

Bridget Lastrapes

NURSE EDUCATOR - ADON

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Goal-directed oriented professional with a strong extensive nursing background and education. Skilled communicator, persuasive and adaptable. Self-motivated with high energy, initiative and focus. Keen insight into the needs and views of others - able to listen and identify issues of personable, and articulate in presentation.

Areas of strength include:

- Comprehensive medical/psychiatric nursing knowledge
- Communication/Negotiation/Facilitation
- Problem Solving/Decision Making
- Client Relations
- Flexible/Assertive/Adaptable
- Presentations/Training
- Documentation/Writing
- Quality Assurance
- Work Independently
- Management
- Consultant

Work Experience

NURSE EDUCATOR

ADON - Dallas, TX
March 2019 to Present

Assists with day-to-day functions within the nursing department and coordination of nursing service programs within the facility. Reviews staff performance and ensure state standards of quality care are adhered to. Provide in-services weekly and as needed. Ensure that employee documents are current (i.e. CPR, Annual TB skin test, etc) and monthly drills are completed timely per state recommendations. Distribute and collect monitoring tools, reviews and trends of collected data to identify issues and areas for improvement. Assists with the coordination of all aspects of the facility infection prevention and control program. Directly involved with activities directed toward prevention and control of healthcare-associated infections. Serves as an infection prevention and control consultant for facility staff, patients, and the community.

ASSISTANT DIRECTOR OF NURSING/
HEALTH INFORMATIONS MANAGER

nursing consultant at the Massachusetts campus

Addiction Campuses of Texas - Scurry, TX
February 2015 to April 2019

Scurry, Texas

180-bed facility, TJC accredited. All addiction statuses (Detox, RTC, IOP, and PHP). Supervised 30-50 nurses and behavioral health techs. Coordinated nursing in-services and nursing education to all departments. Created a multitude of documents for both hard copies as well as computerized. Assisted with policy and procedure writing. Served as a nursing consultant at the Massachusetts campus. Chart auditing of all departments and creation of documents. Scheduler of 50+ staff members.

CHEMICAL DEPENDENCY CHARGE NURSE/PRECEPTOR

Greenhouse Treatment Center - Grand Prairie, TX

March 2012 to May 2015

120-bed free-standing Residential Treatment Center and Intensive Outpatient Program treating adults of all ages for co-occurring disorders of addictions and mental health disorders. This facility supports the focus of a well-balanced treatment program including medical and psychiatric management of detoxification, supportive group and individual therapies and wellness program. Worked in the capacity as weekend charge nurse, supervising Licensed Vocational Nurses and Behavioral Health Technicians. Administered and monitored medications, side effects and adverse reactions. Educated patients about health, wellness, and coping skills. Monitored environment and nursing personnel practices to ensure safety, cleanliness, and compliance with all company policies and government regulations.

HOME HEALTH LICENSED PRACTICAL NURSE

A-Unified Home Health Agency - Mesquite, TX

February 2011 to February 2012

Hunter Home Health Agency

Desoto, TX

Ani Home Health Agency

Desoto, TX

Provided services to above home health agencies simultaneously

Responsible for delivering the highest quality patient care according to the specific orders of each permanent or temporary homebound patient's physician. Provided routine visits to several patients throughout the workday. Exhibited good judgment, critical thinking, and reasoning skills as well as the adaptability necessary to fulfill the needs of and maintain the boundaries required by each family. Demonstrated communication and interpersonal skills, along with a firm dedication to customer service. Delivered care based on Standards of Practice for the particular state of practice, maintaining compliance with company policy and regulatory requirements. Specific duties included:

- Oasis Assessments (assisting RN)
- Medication administration
- Administration of prescribed treatments and therapies
- Care planning
- Communication with other members of the patients' multi-disciplinary team
- Supply management
- Emergency management
- Coordination of care
- Health promotion and teaching
- Training of family members
- Proficiency with Kinnser and Cradle Software
- Ability to work independently with minimal supervision

- Quality Assurance- focusing primarily on patient assessment, quality care, teaching of patients and caregivers and performance of skilled procedures. Monitored and evaluated clinical documentation insuring standards of quality were maintained by clinician.

