Adila Hossien

REGISTERED NURSE - Work Cites

Bakersfield, CA 93313 Lvbennet@yahoo.com +1 661 912 7858

Work Experience

Registered Nurse

Memorial hospital - Bakersfield, CA January 2015 to Present

• Acted as primary RN on medical-surgical and orthopedic unit

Registered Nurse

Clear lake regional medical center - Webster, TX April 2013 to January 2015

phone number 281-332-2511Worked as a staff nurse on medical-surgical unit

REGISTERED NURSE/ step down ICU

Kern Medical Center - Bakersfield, CA 2008 to 2013

Ph: 3661-326-2000

CNA - Certified Nursing Assistant

CNA - Bakersfield, CA 2005 to 2008

Ph: 326-2000

CLINICAL NURSE

Jugal Hospital 2003 to 2004

phone # 251-256-660-170

DUTIES

REGISTERED NURSE:

- Nursing assessment of careful & continuous monitoring of the patient's health status.
- Develops Nursing plans and implements appropriate nursing interventions.
- Evaluates and determines health resources necessary to meet individuals need.
- Safe medication administration, pain screen, and management
- Blood transfusion, monitor any reaction, vital sign, mental status and record
- Educates patients and family about health states.
- Admission and discharge patient with great care and by following HIPPA guide.
- Carry out physician orders safely
- Delegates tasks as may safely be performed by others.

- Prevent patients from falling, Safety risks, and from self-harm
- prevent infection, airborne, droplet, and contact precautions
- Draw blood from central line, start, and remove Peripheral IV line
- Rectal tube, insertion removal, enema, and digital rectal stimulation
- Frequent monitor & notify physician with Electrolyte Imbalance patient
- Suction trachea, nose, & mouth, chest tubes care, Oxygen delivery systems
- Dialysis patient care, Urinary catheterization, and continuous bladder irrigation
- Diabetic patient care with insulin drip
- Treat patients with compassion and help in their rehabilitation
- Perform dysrhythmia patient management.
- Providing pressure ulcer prevention strategies assessment, treatment & documentation
- Performing wound dressing change, setting up wound vacuum, wound measure and documented.

CERTIFIED NURSING ASSISTANT:

- socializing with patients
- Observations Assisted patients with bathing, dressing, hygiene, and grooming / Activity of daily living/
- Assist with feeding
- Measured and recorded patient's fluid intake and output.
- Obtained and record specimens, weights, and vital signs of patients.
- Maintained homelike environment for the patient's.
- Protected and promoted patient's rights and assisted the patient's to maintain independence
- Routine care for mentally impaired or emotionally disturbed patients
- Assist with ambulation, range of motion and frequent repositioning of patient
- Spend a great deal of time on patient behavior and notified RN any change.
- Assist RN to restrain violent patients
- Close observation for high risk fall, aspiration, seizure and suicidal precautions.
- Standard precautions, frequent hand washing

Education

Associate's degree in Nursing

Harar Nursing school - Ethiopia

Skills

- Basic IV
- Catheterization
- Medication administration
- Patient observation
- Dialysis
- Experience administering injections
- Patient monitoring
- Specimen collection / processing
- Vital signs
- Venipuncture

- Care plans
- Triage
- Nursing
- Critical Care Experience

Certifications and Licenses

RN

BLS Certification

ACLS Certification

Additional Information

ACLS BLS