

Sheridan Owens

Chicago, IL
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Highly dedicated and resourceful individual with an exemplary record of caring and thorough resident service. Adept at handling difficult or traumatic situations with complete courtesy and professionalism. Able to work well independently and as a resident health care team member. I am seeking a position that will let me demonstrate my great interpersonal skills, my knowledge on how to care for patients, and my vast customer service skills.

#readytowork

Work Experience

Registered Nurse

Symphony Post Acute Network - Chicago, IL
August 2021 to Present

- Pass medication, insert foleys and give insulin.

CNA - Certified Nursing Assistant

GrapeTree Medical Staffing - Chicago, IL
June 2018 to February 2021

Staffing agency

- Worked in various nursing home settings(i.e hospitals, LTAC,Rehab, Mental Health,and SNF)
- Assist patient with everyday needs (personal hygiene, using the restroom, grooming etc.)
- Monitor vital signs (temperature, pulse etc.) or EKG signals and patient condition
- Take fluid samples or other specimens for testing
- Ensure rooms have adequate patient care supplies

Patient Care Technician

Holy Cross Hospital - Chicago, IL
May 2018 to May 2019

Keep patient rooms tidy and sanitized
Perform venipuncture On patients
Assist patient with everyday needs (personal hygiene, using the restroom, grooming etc.)
Monitor vital signs (temperature, pulse etc.) or EKG signals and patient condition
Take fluid samples or other specimens for testing
Assist nursing staff in administering basic treatments
Perform basic nursing procedures (e.g. changing bandages)
Ensure rooms have adequate patient care supplies
Assist patients with particular issues or needs

Provide appropriate emotional support

CNA - Certified Nursing Assistant

Symphony Post Acute Network - Crestwood, IL

January 2018 to July 2018

Perform ADLs , chart I&O,pass trays & feed residents,use of hoyer lift & sit to stand,

Education

Associate in Nursing

Rasmussen College-Illinois - Mokena, IL

September 2019 to June 2021

Vocational in PCT/CNA

Chicago Community Learning Center - Chicago, IL

February 2017 to September 2017

High school diploma

Terre Haute North Vigo High School

August 2008 to June 2012

CPR Certification

Chicago Community Learning Center - Chicago, IL

Nursing Licenses

RN

Skills

- CHARTING (Less than 1 year)
- CATHETER
- PHLEBOTOMY
- VENIPUNCTURE
- HIPPA
- Certified Nursing Assistant
- CNA
- Cna Certified
- Phlebotomy (1 year)
- Hoyer Lift
- Catheter Care
- Vital Signs
- Meal Preparation
- Food Handling (2 years)

- Customer Service (2 years)
- Nursing

Certifications and Licenses

CPR

Certified Nursing Assistant (CNA)

Driver's License

Food Handler

April 2020 to April 2022

Additional Information

SKILLS

- Superb communication, social, multi-tasking, time management and organizational skills.
 - Proven ability to follow instructions accurately, multi-task and make solid decisions and work well under pressure in a fast-paced ever-changing environment, working well individually or in a team setting in order to meet and exceed multiple goals and deadlines simultaneously.
 - Excellent critical and creative thinking, conflict resolution and problem-solving skills.
 - Proficient in Microsoft Suite Applications: MS Word & MS Excel
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- Activities Daily Living • Hoyer Lift • Patient mobility assistance (gait belt, Hoyer lift)
 - Vital Signs • Range of Motion • Input & Output (I&O)
 - Basic Nursing Skills • HIPPA / OSHA guidelines • Charting
 - Specimen collection • Basic Medical Terminology • EKG & Phlebotomy (venipuncture)
 - Catheter care • Appointment escorting • Perineal care