



SHARISSE BESTON, RN

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PROFESSIONAL SUMMARY

Seasoned Registered Nurse with more than 20 years of experience in fast paced Medical-Surgical/Telemetry floor. Excellent leadership and critical thinking skills with a track record of achieving exceptional results in pre-op and post-op patient care. Registered Nurse with expert knowledge of medical terminology and HIPPA compliance. Hard working and driven with established career working in hospital and ambulatory settings. Support quality patient care and education.

SKILLS

- Critical Thinking
- Judgement and decision making
- Emergency procedures
- Complex problem solving

EDUCATION

Nursing - Bachelor of Science - 2013
American Sentinel University - Admissions Office - 2260 South Xanadu Way, Aurora, CO 80014-6510

Nursing - Associate of Science - 2002
Cerritos College - Norwalk, CA

WORK HISTORY

Registered Nurse - November, 2006 to Present
Kaiser Permanente Fontana Medical Center - Fontana, CA

- Fill-in as Charge RN while evaluating staff performance and providing corrective measures if necessary.
- Prioritize nursing tasks and assignments while accurately reporting on each patient's condition, resulting in better outcomes.
- Facilitate therapeutic communication, conflict resolution, and crisis intervention by redirecting negative behaviors and assisting patients in regaining or improving coping abilities to prevent further disability..
- Provide preceptorship to new nurses, instructing them on unit functions and defined roles, as well as hospital policies and procedures and nursing best practices.

Registered Nurse - March, 2019 to July, 2020
Cal-Care Industrial Home Health - Pomona, CA

- Admit patient into Home Health Services and evaluate, observe and document patient's condition at each visit.
- Assess wounds and make wound care recommendation for treatment. Dress or redress wounds, re-evaluate wound care and adjust care plan accordingly.
- Provide education to patients and families on proper home health care procedures and strategies.
- Met with family members to address any concerns and provide care updates.

Registered Nurse - January, 2003 to March, 2005
Kaiser Permanente Baldwin Park Medical Center - Baldwin Park, CA

- Respond to emergency situations by providing airway management, administering emergency fluids or drugs, or using basic or advanced cardiac life support techniques.
- Monitor patient's responses, including skin color, pupil dilation, ventilation, urine output by using invasive and noninvasive techniques.
- Educate patients/families and assisted them in recovering quickly and effectively
- Planned and managed patient care in accordance with hospital standards of care.

CERTIFICATIONS

- Registered Nurse in CA
- BLS certified
- ACLS certified