

Calli McBride

Registered Nurse

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RN with almost 9 years experience. I have been working as a hospice case manager for the last year, and as of March 2022, I am working in hospice PRN and have begun a new journey as an Instructor/Clinical Instructor for Nurses Aides. I began my BSN-MSN bridge program in 2019, and completed the BSN portion in 2019. I completed the first 2 masters courses with honors in 2020. After a much needed break due to working through the pandemic, I plan to resume this upcoming fall. I will have 2 years before I finish my Masters program and graduate as a Family Nurse Practitioner. After my degree, I wish to pursue a position in a primary care setting, however I am also interested in specializing in areas such as Women's health, Public Health, and Psych/behavioral health.

Authorized to work in the US for any employer

Work Experience

Instructor for Certified Nursing Assistants

Tidewater Medical Training - Virginia Beach, VA

March 2022 to Present

RN Hospice Case Manager

Compassionate Care Hospice, an Amedisys Company - Virginia Beach, VA

March 2021 to Present

ICU RN

Bon Secours Mercy Health - Portsmouth, VA

July 2020 to March 2021

I care for patients in a critical care setting. Perform frequent, detailed assessments and report findings to providers. Titration of life saving drips. Monitor strict intake and output of each patient. Maintain patients on life support ventilators. Total care of all patients. Obtaining frequent lab work, administration of medications, maintenance of arterial lines and central lines. Working closely with critical care Nurse Practitioners, Physician assistants, and Doctors. Constant assessments of patients and charting findings. Maintenance of gastric tubes, oral gastric tubes, peg tubes, and foley catheters. Starting and maintaining IV sites. Frequently performing CPR and ACLS. Implementation of various protocols such as hypothermia protocol, CRRT (continuous renal replacement therapy), using warming devices, etc. Assist NPS/Pas in placement of central lines and arterial lines.

RN Supervisor

Kempsville Center for Behavioral Health - Norfolk, VA

December 2019 to July 2020

In the first 3 months, I was an acute child and adolescent psychiatric and behavioral registered nurse. I performed assessments and safety searches on incoming admissions. Dispensed medications to children and adolescents while monitoring for side effects and symptoms of Extra Pyramidal Symptoms of

medication. We assess for Abnormal Involuntary Movements and report changes to the doctor. I obtained urine specimens for drug screens, pregnancy tests and urinalysis. Count narcotics and safely receive and put away during delivery from pharmacy. Each shift, suicide risk assessments are completed, and if changes are noted, the doctor is notified and decides whether to change a patient's observation as well as consider changes to privileges that may put patient safety at risk. that If a patient is placed in a hold restraint for violent behavior to themselves or others, I monitor the patients skin and breathing for the entire hold of 30 minutes or less. Monitor patients in seclusion if ordered by doctor. Give chemical restraints as ordered by doctor as last resort, and monitor for signs of EPS as well as patient's overall status. Complete nurses notes on all patient each shift. Report changes to doctor as they come. Ensure mental health techs are adhering to observation order for each patient (whether a patient is observed every 10 minutes or 15, or require 1 to 1 at all times) for safety.

In March of 2020, I became charge nurse of the unit, then promoted to Supervisor of both the acute and residential nursing departments. In this position, in addition to the above responsibilities, I supervise all mental health techs and nurses and report to the Director of Nursing. I ensure charts are complete, as well as all seclusion and hold paper work, admission and discharge paperwork. I thoroughly check and ensure electronic chart is filled out and up to date for each patient, as well as double check that orders are Input correctly and make sure consent from parents has been obtained by parents. I perform nightly checks to all equipment including crash cart, blood glucose machines and refrigerator thermometers. I update staff schedules and follow a staffing grid to ensure the facility is staffed appropriately and safely. I ensure mental health techs are adhering to rounding schedule and maintaining patient safety as a priority. I work with the Director of nursing and nursing staff to ensure seclusions and holds are kept to a minimum and used only as an absolute last resort. I come in to help the acute and residential unit if there is a staffing shortage. I train new nurses and work with the Director of Nursing to implement company policies as well as make appropriate unit changes to ensure we are giving the best possible care and maintaining safety to our staff and patients.

