




Valerie Salem

REGISTERED LABOR & DELIVERY NURSE

703.743.4478 

valerieowenssalem@gmail.com 

1820 N Garrett Ave Apt 112
Dallas, TX 75206 

EDUCATION

BSN Nursing
University of South Carolina
Aiken, SC
2006

LICENSES & CERTIFICATIONS

RN
Registered Nurse
Commonwealth of VA
Expires February 2021
License #0001208206

NRP
Neonatal Resuscitation Program
7th Edition
American Academy of Pediatrics
American Heart Association
Expires October 31, 2020

BLS
Basic Life Support
American Heart Association
Expires September 2021

ACLS
Advanced Cardiac Life Support
American Heart Association
Expires September 2021

PROFESSIONAL PROFILE

Highly skilled nurse with vast hospital experience providing excellent direct patient care since 2005. As an experienced charge nurse, preceptor, clinical coordinator, float pool nurse and experienced nurse traveler I am seeking a full time travel contract. I will continue to provide safe and effective medical care with compassion and respect to every patient, The nurses, ancillary staff and all team members providing care to our patients will work as a team to give exceptional to our patients. I'm a firm believer in patient rounding and the continuity of care when caring for patient. I have had the privilege to work with healthcare professionals throughout our nation in many facilities, caring for diverse populations, high acuity patients and all types of LDR/LDRP models.

EXPERIENCE

Registered Nurse
Texas Health Resources - Dallas, TX - April 2020 - October 2020
Full time Labor & Delivery

Registered Nurse/Travel Contract
Texas Health Resources - Frisco, TX - December 2019 - April 2020
Labor and Delivery

Registered Nurse/Travel Contract
Frederick Memorial Hospital - Frederick, MD - July 2019 - December 2019
Labor and Delivery

Registered Nurse/Travel Contract
Culpeper Regional Medical Center - Culpeper, VA - April 2019 - July 2019
LDRP

Registered Nurse/Travel Contract
Holy Cross Hospital - Baltimore, MD - December 2018 - February 2019
Labor and Delivery

Reston Hospital Center - Reston, VA - August 2016 - August 2018

Provides safe effective care to as many as 6 patients on labor and delivery with minimal staffing. Able to manage a small team of nurses as charge nurse with large number of patients and small number of nurses (15:3 patient to nurse ratio under inclement weather). Continue to readily display excellent customer service to our patients and staff from patient to physician, nurse to ancillary staff, everyone plays a crucial role in providing excellent and safe healthcare to our community.

- 100% adaptive to changes within the unit and throughout the hospital. Safety of care and meeting compliance standards are priority. Ensuring properly working equipment in each labor room, promptly reporting/replacing/repairing equipment and supplies.
- Boosting staff morale with a positive attitude, listening to their needs and complaints, validating their concerns with reassurance followed by taking action to ensure those needs are met, then following up. Being part of the change to better the unit.
- Liaison between physicians and nurses, nurses and techs, patients and staff, etc. Communication is key to reducing patient fear, showing compassion when providing care is of daily importance as it develops the trust and bond between patient and LD team. Reporting staff needs to nursing supervisor to replace sick call, requesting staff from mother baby or tech from OR.
- Mentor to new graduate nurses, student nurses from our local colleges and travel



Valerie Salem

REGISTERED CHARGE NURSE

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AREAS OF EXPERTISE

Charge Nurse

High Risk Perinatal

Pregnancy

Advanced Fetal Monitoring

OR Circulator

Newborn Nursery

PACU Nursing

Pre-Op Nursing

OR Scrub Nurse

Labor, Delivery, Recovery

Special Care Nursery

OTHER SKILLS

Nurse Mentor

Detail-Oriented

Organized

Extremely fast learner

Excel under pressure

People person

Customer Service Specialist

Expert in creating custom Medical
Administration Records

EXPERIENCE continued

Registered Nurse/ Preceptor
Glens Falls Hospital - January 2012-2013

Transitioned to LDRP unit from LD successfully. Voluntarily cross trained to related units such as PEDS and special care nursery. Well skilled and proficient in providing care to three new units and worked between them seamlessly. Continue to expand nursing knowledge and experience with excitement and perseverance. The constant theme throughout my nursing career has and continues to expand and explore nursing knowledge whenever possible.

- Provided exceptional safe care to both mother and baby throughout the labor, birthing and recovery process. Followed by post partum and newborn care through discharge and patient transition from hospital to home.
- 1:1 Nurse to patient ratio in the absence of central monitoring, water birthing and majority patients choosing natural childbirth. Labor coaching at the bedside, developing communication skills to assist the patient and family through a healthy delivery.
- Preceptor to 2 nurses at the start of their first experience as registered nurses. Preceptorship of one year to labor and delivery post nursing program successfully completed by both new grads.

Registered Nurse
Decatur, GA - July 2009/2011

Staff RN to a busy unit of 18LDR's, 6LD OR's, delivering over 5,000 babies annually. First hospital in Atlanta area to offer cord blood donation, first personal nursing experience involving collection of cord blood and its importance. Experience taking care of highly diverse population of women, increased language barrier and first experience battling H1N1 to a population of people flying into an international airport close by.

- Efficient in delivering precipitous deliveries daily.
- Maintaining two active laboring patients safely and effectively.
- Initiating STAT C/S's timely with good outcomes for both mom and baby.
- Managing the triage station fast and effectively.
- OR circulator every other week with minimum of 5C/S's daily.
- High risk antepartum unit, 1:5 nurse to patient ratio.

Registered Nurse/Charged Nurse
Prince William Hospital /June 2007-2009

- Transitioned from a BSN graduate to staff nurse on busy LD unit. FT RN from beginner to novice in less than 2 years, working charge shifts by 18months successfully and efficiently.
- Volunteered to be trained to scrub in OR cases as well as spearheaded and be the first on the unit to become ACLS certified. Opportunity to go to several AWHONN trainings, reproductivity seminars and began learning to first assist in C/S's.
- Expert in meditech and CPN systems for charting and placing orders for patients. Became proficient as unit secretary, OR tech, staff nurse and charge nurse.
- Positive attitude toward fellow staff members and patients. Morale booster during the most stressful shifts.