**Jai-leah W. Rhea, BSN, RN**

10508 Abberly Village Lane Fredericksburg, VA 22407 ▪ (540) 809-4868 ▪ jwlr96@gmail.com

**EDUCATION**

**Carson-Newman University**, Jefferson City, TN │May 2021 - Present

Master of Science in Nursing

▪ Family Nurse Practitioner ▪ Graduation: December 2023

**James Madison University**,Harrisonburg, VA │ August 2014 - December 2018

Bachelor of Science in Nursing

▪ Overall GPA: 3.4 ▪ Dean’s List

**PROFESSIONAL EXPERIENCE:**

**Registered Nurse** - Snowden at Fredericksburg, Fredericksburg, VA │January 2021 - Present

* **Inpatient Behavioral Health**, 74 bed hospital
* Nursing care of adolescents (ages 13-17) and adults receiving acute mental health treatment
* Completion of focused psychosocial assessments and care plans, medication administration, and fifteen minute rounding to ensure patient safety
* Assessment of alcohol and opiate withdrawal (CIWA, COWS)
* Leading therapeutic groups, educating patients on a variety of mental health related topics such as coping skills, anger management, healthy boundaries and relationships, and substance abuse.

**Registered Nurse** - Mary Washington Hospital, Fredericksburg, VA │February 2019 - January 2021

* **Emergency Department**, Level II Trauma Center
* Successful completion of New Graduate Residency Program (March 2020)
* Responsible for the timely triage of patients using the Emergency Severity Index (ESI), performing EKGs with target door-to-EKG time of ten minutes or less, lab collection, and establishing intravenous access
* Provided quality, time-sensitive care to patients as they experienced acute, life-threatening cardiac and neurological events including STEMI and stroke.
* Administration of critical care intravenous drips requiring continuous patient monitoring such as insulin, heparin, and cardiac infusions
* Gained experience caring for various patient populations including pediatrics, trauma, and mental health.

**Certified Nurse Aide** - Mary Washington Hospital, Fredericksburg, VA │June 2018 - February 2019

* **Surgical Intermediate Care**, step-down unit
* Responsible for assisting RN with placing patients on telemetry, obtaining vital signs, blood glucose levels, and providing ADL assistance
* Gained experience working with patients following coronary artery bypass graft surgery (CABG), assisting with ambulation and incision care

**Certified Nurse Aide -** Greenfield Assisted Living, Fredericksburg, VA │May 2017 - July 2018

* Responsible for the care of 8-10 residents with various pre-existing health conditions and mobility impairments, assisting with ADLs, and fall prevention.
* Gained experience working with patients with various stages of dementia.

**LICENSURE/CERTIFICATIONS:**

* Registered Nurse (RN) - Virginia Board of Nursing ▪ NIH Stroke Scale (NIHSS)
* Basic Life Support (BLS) ▪ Crisis Prevention Institute (CPI)
* Advanced Cardiac Life Support (ACLS) ▪ Trauma Nursing Core Course (TNCC)
* Pediatric Advanced Life Support (PALS) ▪ Emergency Nursing Pediatric Course (ENPC)