

# YESENIA VALLADARES

yesenia.valladares2371@gmail.com | 312-871-1078 | Oak Park, IL 60304

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## Summary

Dedicated Registered Nurse with more than 13 years of experience caring for patients. Well-versed in Joint Commission standards and typical hospital procedures focused on maximizing patient safety and maintaining strict cost controls. Highly organized and proactive in managing patient needs.

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## Skills

- Advanced Cardiac Life Support (ACLS) certification
- Bi-lingual in English and Spanish
- Patient care planning
- Nursing Plan Development
- Patient discharging
- Patient Care
- Patient education and counseling
- SBAR communication
- Mobility Assistance

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## Experience

**Registered Nurse** | Lutheran General Hospital for Premier Medical Staff - IL | 11/2021 - 01/2022

- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Updated physicians on patient test results and assisted in developing care plans.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.

**Registered Nurse** | Rush Oak Park Hospital - Oak Park, IL | 09/2008 - 11/2021

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects
- Assessed patient health needs by reviewing and tracking EKG readings to address telemetry readings and quickly inform teammates on stability or acuity changes
- Consistently assessed and evaluated patients' health needs by coordinating across medical disciplines to create, implement and modify personalized care plans.

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## Education and Training

Chamberlain University | Downers Grove, IL | 08/2013

**Bachelor of Science:** Nursing

Elgin Community College | Elgin, IL | 05/2008

**Associate of Applied Science:** Nursing

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## Certifications

Basic Life Support (BLS) Certification 10/7/2021-10/2023  
Advanced Cardiovascular Life Support (ACLS) 03/2022-03/2024

- Bi-lingual in English and Spanish