

CHRISTIANA HAYFRON-BISSAH

CONTACT

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SKILLS

- Equipment Sterilization
- Nursing Consultation
- Medication Administration
- Patient Care Assessment
- Medical Recordkeeping
- Compassionate and Caring
- Preventive Healthcare
- Monitoring Vital Signs
- Clear Patient Communication
- Medical Supply Management
- Critical Thinking
- Patient Examination
- Immunizations and Vaccinations
- Creative Problem Solving
- Blood Draw and Sample Collection
- Patient Condition Monitoring
- Diet and Nutrition
- Patient Care Oversight
- Treatment Preparation
- Decision Making
- Medical Procedure Preparation
- Accurate Documentation
- Procedure Assistance
- Attention to Detail
- Care Coordination
- Treatment Recommendations
- Healthcare Program Planning
- Group and Individual Instruction
- Routine Examinations
- First Aid
- Unit Oversight
- Student Precepting

PROFESSIONAL SUMMARY

Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment. Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service. Ambitious Board Certified Registered Nurse with exceptional background of performance. Expert in all aspects of patient care with success in working with multidisciplinary teams to create care plans focused on helping patients recover from medical or surgical procedures and manage complex mental disorders. Accomplished in leading unit-based groups to improve delivery of care and patient satisfaction. Seasoned nursing professional offering proven clinical knowledge, natural interpersonal strengths and technical abilities. Knowledgeable about EMR charting, medication administration and interdisciplinary collaboration focused on optimizing patient care and support. Quality-focused and efficiency-driven leader. Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

WORK HISTORY

Registered Nurse, 07/2018 to Current

Piedmont Eastside Medical Center - Snellville, GA

- Managed care from admission to discharge.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Provided direct patient care, stabilized patients and determined next course of action.
- Kept optimal supply levels in treatment rooms, triage and other areas to meet typical patient loads.
- Organized and managed care of patients undergoing various therapies and procedures.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
- Monitored patient reactions to drugs and carefully documented findings.
- Participated in nursing simulation activities, evidence-based practice project implementation and competency development to further nursing education.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Led successful team comprised of RNs, LPNs and ancillary staff.

- Therapy and Counseling
- Treatment Plan Modification
- Medical Device Prescriptions
- Direct Patient Care
- Healthcare Personnel Supervision
- Prescription Drug Recommendations
- Microsoft Office
- Nursing Performance Assessment
- Delegation and Motivation
- Convalescent Care

- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Implemented medication and IV administration, catheter insertion and airway management.
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Oversaw delivery of care for patients on medical-surgical unit, providing direct care, delegating nursing assignments, and supervising team comprised of nurses, LPNs, technicians and unit clerks.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Minimized hospital stays with recovery-centered approaches, reducing average in-patient stay length.
- Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Audited charts and reviewed clinical documents to verify accuracy.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.

Licensed Practical Nurse, 06/2014 to 06/2018

Legacy Global Group - Norcross, GA

- Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
- Assisted with admissions, appointments, transfers and discharges.
- Documented accurate and complete patient information to address patient problems and expected outcomes.
- Managed patient care through closely monitoring respiration, blood pressure and blood glucose levels.
- Cared for wounds, provided treatments and assisted with procedures.
- Monitored, tracked and conveyed important patient information to healthcare staff to help optimize treatment planning and care delivery.
- Obtained biological specimens for ordered tests and prepared for laboratory transport.
- Collaborated with interdisciplinary team of healthcare and social service

providers to address patients' needs through effective intervention and care planning.

- Educated patients and caregivers on medical diagnoses, treatment options, chronic disease self-management and wound management.
- Obtained patient vital signs and input/output measurements from inpatients.
- Made valuable contributions to care-plan development and patient education processes backed by thorough research into client diagnoses.
- Used aseptic techniques to provide sterilized wound care and dressing applications.
- Comforted and counseled patients and families throughout care process.
- Delivered updates in patient status to charge nurse, recording changes in medical records.
- Collaborated with supervisor to assess patient needs, plan and modify care and implement interventions.
- Answered incoming phone calls from patients to provide basic assistance and triage medical concerns.
- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Performed functional assessments for admission and discharge.

EDUCATION

Bachelor of Science : Nursing, 12/2021
Colorado Technical University - Colorado Springs, CO

Associate of Science : Nursing, 12/2017
Herzing University - Birmingham Alabama

Licensed Practical Nurse : Nursing, 10/2007
Atlanta Technical College - Atlanta, GA

Certified Nursing Assistant : Nursing, 08/2003
Alford Healthcare International - Decatur, GA

CERTIFICATIONS

Advance Cardiac Life Support
Advance Stroke Life Support
Advance Life Support