.

- Assist clients with self-administration of medication.
- Meal preparation and feeding, when required.
- Assist with prescribed exercises.

CDL Class B Driver

Septran Student Transportation - Bloomington, MN June 2019 to Present

• Drives a school transportation vehicle within a prescribe route(s) in accordance with time scheduled; picking up and discharging students at designated stops.

- Maintains order an proper discipline of student passengers according to district policy.
- Services bus with gas, diesel fuel, and oil; checks and when necessary fills tires and batteries.
- operates a two-way radio
- Complete daily log and all other necessary paperwork.
- Conduct pre-trip and post-trip inspection of equipment.
- Maintain and update driving and safety skills.
- Communicate with supervision to receive instructions, report delays or safety hazards.
- Attends various meeting regarding safety, first aid and training updates as required.

Blackjack Dealer/ EVS

Mystic Lake Casino - Prior Lake, MN July 2015 to Present

Maintenance the Upkeeping of the casino, duties included cleaning up around slot machines and restroom area, sweeping and mopping, stocking restroom, up keep the trash and assist guest with guidance around casino property.

Assembly Worker

WILBERT PLASTIC - Saint Paul, MN April 2014 to September 2014

Received, assembled and inspected plastic parts before leaving building business. Assembled parts through multi level process and procedure. Utilized variety of small machines and tools to perform duties such as; Glue guns, Welding wands, screw drivers, drills, wrenches, nuts & blots Fast paced work environment while insuring accuracy and proper handling procedures were met

OVER NIGHT STOCKER

WALMART, Inc - Saint Paul, MN July 2011 to April 2014

Stocked shelves, racks, cases, bins and tables with new and transferred merchandise. Received, opened, unpacked and issued sales floor merchandise. Designed and set up advertising signs and displays of merchandise on shelves, merchandised counters and tables to attract customers and promote sales.

General cleaning of display and display areas. Customer Service, Cashier, and check out duties as needed.

PERSONAL CARE ATTENDANT

NETWORK CARE - Saint Paul, MN September 2008 to June 2010

Planned, shopped for and prepared meals, accommodating special diets, assisted families in planning, shopping for, and preparing nutritious meals. Instructed and advised clients on issues such as household cleanliness, utilities, hygiene, nutrition and infant care. Trained and managed how many what and achieved significant improvements in their productivity. Cared for individuals and families during periods of incapacitation, family disruption and convalescence, providing companionship, personal care and help in adjusting to new lifestyles. Transported clients to locations outside the home, such as to physicians' offices and on outings, using a motor vehicle.

PERSONAL CARE ATTENDANT

ABBEY CARE - Saint Paul, MN March 2007 to April 2010

Housekeeping duties such as; Cooking, cleaning, washing clothes and dishes, and running errands. Planned, shopped for, and prepared meals, including special diets, and assisted families in planning, shopping for and preparing nutritious meals. Provided clients with communication assistance, typing their correspondence and obtaining information for them. Prepared and maintained records of client progress and services performed, reporting changes in client condition to manager and supervisor. Trained family members to provide bedside care.

Education

High school or equivalent

Austin learning Center - Austin, MN

Certified Nursing Assistant/ HHA in Nursing

Zandu Health Initiative - Bloomington, MN

Skills

- Microsoft Word (Less than 1 year)
- Communications (8 years)
- Cna Certified
- Home Health
- HHA
- Caregiving
- Patient care
- Cleaning
- Senior care
- Driving
- Custodial experience

- Customer Service
- Food Preparation
- Meal Preparation
- Vital Signs
- School Bus Driving
- Environmental Services
- Hospice Care
- Nursing
- Bus Driving
- Organizational Skills
- Commercial Driving
- Cooking
- Maintenance
- Warehouse Experience
- Laundry
- Delivery driver experience
- Materials handling
- Marketing
- English

Certifications and Licenses

Nursing Assistant/ HHA

MRC Maintenance/ Custodian

CNA

CDL Class B

June 2021

Assessments

Nursing Aide Skills — Highly Proficient

February 2020

Providing nursing aid to patients using knowledge of relevant equipment and procedures. Full results: <u>Highly Proficient</u>

Direct Care — Highly Proficient

February 2020

Showing sensitivity and enthusiasm while providing care to patients. Full results: <u>Highly Proficient</u>

Home Health Aide Skills — Highly Proficient

February 2020

Providing care to patients in a home setting. Full results: <u>Highly Proficient</u>

Nursing assistant skills — Highly Proficient

March 2021

Providing nursing aid to patients using knowledge of relevant equipment and procedures Full results: <u>Highly Proficient</u>

Work style: Reliability - Expert

November 2021

Tendency to be reliable, dependable, and act with integrity at work Full results: Expert

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.