Tanya Barrera BSN, RN

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(214) 552-7715

5436 Norris Dr., The Colony, TX 75056

**EDUCATION**

**Texas Women’s University**- Masters of Science in Nursing, Family Nurse Practitioner, Started May 2021

**University of Texas at Arlington**- Bachelors of Science in Nursing, Completed May 2019

**Grayson College**- Associates of Science in Nursing, Completed May 2014

**CERTIFICATIONS**

**Basic Life Support (BLS) Training**

* August 2021-2023

**EXPERIENCE**

**Seasonal Ortho/Trauma Registered Nurse,** McKinney,TX September 2021-Current

*Medical City McKinney*

* Provide excellent nursing care to patients undergoing elective orthopedic procedures, as well as to patients who have suffered injuries from a traumatic event.
* Utilize strong nursing judgment and critical thinking skills to identify and implement nursing interventions related to multiple medical, psychosocial, emotional and pain demands.
* Facilitate the patient recovery process by coordinating discharge planning in collaboration with physicians , pharmacists, PT/OT and case managers.

**Urgent Care Registered Nurse/Care Programs Coordinator,** Mesquite, TX March 2020-September 2021

*Sanitas Medical Center Mesquite*

* Triage urgent care patients, perform tasks such as EKG’s, IV’s, medication administration, lab draws, prepare equipment, and assist with procedures. Observe patients in the observation room and assist in transferring patients to hospital as needed.
* Enroll patients in DM care programs; purpose is to prevent complications from DM by providing education and resources to patients. Assist in primary care as needed.

**Endoscopy Recovery PRN Registered Nurse,** North Richland Hills, TX June 2020-March 2021

*Digestive Health Associates of Texas*

* Recover patients who have undergone an endoscopic procedure and assist in pre-op as needed.
* Continuously monitoring patients’ vital signs after procedure, report abnormal values or change in patient status to physician
* Review discharge instructions with patients and family members. Educate patients on diet and medication modifications post procedure.

**Medical Surgical Registered Nurse,** Irving, TX July 2015-December 2019

*Medical City Las Colinas*

* Plan and implement a daily plan of care depending on the patient's diagnosis. Diagnoses include, but not limited to, CHF, pneumonia, hyperglycemia, sepsis, stroke, and anemia.
* Provide care to patients who have transferred from the OR, ER, MST and ICU/PCU.
* Transferred to PCU September 2019-December 2019; gained experience in low to intermediate acuity levels

**Orthopedic Trauma Registered Nurse,** Denison, TX October 2014-June 2015

*Texoma Medical Center*

* Assisted and provided orthopedic trauma care to patients who have undergone elective surgery and surgery due to a traumatic event. Surgical examples include colon resection, cholecystectomy, appendectomy, I&D’s, total hip and knees, ankle ORIF, shoulder replacement.
* Collaborate with interdisciplinary team members to assist patients with post-operative care (Physical therapy, pharmacy & case management)

**LANGUAGES**

* Fluent in Spanish.