

JACALYN PEKALA

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Summary

Massachusetts State Board Certified Registered Nurse with over 44 years of experience delivering high-quality care to patients in ER and Surgical care units. Proven leader effective at uniting and guiding nursing teams toward achieving patient care goals, improving satisfaction and continuously supporting wide-spread healthcare system improvements. Focused on continuously advancing expertise in Advancement while driving innovation.

Skills

- Wound cleaning/care expertise
- Electronic charting
- Unit administration
- Medical screening
- Patient monitoring
- Geriatric treatment knowledge
- Checking oxygen levels
- Medication and IV administration
- IV and venipuncture certified
- Laparoscopic procedures familiarity
- Administering medicines
- IV drug therapy management
- OR and ER experience
- Body mechanics knowledge
- Direct patient care
- Diabetes management
- Life-sustaining machines
- Gastrostomy tube care
- Critical care
- Performing bladder scans
- Tracheostomy care

Experience

Registered Nurse | St Vincent's Hospital - Worcester, MA | 12/2014 - Current

- Educated patients and families on treatment strategies and at-home care.
- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Addressed unit staff concerns, including staffing ratios, resource management, allocation of responsibilities and optimized workload management.
- Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information used to create focused treatment plans and manage ongoing care.
- Maintained composure and efficiency during rapid response situation and emergency codes.
- Supervised 26-bed telemetry unit while providing direct patient care to acutely ill patients.
- Communicated with primary care physicians or emergency care providers to relay patient needs.

Emergency Room Registered Nurse | Sy Vincents Hospital - Worcester, MA | 12/1999 - Current

- Triage and treated high-volume caseload in busy emergency room setting.
- Used facility EMR system to update patient records, transmit prescriptions and transfer files.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information used to create focused treatment plans and manage ongoing care.

Education and Training

Quinsigamond Community College | Worcester, MA | 1999

Associate Degree in Nursing

David Hale Fanning | Worcester,ma | 1976

Licensed Practical Nurse

Certifications

- Pediatric Life Support (PALS) Certification 2019
- CPR certified through American Heart Association
- Basic Life Support (BLS) Certification 2018

PALS

Pediatric life support
arrhythmia certificat