Shellena Britten

Saint Paul, MN -Email me on Indeed: <u>http://www.indeed.com/r/Shellena-Britten/361f6775f1622c3c</u>

To obtain a full time or part time job

#readytowork

Willing to relocate: Anywhere Authorized to work in the US for any employer

Work Experience

Memory Care Caregiver

Oakmont Senior Living Of Escondido Hills - Escondido, CA July 2019 to Present

Medication Tech

CNA - Certified Nursing Assistant

Escondido Post Acute Rehab - Escondido, CA September 2014 to July 2019

Caregiver

Mountain Shadows Community Homes - Escondido, CA June 2014 to September 2014

Sales Associate

Macy's - Roseville, MN November 2013 to January 2014

Sales Associate

Gap, INC - Roseville, MN November 2013 to January 2014

Stocker

Michaels - Escondido, CA October 2011 to January 2012

Education

CNA/HHA in Health Care Hubert H Humphrey Job Corps Center - Saint Paul, MN November 2013 to April 2014

Skills

- CNA
- Caregiving
- Vital Signs
- Patient Care
- Memory Care
- Infection Control Training
- Medication Administration
- Hospice Care
- Medical Imaging
- Meal Preparation
- Dementia Care
- Home Care
- Alzheimer's Care
- Laundry

Certifications and Licenses

Certified Nursing Assistant (CNA)

First Aid Certification

CPR Certification

Medication Aide

June 2020 to Present

Additional Information

SKILLS SUMMARY:

- Assisted with Activities of Daily Living: nail and foot care, bathing, dressing, grooming
- Served meals, helped with feeding and monitored those feeding themselves.
- Safely transferred people from bed or bath to wheelchair and assisted with ambulation

and transport.

- Participated in recreation activities and socializing.
- Cleaned and organized patient rooms and disposed of linens
- Used proper hand-washing, wore gloves and practiced infection control.
- Took and recorded vital signs: pulse, respiration, blood pressure, input/output, height

and weight

HEALTH CARE EXPERIENCE: Hospital Intern - Regions Hospital, St. Paul, MN 09/2013 - 12/2013

• Removed bedding, cleaned and sanitized beds, and put on fresh linens

Clinicals - Golden Living, Roseville, MN 09/2013

• Demonstrated nursing assistant skills in preparation for State Test

Nursing Assistant Intern - The Wellington, St. Paul, MN 07/2013 - 08/2013

- Helped prepare for resident activities and transported residents.
- Led groups, played games and socialized
- CNA Escondido Post Acute Rehab 9/2014-Still Attending
- Assisted with Activities of Daily Living: nail and foot care, bathing, dressing, grooming
- Served meals, helped with feeding and monitored those feeding themselves.
- Safely transferred people from bed or bath to wheelchair and assisted with ambulation

and transport.

- Participated in recreation activities and socializing.
- Cleaned and organized patient rooms and disposed of linens
- Used proper hand-washing, wore gloves and practiced infection control.
- Took and recorded vital signs: pulse, respiration, blood pressure, Input /Output
- Assist patients with showers / bed bath
- Assist patients with a escort on doctors appointments
- Pass medication to Resident that Qualify
- Follow up with doctors and hospice
- Re-order medicine and prescriptions