

Fyruz Tabassum, RN

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OBJECTIVE

Driven and dedicated Registered Nurse with experience in various acute and chronic healthcare settings. Seeking an opportunity to leverage my experience and knowledge to effectively contribute to the health organization while further facilitating professional growth.

SELECTED WORK EXPERIENCES

Northside Hospital

September 2020 – January 2022

Registered Nurse - Renal and Oncology

- Responsible for the management and care of a variety of acute medical and surgical patients with the primary focus on renal and oncology care; typically upwards of 5-6 patients per shift
- Patient care delivery is grounded in critical thinking and in accordance with facility policies and procedures to provide patient-centered care and improve health outcomes
- Patient care encompasses complete and focused assessments; insertion of intravenous access and administration of fluid/medication therapy; performing wound, tracheostomy, and various drain care; transfusing blood products and initiating heparin drips
- Collaborated with physicians and the interdisciplinary team to provide prompt interventions in response to unstable patient conditions by remaining proactive in stressful situations and applying effective decision-making skills
- Provided health teaching and education from admission to discharge to patient and families. Primary focus encompasses consideration of cultural backgrounds, diverse education levels, and readiness to participate in care with the purpose of facilitating patient control over health outcomes

Sunrise Senior Living

February 2019 – August 2020

Wellness Nurse

- Worked closely with the resident care director to maintain clinical quality assurance and ensure care is provided at the level of institution policy and standards
- Utilized effective time management and prioritization skills to allocate resources and improve client outcomes
- Followed up with and ensured all physicians orders and residents' health needs are met, accurate and up to date
- Liaison between clients and health providers, pharmacy, insurance services and families/POA
- Assisted in overseeing medication care administration

Caregiver

- Multitasked in a rapidly changing work environment to provide holistic care tailored to individual residents' health needs. Ensure resident safety, monitor, and report changes in behavior/health status, lead group/individual activities tailored to stimulate physical and cognitive functions

Policy Research Institute of Bangladesh (PRI)

February - December 2018

Administrative Assistant

- Delegated tasks to event staff in organizing economic conferences
- Communicated with guest speaker and journalists to assess quality assurance needs for upcoming events
- Scheduled meetings, entered data and summary reports, prepared, and mailed outgoing correspondence
- Labeled, organized, and filed records and documents

Sunrise Senior Living

August - November 2017

Caregiver

- Built meaningful and reliable relationships with residents and their families, communicated new or changes in existing health conditions to a multitude of health care members.
- Developed individual service plans, assisted resident with daily life skills, and provided appropriate diets

SELECTED CLINICAL EXPERIENCES

The Scarborough Hospital

January - April 2016

Student Nurse: Nurse Resource Team

- Increased flexibility and adaptability due to roles and responsibilities that varied while working on different units between two hospitals, based on staffing requirements
- Collaborated effectively with physiotherapists, social workers, respiratory therapists, and other members of the multidisciplinary team to provide patient- and family-centered care
- Utilized the nursing process to meet the health care needs of a diverse patient population while performing a multitude of nursing skills and promoting patient autonomy

Seven Oaks

September - November 2015

Student Nurse

- Provided nursing care to residents (distributing medication, dressing changes, teaching, documentation, and providing flu vaccinations to residents and staff)
- Maintained communication and accountability through clear shift reports and documentation
- Formulated and conduct audits throughout the facility (infection control and falls risk management)

EDUCATION

Bachelor of Science, Nursing

- Ryerson-Centennial-George Brown Collaborative Nursing Degree Program June 2016

LICENSURES, QUALIFICATIONS AND MEMBERSHIPS

- Registered Nurse in the state of California: 95275395
- Registered Nurse in the state of Georgia: RN291399
- Registered Nurse in the state of Washington, D.C.
- CPR-AED (Level HCP)
- American Nurses Association

ADDITIONAL SKILLS

- Emergency care
- Oncology/hematology and renal care
- Adolescent and geriatric care
- In-depth nursing assessments
- Multitasking, prioritizing, effective communication, and conflict resolving skills

VOLUNTEER EXPERIENCE

NorthShore University Health System - Glenbrook Hospital

August - November 2017

- Developed interpersonal skills with staff, clients, and volunteers. Assisted in the emergency department (bedmaking, sterilizing patient rooms, assisting patients, assisting staff with gathering and generating resources for staff in-services)

References Available Upon Request