

PROFESSIONAL SUMMARY

Compassionate Registered Nurse with experience offering comprehensive patient care in outpatient and in patient settings. Med Surge, OR, Same Day Infusions, Acute Care Therapies, Wound Care, Education and Massage Therapy. works well with diverse patient populations and fosters trusting relationships to improve outcomes. Seasoned nursing professional offering proven clinical knowledge, natural interpersonal strengths and technical abilities. Driven, hardworking, organized and dependable candidate successful at managing multiple priorities with a positive attitude.

SKILLS

Patient assessment and triage	Direct nursing care	Case management
Vitals monitoring	Infection control and aseptic procedures	Precepting

EXPERIENCE

RN Nurse Care Manager

Jordan Valley Healthcare Clinics, Springfield, Mo, Nov 2018 - Sep 2021

- Developed and implemented treatment plans for patients with various acute and chronic concerns.
- Administered oral, IV, and intramuscular medications as part of patient treatments.
- Monitored consistent use of aseptic techniques to protect against infection.
- Alleviated patients' fears of treatments using kind, empathetic communication.
- Recorded changes in patient conditions and laboratory test results.
- Trained and monitored student nurses, interns, and new graduates in proper procedures and care techniques.
- Improved recovery by educating patients and caregiver's on proper at-home care and treatments.
- Dressed, cleaned, and redressed wound and incision areas.
- Educated patients on preventive care and lifestyle choices to improve overall health.

RN Botox Nurse

Glo, Springfield, Mo, Aug 2021 - Current

- My Part time side hustle
- RN Injector of Botox and Fillers

RN CaseManager

Intrepid USA. (Went Out of Business), Springfield, Mo, Jan 2018 - Nov 2018

- Delivered equitable healthcare as advocate for patients, families, and caregiver.
- Assisted patients and families in establishing patient-specific goals, removing barriers, and improving resource utilization.
- Developed and implemented treatment plans for patients with various acute and chronic concerns.
- Administered oral, IV, and intramuscular medications as part of patient treatments.
- Met post-surgical patient needs, monitored catheters, and handled personal hygiene tasks.
- Alleviated patients' fears of treatments using kind, empathetic communication.

- Improved recovery by educating patients and caregivers on proper at-home care and treatment regimens.
- Managed direct care of patients, including conducting assessments and documenting care activities.
- Educated patients on preventive care and lifestyle choices to improve overall health.
- Monitored consistent use of aseptic techniques to protect against infection.
- Dressed, cleaned, and redressed wound and incision areas.
- Collected patient data and biological samples for testing and procedures.

Home Care Registered Nurse

Maxim Health Care, Springfield, Mo, Jul 2017 - Oct 2018

- Oversaw treatment regimens, including organizing medication schedules and distribution.
- Assessed clients and families at admitting, defining needs and discussing care plans.
- Optimized care for patients with traumatic injuries and surgical recovery requiring nursing support.
- Enhanced patient outcomes through careful monitoring of conditions and comprehensive support.
- Modified patients' treatment plans as indicated by patients' responses and new physician orders.
- Contributed to team efficiency, optimal patient flow, and accuracy in treatments by maintaining accurate and detailed reports and records.
- Prepared patients for and assisted with examinations, treatments, and surgical procedures.

Registered Nurse Massage Therapist

Cox Hospital, Springfield, Mo, Jul 2013 - Mar 2017

- Assessed clients' soft tissue condition, joint quality, and range of motion.
- Consulted with clients to gain deeper understanding of medical history and problems.
- Designed massage therapy appointments based on individual needs of each client.
- Completed professional quality massages within scope of practice and licensing.
- Developed treatment and rehabilitation plans based on collaboration with health care professionals and other therapists.
- Addressed injuries, pressure points and specific medical conditions with targeted massage.
- Educated clients on methods for improving posture, strength and flexibility.

RN Flu Shot Clinic Nurse

Family Pharmacy All Stores, Ozark, Mo, Sep 2007 - Nov 2013

- Administered medications to patients and monitor patients for reactions or side effects to quickly intervene in serious issues.
- Maximized unit efficiency, keeping supplies and records well-organized for expected needs.
- Enhanced patient outcomes through careful monitoring of conditions and comprehensive support.
- Traveled to all FP stores and set up Immunization clinics with a register to collect monetary payments, billed their insurance, filled out intake forms, educated on vaccines one would receive and monitored VS's.

Float Registered Nurse

Cox Hospital, Springfield, Mo, Sep 2005 - Apr 2008

- Worked across nearly every floor of hospital, including med surge, psych, ortho, same day infusions, chemo, maternity and cardiac.
- Assisted with diagnostic procedures by administering assessments and collecting laboratory samples.
- Followed optimal standards of care when administering infusions, tube feeds, and blood products.
- Adapted nursing care to individualized and unit-specific needs for better patient outcomes.
- Minimized infection risks through proper care of wound sites, as well as IVs, gastric tubes, and catheters.

- Maximized unit efficiency, keeping supplies and records well-organized for expected needs.
- Treated patients with mental health issues alongside multidisciplinary team.
- Controlled infection risks with careful care of wounds and thorough sanitizing techniques.
- Administered medications to patients and monitor patients for reactions or side effects to quickly intervene in serious issues.
- Contributed to team efficiency, optimal patient flow, and accuracy in treatments by maintaining accurate and detailed reports and records.
- Prepared patients for and assisted with examinations, treatments, and surgical procedures.
- Modified patients' treatment plans as indicated by patients' responses and new physician orders.

Agency Nurse

Medical Staffing Network, Boca Raton , Florida, Mar 2000 - Aug 2005

- Agency nurse for head injury units, nursing homes, and residential facilities for abused children.
- Enhanced patient outcomes through careful monitoring of conditions and comprehensive support.
- Controlled infection risks with careful care of wounds and thorough sanitizing techniques.
- Resolved or reduced patient symptoms with intramuscular, intravenous and oral medicines.
- Maximized unit efficiency, keeping supplies and records well-organized for expected needs.
- Prepared patients for and assisted with examinations, treatments, and surgical procedures.
- Kept all areas clean, organized and in line with company professional standards.
- Updated office files daily and kept records organized.
- Contributed ideas for improving work processes.
- Maintained full compliance with legal, health, and safety regulations.

EDUCATION

Certification for RN Injector

Glo Botox , St. Louis, Mo, Aug 2021

Educated on Botox and Fillers to enhance clients images

Board Certified Massage Therapist

SOMA school for MT, Nixa, Mo, Sep 2007

Associates in nursing

North Harrison School of Nursing, Harrison, Ark, Mar 2004

Graphic Artist

Glo Valley Community College, Florissant, Mo, Jun 1992

Certification - Infant Massage Instructor

Babies First Massage, Springfield, Mo, Dec 2013