

Laura Garnica

Lake Elmo, MN

-Email me on Indeed: <http://www.indeed.com/r/Laura-Garnica/abe01c05126240d2>

Authorized to work in the US for any employer

Work Experience

CNA - Certified Nursing Assistant

Episcopal Homes of Minnesota - Saint Paul, MN

May 2021 to September 2021

- Provide high-quality care for 10 elderly patients.
- Assist in walking, bathing, toileting, transferring, dressing, feeding, cooking, and other activities of daily living for residents.
- Comfort, dialogue and build connections with residents.
- Work as a team with aides and nurses to ensure the best quality care for residents.
- Support and encourage residents to participate in group activities.

Volunteer

Woodwinds hospital - Woodbury, MN

February 2019 to April 2020

Provide assistance and care to new or awaiting mothers

- Gather essential supplies for mothers and babies

Offer aromatherapy services to orthopedic patients

- Apply warm cloth + essential oils compresses on patients' desired location

Education

Associate in Science (AS)

Century College - White Bear Lake, MN

August 2019 to Present

High school diploma

Woodbury Senior High School - Woodbury, MN

August 2017 to June 2020

Skills

- Customer service
- Computer skills
- Caregiving
- Food service
- Cooking

- Bilingual
- Senior care
- Spanish
- English
- Hospital experience
- Multilingual
- ADLs
- Organizational skills
- Vital signs
- Computer operation
- Patient Care
- Dementia Care

Languages

- Spanish - Fluent
- English - Fluent

Certifications and Licenses

Basic Life Support (BLS)

December 2023

Certified Nursing Assistant (CNA)

May 2023

CPR Certification