RN Case Manager/On Call

Heartland Hospice and Home Care - Virginia Beach, VA
December 2016 to January 2020

I have worked as a registered nurse case manager for in home hospice patients til May of 2019. I now currently work PRN and on call. My duties prior to going PRN included:

Managing a case-load of 15-20 patients.

Admitting patient's to hospice.

Assess the patient's using a holistic approach, addressing medical, spiritual and emotional needs.

Ensure patients are given a chance to complete a last wish.

Educating families and patients on the disease process and the dying process.

Assess patients for pain and other disease related symptoms and treat accordingly.

Work independently and also as a team with my supervisors, nurse practitioner, medical director, chaplain, bereavement counselor, and social workers.

Worked under a nurse practitioner and medical director to carry out orders and treatments.

Attended bi-weekly interdisciplinary meetings to discuss the care plans of each patient, update orders, discuss interventions needed.

Supervised LPNs and CNAs.

Conducted supervisory visits for CNA's.

Created care plans for CNAs tailored to the patients individual needs.

Maintained PICC lines, medi-ports, and PCA pumps.

Inserted foleys and taught caregivers proper foley care.

Ordered medications and equipment for each patient.
Provide education on medications.
Discontinue non-necessary/un beneficial medications.
Assess families and patients for needs outside of my scope, such as bereavement, chaplain, volunteers, and social work.
Provide emotional support for families during the patients time of passing.
Pronounce patient's if they pass, call the funeral home, and provide post mortem care.

As a PRN and on call nurse:

I complete evaluations on patients in hospitals, at home, or in facilities to see if they are hospice appropriate. If they are, I admit them to hospice with the physician's order.
I remain on call for 12-15 hour shifts, where I drive to patient's homes to manage their pain and symptoms.
I also help patients who are actively dying remain comfortable, and I provide emotional support for the family.
Pronounce patients who have passed away, provide post mortem care. Dispose of narcotics with a designated family member.
Provide education at every visit on pain management, anxiety management, disease process, and they dying process.
Education on medication regimen.

RN Oncology

Sentara Healthcare - Virginia Beach, VA
November 2015 to August 2016

Assess patients and implement appropriate nursing interventions based on those assessments.
Administer medications including oral chemotherapy, biotherapy agents, cardizem drips, insulin drips and start/monitor PCA pumps for pain management.
Assess pain and report uncontrolled pain to doctors to change pain control regimen.
Work with palliative care team to ensure each patient's pain is being adequately controlled prior to discharge.
Admit and discharge patients if patient is stable.
Monitor heart rate and blood pressure prior to heart medications, and assess vital signs every four hours.
Screen patients for risk for sepsis and increase vital signs as needed to monitor more closely, report to MD if patient is showing signs of developing sepsis.
Perform daily venipuncture for laboratory work.
Start IV's and administer intravenous fluids.
Monitor intake and output.
Supervise care partners (nurse assistants)
Assess patients skin and turn and reposition patients who cannot ambulate or turn themselves.
Accurate and thorough documentation of events and assessments each shift.
Maintain sterile technique during sterile procedures.
Provide emotional support for patients and families during difficult times.
Advocate for patients and families and help bridge the communication between patients, doctors and hospitalists.
Perform incontinence care.
Place and remove foley catheters and perform foley care.
Report any change in status of a patient to charge nurse and call for Medical Response team as appropriate.

Call MD to report changes in blood pressure, heart rate, mental status and adverse reactions to medications.

Assess wounds each shift and perform wound care as ordered.

Tidy patient rooms and ensure a safe path for ambulation throughout room.

Assist patients with ambulation around unit, room or to the restroom.

Monitor patients' eating habits and ensure correct diet is ordered.

Perform post-mortem care and call families when a patient deceases.

Assess each patient's need for physical therapy, occupational therapy, speech evaluations, palliative care, and chaplain consults.

Implement individual nursing care plans update as needed.

Conduct chart reviews and clean up chart as needed.

Give thorough report to the nurse coming to relieve me at change of shift.

RN Case Manager

Gentiva Hospice, Affiliate of Kindred at Home - Virginia Beach, VA

March 2015 to October 2015

Provide full scope in-home and hospital nursing care, hospice care and case management for 16-18 patients.

-Conduct recurrent assessments, planning, evaluation, and documentation of assigned cases.

-Implement nursing interventions and coordinate the delivery of patient/family interdisciplinary plan of care.

