

Shana Mitchell

South Holland, IL 60473

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Versatile Registered Nurse seeking to use my knowledge, leadership skills, and passion for others, as well as, learning to broaden my experiences in servicing others.

Authorized to work in the US for any employer

Work Experience

Agency Nurse- Medical Surgical/Tele (Float Pool)

Supplemental Health Care-Carle Health Hospital - Champaign, IL

May 2022 to July 2022

- Coordinated with Respiratory Therapists in regards to patient needs for supplemental oxygen
- Contacted assigned medical team members for determination of advanced care needs
- Continuously assessed patient health status in determination for proper floor assignment
- Managed 6:1 ratio and determined proper acuity level for assignment
- Ensured safety measures and documentation was accurate prior to shift end time

Agency Nurse- Telemetry-4SP

Supplemental Health Care- Little Company of Mary - Evergreen Park, IL

January 2022 to May 2022

- 70-bed Telemetry unit
- Monitoring patient condition, including interpreting and tracking EKG readings, identifying irregular readings and updating team members
- Prepared patients for surgery; including but not limited to Heart Catheter, Pacemakers, and ICDs
- Administration of blood while following protocol in related abnormal values
- Provided clinical care to patients, IV-therapy, wound care and injections through appropriate route

Agency Nurse- Medical Surgical (Float Pool)

Supplemental Health Care- Carle Health Hospital- Carle Internal Agency - Champaign, IL

June 2021 to December 2021

- Performed all responsibilities and duties required by unit as specific to the scope of service.
- Delegated patient care tasks/responsibilities to assigned HCT's and validates completion of delegated tasks throughout the shift
- Maintained patient safety as the highest priority level: ensuring safety measure compliance such as fall precautions, pressure ulcer prevention, isolation precautions and patient ambulation safety
- Utilized critical thinking to evaluate the overall patient condition and uses nursing judgement to identify and act on changes in patient status
- Responsible for patient and employee safety by reporting and/or correcting safety hazards and incidents.

Agency Nurse- Medical Surgical (Float Pool)

Aya Healthcare- Howard University Hospital - Washington, DC

January 2021 to April 2021

- Acted as Charge Nurse on Medical-Surgical Unit 2C
- Participated in Float Pool unit assignments to better assist staffing nurse to patient ratios
- Assisted with the overflow of Emergency Department bed placement
- Provided nursing education to patients in regards to Coved testing procedures, diagnostic testing, and vaccination information
- Maintained narcotic treatment/management to provide pain relief to patients
- Maintained stringent hygiene standards on units with disinfectants, PPE, and re-stocking of equipment
- Educated administrative staff on implementation of new policies to newly reformed units.

Registered Nurse

Medical-Surgical - Gary, IN

March 2020 to January 2021

- Managed up to eight patients with complex physical, mental and medical needs while promoting restoration of patients underlining health
- Acted as Charge Nurse on medical-surgical COVID-19 unit
- Completed training included but not limited to assaultive behaviors, emergency detention orders (EDO), Alcohol monitoring, suicide risk assessments and psychotropic medication administration
- Performed initial and on-going assessments with complete psychosocial, environmental, self-care, educational and discharge planning.
- Provided direct patient care to patients with high acuities that are respiratory, cardiac, and neurologically impaired.
- Demonstrated critical thinking skills, specific judgment, and organizational skills while adjusting priorities when necessary.

Certified Nursing Assistant

Department of Veteran Affairs, Hines Jr. Hospital - Hines, IL

March 2017 to March 2020

- Conferred with multidisciplinary healthcare team to help effectively manage patient conditions with regular testing and vitals assessments.
- Assisted patients with mobility needs, including moving to and from beds, organizing wheelchair's and preparing assistive devices.
- Demonstrated clinical competence consistent with departmental policies, procedures and protocols.
- Complied with all hospital guidelines and performed hands-on nursing care to patients under RN supervision.

Rehabilitation Coordinator

QIDP - Chicago, IL

December 2014 to March 2017

- Designed and introduced leadership development, coaching and team management model, resulting in promotion of employees into increased levels of responsibility.
- Conducted home-based primary care visits to initiate individualized care plan for developmental and neurological delays
- Developed and updated policies and procedures, maintaining compliance with statutory, regulatory and local, state and federal guidelines relating to HIPAA, benefits administration and general liability.
- Generated and reviewed incident reports, actualizing appropriate corrective action plans to mitigate ongoing and potential situations.

- Implemented best practice standards for billing resulting in substantial reduction of accounts receivable delays.
- Advocated for clients who were unable to speak for themselves in situations that required immediate action and act as a liaison between the client, family and other healthcare professionals.

Education

Bachelor of Science in Nursing

Resurrection University - Chicago, IL
August 2018

Bachelor of Science in Public Health

Eastern Illinois University - Charleston, IL
May 2014

Nursing Licenses

RN

State: IL

RN

State: IN

RN

State: AR

Skills

- EPIC Electronic Health Record System
- EKG Completion
- American Heart Association, Basic Life Support (BLS)
- Previous Quality Care Assurance Committee Member
- Home Based Case Management, QIDP
- Patient Consultation, Individualized Service Planning (ISP) for Intellectual and Developmental Disabilities
- Hospital Experience
- Nursing
- EMR Systems
- Medication Administration
- Medical Records
- Patient Care
- Experience Administering Injections

Certifications and Licenses

BLS Certification

ACLS Certification

CNA

AED Certification

CPR Certification