Erin E. Pallas ADN, RN

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Baltimore, Maryland 21230 epallas22@gmail.com

Education:

Associates in Nurses, St. Vincent’s College, Bridgeport, CT - May 2018

\*Bachelor of Nursing, Partially completed at UMUC. Enrolled to finish at SNHU-Summer 2022

**Travel Experience: Employed with Aya healthcare since December of 2021**

**Experience:**

**Registered Nurse| Medstar Harbor Hospital ICU| Baltimore, MD November 2020-present**

* Manage intubated and sedated patients
* Titrate vasopressors, sedation medication, antihypertensive drips, paralytics etc.
* Manage critically ill patients suffering from, sepsis, COVID-19, drug overdose, stroke, etc
* Perform CRRT on patients who can not be managed with regular dialysis
* Perform adult complex assessment
* Manage patients who are proned and paralyzed

**Registered Nurse |UMMC R. Adams Cowley Shock Trauma Center Neuro Trauma IMC | Baltimore, MD April 2020 – November 2020**

* All of the responsibilities listed in my previous position that follows apply to this position as well.
* Proficient management of patients with GSW’s, soft tissue injuries and various orthopedic injuries.
* Management of chest tubes.

**Registered Nurse | University of Maryland Medical Center Neuro IMC | Baltimore, MD September 2018 - Current**

* Performed extensive neurological assessments on acute and chronically impaired patients.
* Collaborated with an integrative team of healthcare providers.
* Proficient in management of care with stroke, seizure, and surgical patients
* Worked with ventilated/tracheostomy patient populations.
* Proficient in titrating drips such as insulin, heparin, cardizem, etc.
* Provided pathology, disease course, prognosis, medications and prevention education.
* Management of various catheters and drains.

**Awards/Nominations:**

* DAISY Award Nomination, 2019

#### **Certifications:**

#### BLS certified

#### ACLS- certified

**Evidence Based Presentation:**

“Identifying and Preventing Delirium in the Neurologic Patient Population”

* Researched evidence based practice on delirium in neurological patients.
* Presented delirium frequency and need for intervention in the neurological patient population
* Formulated a plan to put into action for neurologic nursing staff to help identify and treat delirium by use of Richmond Agitation Sedation Scale (RASS) and the Confusion Assessment Method for the Intensive Care Unit (CAM-ICU).

“Implementation of Sleep Promotion Protocol on Acute and Intermediate Care Neuro Units”

* Measuring patient satisfaction with the implementation of sleep promotion
* Researched methods and protocols to improve sleep promotion
* Measuring HCAHPS scores post and pre sleep promotion implementation
* Working with providers to ensure that sleep promotion orders are correct so nursing can provide sleep promotion correctly