

Allyson Lindgren

RN, BSN - Student FNP

Champaign, IL 61822

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Reliable and compassionate RN with experience in providing quality care to a wide variety of patients in various settings ranging from inpatient medical-surgical, critical care, and via tele-health triage. Possesses a Bachelor of Science in Nursing degree and currently working towards the completion of my Family Nurse Practitioner program.

Authorized to work in the US for any employer

Work Experience

Staff RN

Carle Hospital - Urbana, IL

May 2020 to Present

PATIENT ADVISORY NURSE - REMOTE

- Performs health assessment via telephone using adult and pediatric protocols
- Provides education and counseling to patients, family, and groups via telephone
- Provide transitional support for alert labs on patients who transferred from the acute care setting to another institution
- Primarily provides telehealth triage for acute needs of ambulatory patient population from the Carle organization and community at large as well as contracted services to additional health systems and Health Alliance

RN Staff Nurse

Providence Saint John's Health Center - Santa Monica, CA

January 2018 to August 2019

CRITICAL CARE NURSE

- Provided exceptional patient care to critically ill patients with high acuities on a 1:1 and 1:2 staffing ratio basis
- Worked in a team environment with an intensivist on staff 24 hours at a time; immediately reported critical values and changes in patient status
- Observed patients' vital signs and implemented interventions based on physician order, critical thinking, and assessment skills

Staff RN

Kindred Healthcare - Los Angeles, CA

September 2017 to January 2018

MEDICAL-SURGICAL / LONGTERM ACUTE CARE NURSE

RN Staff Nurse

Carle Hospital - Urbana, IL

January 2016 to August 2017

MEDICAL-SURGICAL NURSE

- Utilized the nursing process to assess, plan, intervene, implement and evaluate patient care
- Monitor and report patient status and condition
- Administration of medication and interventions as ordered by the physician
- Evaluate patient knowledge and educate as needed
- Completion of the new-graduate Nurse Residency Program
- Charting and communicating through EPIC

CNA - Certified Nursing Assistant

Clark Lindsey Village - Urbana, IL

July 2014 to January 2016

- Nursing home and rehabilitation facility
- Provided compassionate and comforting care
- Assisted residents with activities of daily living including helping with meals, transferring using assistive devices, bathing, dressing and grooming
- Performed vital signs and patient monitoring
- Worked under the direction of nurses and as a team
- Documented all care

Waitress

Cabos Mexican Grill - Champaign, IL

December 2013 to July 2014

- Worked at a restaurant
- Handled a high volume of customers regularly
- Welcomed customers as they arrived
- Took orders
- Served food
- Checked on customers frequently
- Set up payments by POS
- Kept the restaurant clean and sanitary

Barista

iCafe - Champaign, IL

May 2012 to January 2014

Student Nurse Practitioner

Swanson Family Practice - Danville, IL

July 2021

Student Nurse Practitioner

Chrisman Family Practice - Chrisman, IL

July 2021

Education

Master of Science in Family Nurse Practitioner

Chamberlain College of Nursing-Illinois

October 2018 to February 2022

BSN in Nursing (RN to BSN)

Chamberlain College of Nursing

2017 to 2018

ADN in Nursing

Parkland College - Champaign, IL

December 2015

General Studies

Illinois State University

2012 to 2013

Nursing Licenses

RN

State: IL

RN

State: CA

Skills

- Electronic Medical Records
- EPIC
- Customer Service Skills
- Healthcare
- Acute care
- Nursing
- Medication administration
- Phlebotomy
- Hospice care
- Team Work
- Flexibility
- Reliability
- Problem-solving
- Critical care experience
- Caregiving
- Hospital experience
- Vital signs
- Microsoft Office
- ICD coding
- CPT coding
- ICU Experience

- Patient Monitoring
- Triage
- Patient Care

Certifications and Licenses

Basic Life Support (BLS)

Advanced Cardiovascular Life Support (ACLS)

Registered Nurse (RN)

State of California & Illinois

Assessments

Clinical judgment — Highly Proficient

September 2021

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Highly Proficient](#)

Protecting patient privacy — Highly Proficient

September 2021

Understanding privacy rules and regulations associated with patient records

Full results: [Highly Proficient](#)

Patient-focused care — Highly Proficient

September 2021

Responding to patient concerns with sensitivity

Full results: [Highly Proficient](#)

Medical terminology — Expert

September 2021

Understanding and using medical terminology

Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.