# Christina Ramos

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I am a professional dedicated to providing high-quality, patient-centered care, and culturally competent care with a strong passion for patients' safety. Demonstrated strength in building rapport, prioritizing tasks, and managing time effectively with over 15 years of patient care experience. Hardworking and a team player dedicated to providing individualized and compassionate care.

## Work Experience

#### **Clinical Admission Supervisor RN**

Adventist Health - Vallejo, CA January 2018 to Present

- Evaluate clinical lab values and diagnostic testing results
- Communicating and collaborating with the care team
- Provided ongoing training to address staff needs.
- Interviewed applicants, recommended individuals for hiring and evaluated staff performance.
- Realigned workflows with changing business demand by evaluating processes and employee strengths.
- Delegated work to staff, setting priorities and goals.
- Remained calm and professional in stressful circumstances and when dealing with unhappy customers, effectively diffusing situations.
- Demonstrated excellent communication skills in resolving product and consumer complaints.

#### **Neuro Unit - Preceptorship**

Dignity Mercy General Hospital - Sacramento, CA October 2021 to November 2021

- · Monitor vital signs
- Neurological assessments
- Operating and maintaining equipment IV tubes, IV pumps, feeding tubes, catheters, oxygen administration
- Strokes scales
- · Administer medication and patient teaching
- · Admitting and discharging paperwork, education, care planning and updates

#### Medical Surgical - Clinical Telemetry - Clinical Intensive Care Unit - Clinical

North Bay Vaca Valley Medical Center - Vacaville, CA August 2021 to October 2021

- Monitor vital signs
- Operating and maintaining equipment IV tubes, IV pumps, feeding tubes, catheters, oxygen administration
- Strokes scales
- Administer medication and patient teaching

• Admitting and discharging paperwork, education, care planning and updates

## **Licensed Psychiatric Technician - Medication Nurse**

Adventist Health - Vallejo, CA

October 2006 to October 2006

- · Documented information in patient charts and communicated status updates to interdisciplinary care team.
- · Responded to patient alarms and needs-assessment requests to identify course of treatment.
- · Provided mental health care by administering psychotropic medications and teaching breathing exercises for anxiety issues.
- $\cdot$  Observed patient vital signs and medication reactions and reported health concerns or behavioral changes.

#### **Clinical Admissions Specialist - Lead**

Adventist Health - Vallejo, CA

- · Review clinical health information to determine appropriateness for admission as determined by set admission criteria.
- · Present patient profile to on-call physician and coordinate pending admissions with inpatient unit charge nurses
- · Issued, gathered, and inspected intake forms to confirm correct signatures and information.
- · Maintained confidential patient documentation to prevent data compromise and comply with HIPAA regulations.

## Education

#### **Associate of Science in Registered Nursing**

Carrington College California - Sacramento, CA November 2021

#### **Associate of Science in Vocational Nursing**

Unitek College - Fremont, CA December 2017

#### **Certification in Vocational Nursing**

Blake Austin College - Vacaville, CA August 2015 to September 2016

#### **Associate of Science in Psychiatric Technician**

Napa Valley College - Napa, CA January 2005

#### Skills

- Experience in medical admissions
- Friendly, positive attitude
- Medical terminology proficiency
- Monitor vital signs, lab and diagnostic test results

- HIPPA compliant communication
- Medication administration
- Wound care
- Neurological assessment
- Admission assessment
- Available upon request.
- Intake Experience
- Crisis Intervention

## Certifications and Licenses

## **BLS Certification**

## **Registered Nurse (RN)**

December 2021 to March 2023

License #95268410

### **NIH Stroke Scale Certification**

Present