-Participate in weekly interdisciplinary meetings with the Medical Director, Dieticians, Medical Social Workers and Spiritual Coordinators to discuss patient's plan of care.

-Educate families and patients on disease processes, pain management, and medication administration.

-Provide emotional support to families and patients from start of hospice services to end.

-Coordinate delivery of care, supervising and quality-assuring the efforts of medical services professionals.

-Handle Medicare eligibility justifications/documents

-Adjust care plans to address the full range of emergent patient diagnostic developments.

RN Case Manager

HEARTLAND HOSPICE SERVICES - Virginia Beach, VA

November 2014 to March 2015

Provide full-scope in-home and hospital nursing care, hospice care and case management for an average of 18-22 patients.

-Conduct recurrent assessments, planning, evaluation, and documentation of assigned cases.

-Implement nursing interventions and coordinate the delivery of patient/family interdisciplinary plan of care.

-Regularly participate in on-call coverage.

-Coordinate delivery of care, supervising and quality-assuring the efforts of medical services professionals.

-Adjust care plans to address the full range of emergent patient diagnostic developments.

-Handle Medicare eligibility justifications/documents.

RN Supervisor/Charge Nurse

Golden Living Centers - Gettysburg, PA

July 2013 to September 2014

Supervise Licensed Practical Nurses, CNAs, and other personnel including other Rns.

- Assess resident needs and develop individual care plans
- Oversee 100 patients under the care of other nurses
- Monitor facilities census and change staffing as needed to meet state standards
- Orient new LPNs and Rns
- Administer IV antibiotics and IV flushes, maintain PICC lines.
- Plan admissions and discharges for residents
- Manage units of 25+ residents including hospice, short term rehab and long term care residents when working as a charge nurse
- Administer medications
- Interpreting lab results and contacting the physician when results are irregular
- Perform end-of-life care and assist families with coping through the loss of a loved one
- Pain management, especially for cancer, rehab, and hospice patients
- Educate residents and families on diabetes, renal failure, and heart failure management
- Delegate appropriate tasks to CNAs and other nurses
- Make quick, critical decisions without a doctor present
- Schedule appointments for residents
- Perform weekly skin assessments as well as quarterly and annual health assessments
- Assess need for therapy/speech therapy screens
- Wound care treatments while maintaining a sterile environment
- Perform tracheostomy care
- Perform peritoneal dialysis
- Administer feedings via G-tube while regularly checking placement
- Update families of all new orders and changes of status
- Working with many residents with psychiatric disorders ranging from depression, bipolar and schizophrenia
- Accurate and precise documentation throughout entire shift

Education

Master's in Family Nurse Practitioner

Chamberlain College of Nursing-Illinois

July 2020 to Present

Bachelor's in Nursing

Chamberlain University College of Nursing

January 2019 to December 2019

AS in Registered Nursing

Hagerstown Community Collee - Hagerstown, MD

2010 to 2013

Skills

- Microsoft Office (10+ years)
- Typing (10+ years)
- Teaching Assitant (1 year)
- Care Management

- Case Management
- Hospital
- Home Health
- RN
- Home Care
- Nursing
- Pain Management
- Medication Administration
- EMR Systems
- Hospice Care
- Experience Administering Injections
- Experience Administering Injections
- Epic
- Triage
- Supervising Experience
- Acute care
- ICU Experience
- Critical Care Experience
- Tube Feeding

Links

https://www.linkedin.com/in/calli-mcbride-20444772?trk=nav_responsive_tab_profile

Certifications and Licenses

Registered Nurse (RN)

CPR/AED

October 2015 to October 2017

BLS Certification

Assessments

Nursing Aide Skills — Expert

September 2019

Providing nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Expert](#)

Nursing Skills: Clinical Judgment — Expert

September 2019

Assessing a patient's condition and implementing the appropriate medical intervention.
Full results: [Expert](#)

Nursing Skills: Clinical Judgment — Expert

November 2019

Assessing a patient's condition and implementing the appropriate medical intervention.
Full results: [Expert](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Groups

Ignite Norfolk church group

September 2015 to January 2016

In addition to attending small bible study groups, we also have a food pantry for ODU students, provide "hot meals and homework" help for poor children in the Norfolk area, and we have adopted the entire 4th grade at James Monroe Elementary. We take students on field trips, participate in arts and crafts and learning.