**MONIQUE M. ALVAREZ MSN, BSN**

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**QUALIFICATIONS SUMMARY**

* *Dedicated and patient focused RN with 11 years of clinical experience and proven expertise critical patient care, medical-surgical cases and cardiovascular cases seeking registered nurse position in reputed institution here I can enhance my nursing skills and put my knowledge in to practical use.*

**AREAS OF EXPERTISE**

* Intensive Care Unit ( 5 years)
* Private Duty Nurse ( 2 years)
* Medical Surgical (4 years)

**EMPLOYMENT**

**REGISTERED NURSE October 2020 to Present**

* Employer: HCA Good Samaritan Hospital
* Bed capacity/Short description : 300 Bed Capacity
* Unit/Area : ICU
* Comprehensive Job Description
* Assisted with efforts to minimize mortality through hemodynamic monitoring and support.
* Set up and monitored life support equipment and devices such as cardiac monitors, transducer, pressure lines, oxygen delivery devices, mechanical ventilators and pulse oximeter.
* Evaluated patient’s assessment record and lab data results to determine whether an emergency intervention was necessary
* Analyzed which patient can be transferred out to either stepdown or the floor
* Manages medication doses, anesthesia and ventilator support to four patients
* Delivers regular updates to patients and family members to help them arrive at decisions regarding treatments
* Coordinated with patient’s family and nursing staff to develop patient care plans.
* Prepared daily patient assessments and recorded test results and patient vitals
* Provided patient care following bone marrow transplants.
* Corrected electrolyte imbalance

**REGISTERED NURSE Feb 2020 to October 2020**

* Employer: Houston Methodist Hospital Baytown
* Bed capacity/Short description : 875 bed capacity
* Unit/Area : ICU/CVIMCU
* Comprehensive Job Description
* Directed care and assessment of cardiac patients.
* Initiated perioperative and medical teaching in accordance with clients' needs, including assessment and documentation.
* Responsible for the initiation, administration, and monitoring of IV therapy including vasopressors, insulin and cardiac drips.
* Administered patient's medication educated and carried out orders made by physicians.
* Provided routine treatment and post-surgical care of cardiovascular patients.
* Educate patients and their families on disease processes, cardiac procedures and other aspects of therapeutic regimens, including medication and pain management techniques.
* Collaborated daily with physicians and health care team to achieve optimum patient care.

**REGISTERED NURSE I October 2016 to December 2018**

* Employer : Rizal Medical Center
* Bed capacity/Short description : 300 bed capacity
* Unit/Area : ICU
* Comprehensive Job Description :
* Set up and monitored life support equipment and devices such as cardiac monitors, transducer, pressure lines, oxygen delivery devices, mechanical ventilators and pulse oximeter.
* Evaluated patient’s assessment record and lab data results to determine whether an emergency intervention was necessary
* Analyzed which patient can be transferred out to either stepdown or the floor
* Manages medication doses, anesthesia and ventilator support to four patients
* Delivers regular updates to patients and family members to help them arrive at decisions regarding treatments
* Monitors patients’ progress and alerts attending physicians when sudden changes occur that calls for emergency intervention
* Sends orders for diagnostic tests such as EKG, CT scan, MRI and X-ray
* Tracked and recorded urine output, blood pressure, oxygen levels and ICU devices attached to patient

**CHARGE NURSE April 2016 to October 2016**

* Employer : Allied Care Experts Medical Center Pateros
* Bed capacity/Short description : 100 bed capacity
* Unit/Area : Intensive Care Unit
* Comprehensive Job Description :
* Care for critical patients with various cardiovascular and neurological disorders with the emphasis of patients with Myocardial Infarction, Congestive Heart Failure, Strokes, aneurysms, vascular malformations, Spinal Cord injuries & traumatic head injuries.
* Assessed, planned, implemented and evaluated patient care and performed patient education in accordance to unit standards for all patient types and age group.
* Recognized life-threatening arrhythmias and means of treatment for patients in cardiac monitors.
* Devised health care goals using a holistic approach aligned with patient and family needs.
* Administered the prescribed medications, changed dressings, clean the wounds and monitor the body.
* Administered infusion therapy, including: IV fluids, antibiotics, antifungals, antivirals and electrolytes.
* Maintained patient safety, care standards, and confidentiality according to both unit procedure and hospital policy.