PSYCHIATRIC LICENSED PRACTICAL NURSE

GENESIS BEHAVIORAL HOSPITAL - Breaux Bridge, LA

October 2009 to February 2011

- Medication administration to psychiatric clients in an inpatient setting. Delivers quality client care through assessment, monitoring and communicating observations and findings with physicians and other members of the treatment team.
- Coordinated admissions with the Admissions Department and obtains admission orders from the physician.
- Maintained and adheres to established infection control/ employee health program.
- Maintained compliance to all GBH policies and procedures, as well as, all state and accreditation standards.
- Provided detox assessments, history and physical reports.
- Develops detox treatment plans.
- Coordinated emergency medical care for medical and psychiatric emergencies.
- Ensured that documentation on all clients meets company and regulatory standards.

ASSISTANT DIRECTOR OF NURSING

PSYCHIATRIC - Opelousas, LA

December 2007 to October 2009

Providing psychiatric services to mentally ill individuals as well as clients with dual diagnosis such that as mental disorders coupled with chemical dependence and/or abuse. Identify physical, social and emotional needs of clients.

- Educated and counseled patients about health, wellness, coping skills, as well as other needed areas.
- Conducted Psycho-education groups.
- Monitored medications, side effects and adverse reactions.
- Referrals and consults followed through and monitored per physician's orders.
- Strong knowledge base of office equipment.
- Interviewed potential candidates
- Ensured that adequate CNAs and MHTs scheduled to care for our residents.
- Administer and Track TB testing and Flu vaccines for residents
- Coding experience
- Quality control and audit skills
- Assisted in employee training and development
- Execution of physician notification processes regarding medical record documentation deficiency & delinquency
- Identified document(s) needing to be re-scanned when image quality is poor and routes the account to the appropriate work queue for processing
- Addresses physician and other provider concerns/questions relating to medical record completion.

OUTPATIENT COORDINATOR

OPTIMA SPECIALTY HOSPITAL, LLC - Lafayette, LA

May 2006 to December 2007

Oversees and supervises broadest areas of intensive outpatient program. Ensures staff ability to communicate with various/disability populations, recognize abuse/neglect, transcribe appropriate medical terminology and provide emergency response and referral.

- Assigned, coordinated and tracked medical records to ensure timely and thorough completion of assessment and documentation.
- Maintained the overall medical record classification system and coordinates statistical analysis.
- Assessed client needs, design and implement comprehensive care plans.
- Dispatched and supervised mental health techs/drivers on a daily basis.
- Administered and track TB testing and Hepatitis B vaccines for new hires and current staff
- Administered and Track TB testing and Flu vaccines for residents.
- Lead CD education groups.
- Attended monthly staff meetings and required trainings
- Served on various organizational teams/committees and consults with other departments as needed.
- Coordinated lab work with venipuncture and medical appointments and referrals.
- Filing of loose documentation into the paper medical record
- Retrieval of paper charts
- Filing of paper charts
- Assisted physicians with paper chart completion
- Retrieved discharged medical records from various nursing units and ancillary departments as defined by department practice
- Assisted in reconciling retrieved medical records, compiled reports and/or automated reconciliation working closely with patient care units to ensure receipt of all records prior to courier pick up
- Batches, labels and routes loose reports, late charts and/or late documentation for scanning according to policy
- Scanned and indexed loose reports/documents that are identified as critical to coding and prioritizes according to policy
- Maintained and exceeded established productivity and quality standards.
- Requested and returned paper records from off-site storage as applicable.
- Retrieved and printed medical records (as applicable).
- Responsible for linking patients with physicians in order to promote continuity of care
- Practiced and adhered to the Company's "Code of Conduct" philosophy and "Mission and Value Statement"

Education

Associate Degree in Nursing Program

TARRANT COMMUNITY COLLEGE - Arlington, TX

April 2014 to Present

Master's in Nursing Administration

COLORADO TECHNICAL UNIVERSITY

February 2021

BSN

CONCORDE CAREER COLLEGE

June 2019

License in Nursing

NORTHWESTERN STATE UNIVERSITY - Lafayette, LA

August 1994 to May 1997

Bachelors in Registered Nursing Program

COLORADO TECHNICAL UNIVERSITY

Associates in Registered Nursing Program

LGMC SCHOOL OF HEALTH SCIENCES - Dallas, TX

Skills

- Public Speaking
- Teaching
- CPR