

Sylvia Fludd

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ACADEMIC PREPARATION:

Accelerated Bachelor of Science in Nursing, The University of Texas Health Science Center-San Antonio
Degree Conferral: 08/2020

Bachelor of Science in Public Health, The University of Texas at San Antonio
Concentrations: *Health Promotion and Behavioral Sciences*, 08/2014

Associate of Science in Biology/Pre-Nursing, San Antonio College, 08/2012

PROFESSIONAL EXPERIENCE:

Registered Nurse, 10/2020-Present

University Hospital, Trauma Acute/Med Surg Unit (Level 1 Trauma Center)

- 52 Bed unit, nurse to patient ratio 5:1 or 4:1
- Provided acute total care nursing for patients involved in MVC, GSW, stabbings, falls, GI and other trauma-related injuries
- Changed and packed dressing wounds per physician order to improve healing and decrease infection
- Ensured stabilization of polytrauma fractures and care of flap sites; and performed frequent neuro and nv checks
- Maintenance of external fixations, ortho boots (multi-potus cam, PFs) and tlo brace
- Care oral flaps and trach care for patients with tracheostomy with oral, suctioning to increase oxygenation
- Monitored TBI, SAH IPH, and SDH clients for worsening symptoms, progress of treatment and adverse reactions
- Set up and monitored patient's chest tube system to prevent worsening of pneumothorax or hemothorax
- Care of PEG, Nasogastric, Central line, IJ, PICC, TPN or PPN fistula appliance device, ileostomy, colostomy, drain systems (JP, T tube, Penrose, hemovac, nephrostomy)
- Maintenances of KCI (with and without irrigation) and Prevena wound vac systems
- Set-up and maintenance of PCA and epidural pump
- Conducted covid screenings and performed PCR and rapid tests prior to surgery
- Performed bladder scans, straight catheterization, post-void residuals to maintain proper GI function
- Monitored and assessed patients on telemetry for dysrhythmias and notified physician of rhythm changes.
- Provided and managed care of Med Surg, medicine, general surgery, ortho, ortho-spine surgery, ENT, colorectal, vascular surgery, bariatric surgery medicine, plastic surgery, and OB-GYN/oncology populations
- Patient care managed and updated through EPIC EMR system

Registered Nurse, 10/2020-01/2021

San Rafael, Pediatric Home Health Care (part-time)

- Assessed home for safety and screened family and client for Covid-19 daily
- Assess client for initial assessment and stayed at patients' side throughout shift.
- Performed seizure and aspiration precautions for patient with seizure and epileptic conditions.
- Administered medications through mickey button and observed for tolerance or adverse reactions
- Administered feedings via mickey button using Farrell bag, kangaroo junior or enterallite pump
- Provided care and replaced mickey button based on organization protocol
- Monitored non-invasive positive pressure ventilation
- Trouble-shot and cleaned CPAP/BIPAP machine

Medical-Surgical Technician, 02/2019-01/2020

University Hospital, CT Surgery, Cardiology and Transplant Unit

- Performed 12-lead EKGs on patients daily per physician orders for cardiac evaluation
- Obtained and charted vital signs and blood glucose monitoring using point of care, promptly reported abnormal ranges
- Promptly conducted hourly rounding to ensure the safety and well-being of patients and guest
- Assisted healthcare team during cardiopulmonary resuscitation during staff assists and codes
- Respectfully performed post-mortem care for patients and extended compassion and comfort to family
- Performed perianal care for indwelling catheters every 8 hours and discontinued foleys to prevent CAUTI infections

- Monitored chest tubes vacuum systems, recorded and emptied Duvall, Jackson-Pratt, T-tubes, nasogastric suctioning draining systems, purewick system and reported abnormal output or characteristics

Investigator III, 01/2015-05/2017

Texas Department of Family Protective Services - Child Protective Services

- Investigated over 600 reports of abuse and neglect and provided interventions to reduce future abuse and neglect
- Interviewed over 1800 individuals and gathered information regarding allegations of abuse and neglect, using open-ended, close-ended and probing questioning techniques
- Inspected and assessed over 700 homes for safety and risk, as well as environmental health hazards to ensure adequate living conditions for children
- Researched criminal and abuse history and utilized other investigative tools to locate families
- Educated parents on safe sleeping with children 2 years and younger to reduce accidental child fatalities
- Provided community referrals to enhance caregivers understanding of realistic expectations for children and to facilitate behavioral changes
- Frequently coordinated and collaborated with law enforcement and medical staff to initiate criminal investigation and determine severity of injuries and remain abreast regarding case findings
- Prepared affidavits, compiled investigation findings and testified in court regarding recommendations for families to engage in services
- Closed or transferred cases after making determination and giving a disposition for abuse or neglect

COLLEGIATE AND PROFESSIONAL MEMBERSHIPS:

American Nurses Association, 06/2020-present, Student Member

The University of Texas Health Science Center -San Antonio, 01/2020-08/2020, Student Liaison Representative

Member, Black Student Nurses Association, 08/2019-08/2020

Member, National Student Nurses Association, 08/2018-08/2020

The Health Honor Society– The University of Texas at San Antonio, 08/2013-05/2014

President, 01/2014 -05/2014, **Vice President**, 05/2013-12/2013, **Secretary**, 01/2013-05/2013

HONORS AND AWARDS:

Daisy Award, University Hospital (2021)

Appreciation Award, University Hospital (Trauma Acute) *Contribution and effort towards patients and team* (2021)

BEE Award - Four times, (Beyond Exceptional Expectation), University Hospital, 2019-2020- *Extraordinary staff, delivering exceptional patient care*

Shining Star Award, University Hospital, 05/2019- *Demonstrating outstanding customer service and compassion for patients and visitors*

Appreciation Award, University Hospital (CT Surgery, Cardiology, and Transplant Services Unit) *dedication and extraordinary patient care*

Best Nursing Research Poster Award, The University of Texas Health Science Center: 2nd Place out of 18 (12/2018)

Officer of the Year 2014, The Health Honor Society: *Outstanding Service-Exceeding the community service and research hour requirements*

CERTIFICATIONS:

RN Texas Compact- TX Board of Nursing (Expires: 09/2023)

Trauma Care After Resuscitation Certification (TCAR) *TCAR Education Programs* (In progress)

Advanced Cardiovascular Life Support (ACLS) *American Heart Association* (Expires: 04/2023)

NIHSS Certification (3CE) *Apex Innovations Group B 2yr* (Expires: 1/03/2024)

Basic Life Support Provider *American Heart Association* (Expires: 02/2024)

Vision Screener Certification *Texas Department of State Health Services* (Expires: 09/2023)

Registered Audiometric Equipment Operator *Texas Department of State Health Services* (Expires: 09/2023)

Patient Safety Certification (CE) *Health Institute for Health Care Improvement* (Expires: 09/2023)

Mass Fatalities Training (CE) *University of Minnesota Public Health* (05/29/2020)