



VIRGINIA TRUPIA LASH

gingersnaps24102@yahoo.com | 540-814-2031 | Henry, VA 24102

Summary

Skilled Critical Care Float Pool Registered Nurse successful at applying nursing process to plan and implement quality patient care. Assesses and monitors patients to achieve optimal outcomes during critical recovery and care periods. Brings quality-focused and compassionate care approach. Compassionate Critical Care Nurse with **[38 plus]** years of nursing experience in hospital settings. Strong crisis management and triage skills to assess and attend to needs of multiple patients. Collaborating with interdisciplinary teams to deliver exceptional quality of care. Dedicated employee known for punctuality, pursuing employment options where good customer service and positive attitude will make a difference. Flexible hard worker ready to learn and contribute to team success. Hardworking and reliable and highly skilled RN with strong ability from the icu setting to resource float pool rn and mental health. rn. Highly organized, proactive and punctual with team-oriented mentality.

Skills

- Patient discharging
- Taking vitals
- Life-sustaining machines
- Decision-making
- Multitasking
- Organizational skills
- Troubleshooting
- Friendly, positive attitude
- Team management
- Customer service
- Analytical
- Problem resolution
- Computer skills

Experience

Veterans Affairs Medical Center | Salem, VA

Critical Care RN and Float Pool Resource Nurse

10/2021 - Current

- Directed care for patients in ICU, including implementation of treatment plan, monitoring vitals and administering medications.
- Monitored and managed various treatment and care interventions.
- Updated physicians on patient test results and assisted in developing care plans.
- Performed blood and blood product transfusions and intravenous infusions to address patient symptoms or underlying causes.
- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Supervised nurse administration of oral, intramuscular and IV medications to patients as prescribed, monitoring responses for adverse reactions.
- Maintained thorough, accurate and confidential documentation in electronic medical records.
- Advocated for patients by supporting and respecting basic rights, values and beliefs.
- Treated patients suffering from chronic and acute medical concerns,

including asthma, seizure disorders and pneumonia.

- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Worked toward team goals of medical unit and accounted for department and system-specific metrics.
- Monitored efficacy of nursing interventions and revised care plans based upon patient response.
- Evaluated intensive care patients, recognized and addressed complications and coordinated treatment with other members of critical care team.
- Delegated and supervised work of other nursing team members and support staff.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Educated patients on treatment plans, medications and aftercare procedures.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Liaised between patients, families and care staff in care delivery.
- Functioned as charge nurse and assumed patient care in absence of nurses ending or arriving for shifts.
- Provided direct care in critical care units, including surgical, cardiac, and neurological units.
- Prioritized patient care assignments based on patient conditions to achieve optimal outcomes.

Carilion Roanoke Memorial Hospital |
Roanoke, VA

RN, Critical Care

08/1988 - 08/2011

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- Evaluated intensive care patients, recognized and addressed complications and coordinated treatment with other members of critical care team.
- Delegated and supervised work of other nursing team members and support staff.
- Assisted patients with healing and recovery after surgery by closely monitoring and caring for wounds, answering questions and educating about continued care strategies.
- Prioritized nursing tasks and assignments and accurately reported patient status.
- Educated patients on treatment plans, medications and aftercare procedures.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases and injuries.
- Assessed patients' response to treatment and suggested ways to combat side effects.

Education and Training

Vwcc | Roanoke, Va

Associate of Science in Registered Nursing

05/1988

Accomplishments

CCRN

Certifications

- License 1988
- CCRN 1991
- NLN
- VA.NURING ASSOCIATION
- AACN