**REGISTERED NURSE January 2014 – February 2016**

* Employer: Adventist Care
* Unit/Area : Private Nurse
* Comprehensive Job Description :
* Monitored oxygen saturation using a pulse oximetry, administer oxygen when needed. Auscultation of lung sounds and tracheal suctioning when needed
* Administered dressings, nursing services, medications and treatments
* Assisted with bathing, dressing, grooming, transfers from bed to chair, toileting, provided companionship, and performed some light housekeeping
* Helped meet and take care of activities of daily life
* Provided emotional support for patient and family members
* Communicated with physicians regarding needs and concerns
* Transportation to and from required physician appointments.
* Managed and supervised the closing and liquidation of business owned
* Monitoring of vital signs, medication reactions and general state of health.
* Determine patient needs based upon initial home evaluation; established nursing care plan and charting system to ensure continuity of care.
* Assisted with tube feedings, range of motion exercises, medication intake, and personal hygiene.
* Cooperated with community agencies to assist patient where possible.

**REGISTERED NURSE (RN HEALS) January 2013 – December 2013**

* Employer: Rizal Medical Center
* Bed capacity/Short description : 300 bed capacity
* Unit/Area : PACU/OR/Medsurg
* Comprehensive Job Description :
* Monitoring post-operative patients' levels of consciousness during recovery from anesthesia.
* Measuring and recording patients' vital signs.
* Closely observing patients for signs of side effects of anethesia medication.
* Treating pain, nausea, and other post-operative symptoms of anesthesia.
* Updating charts, patient files, and medical records.
* Collaborating with the medical team on post-operative patient care and facilitating timely specialized interventions.
* Providing comfort and reassurance to distressed post-operative patients and concerned family members.
* Educating patients and their families on post-surgery care, as well as answering questions.
* Provided medical care and treatment to medical and surgical patients.
* Conducts daily rounds with the attending physician
* Assumed charge nurse duties and serve as charge nurse as assigned.
* Analyzed, evaluated, organized and updated patient charts to ensure satisfaction in patient care. Educated patients and their families on disease processes, medical-surgical procedures, and broad aspects of therapeutic regimens, to include medication and pain management techniques.
* Assesses patients and referred abnormalities or problems to the attending physician
* Administers medications as needed
* Completes patient records
* Conducts health teachings to both the patient and her relatives
* Creates home plans for discharged patients
* Took the patient’s vital signs and referred any abnormalities to the attending physician
* Assisted in lab exams and other diagnostic procedures, and relayed the results to the attending physician
* Referred the patient to other specialists as per the doctor’s order.

**REGISTERED NURSE November 2010 - December 2012**

* Employer: Saquitan’s Medical Clinic
* Bed capacity/Short description : Charge Nurse
* Comprehensive Job Description :
* Maintained accurate patient medical records by recording medical history, vital statistics and test results.
* Continually evaluated patient care needs, prioritizing treatment and maintaining patient flow.
* Administered immunizations, medications and nebulizer treatment. Collected blood, tissue and other laboratory specimens and prepared them for lab testing.
* Performed a number of medical procedures, including temperature, pulse and blood pressure readings.
* Instruct individuals, families and other groups on topics such as health education, disease prevention and treatments for illnesses

**EDUCATIONAL BACKGROUND**

**Master of Science in Leadership and Management (Ongoing)**

* Queens University North Carolina

**Master of Science in Nursing Major in Adult Health**

* St. Paul University of the Philippines, Batch 2018

**Bachelor of Science in Nursing**

* Far Eastern University (FEU), Batch 2010

**Examinations/Certifications taken and passed**

Examinations/Certifications Result/status

( ) PH Board Exam : PASSED

( ) BLS : September 2020

( ) ACLS : September 2020

( ) IV Therapy : 05/2021

( ) Basic Occupational Safety and Health : 05 /16 /2018

( ) Training on General Management of : 07/13/2018

Poisoning for Nurses

( ) Epidemiology Nursing : 09/13-15/ 2017

( ) Fire Preparedness and Injury Prevention: 03/26/2018

( ) Disaster Preparedness Workshop : 02/20-22/2017

( ) Adult Health Nursing Practicum : 04/ 06-30/2018

**Professional License**

* California Board of Nursing
  + License Number: 95234617
  + Valid Until : **09/30/22**
* Texas Board of Nursing
  + License Number: 899742
  + Valid Until : **8/31/2021**
* PH Board of Nursing
  + License Number: 0630767
  + Valid Until: 08/20/2019

**CHARACTER REFERENCES**

Amanda Mumford ICU Charge Nurse 925 726 7246

May Padolina Supervisor Allied Care Expert 318 278 4981

Avelina Bastida Charge Nurse Houston Methodist 8323398233