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|  | Zachary Roark1706 Washington Avenue Apt 809. St. Louis Mo, 63103. |  zachroark@hotmail.com  |  573.569.2259 |
| Objective | I am dedicated to do my best at everything I try. I value honesty, respect, hard work, and communication highly in any place of work. I love working with others and I am very good at doing so. I like trying new things and I also like learning. I also feel that being flexible is a great asset in todays’ world.  |
| highlights | Comfortable lifting heavy amounts of weightVery cautious of my surroundingsVery Professional Can adapt to a situation well Interact well with those I am helping Easy to work withStay on task wellWork well in fast paced/stressful situationsExcellent time management skillsWork well with deadlinesWork well with computersDetail Oriented |
| Experience | **labor hand** d&L Fencing LLC.May 2015- July 2016In this role I did many things such as building fence, cleaning out turkey barns, mowing, weed eating, and helped fix small machinery. **LEAD TELLER** Central Bank.AUGUST 2016- June 2019As a teller I have had a lot of interaction with the customers. Some of my duties include; running transactions, problem solving, basic maintenance, carrying heavy amounts of coin for other employees or customers, and assisting other tellers or customers with any issues that may arise. I also delegate any duties that need to be delegated and assist my manager with things that need to be done that are within my abilities. **PATIENT CARE TECH** Lake Regional Health SystemsMay 2019- November 2019As a patient care tech I provide bedside care to my patients. This job requires flexibility as I float to many different floors including Med Surg, ICU, PCU and Skilled Nursing. I do tasks such as obtaining vital signs, checking blood sugars, documenting Inputs and outputs, removing IVs, providing hygiene assistance, assisting nursing staff with any other tasks necessary, and helping make patients as comfortable as possible. It is also my responsibility to properly document these tasks. **CARE TEAM ASSOCIATE- CLINICAL** University of Missouri HealthcareNovember 2019- January 2021As a care team associate on the Medical Intensive Care Unit I ensure that the unit is ran smoothly. I am responsible for answering phones, stocking, checking residents’ orders are in, reporting critical lab values, patient admit paperwork, patient discharge paperwork, assisting with codes, and any other task that I am asked of. **EMERGENCY ROOM TECH** Capital Region Medical Centernovember 2019- January 2021 As an ER tech I am responsible for many things. I run EKGs, urine samples, and flu tests. I am also responsible for inserting catheters and drawing blood. I am responsible for assisting with patient triage, getting vital signs, assisting with IV insertion, and any other procedure that is performed in the ER. I also fully assist with any rapid response or code blue that occurs in the ER. Sitting and caring for psych patients that come in is also a responsibility of mine. **EMERGENCY ROOM NURSE** Barnes Jewish Hospitaljanuary 2021- presentAs an Emergency/Trauma Center nurse I am responsible for several different patients and tasks each shift. At Barnes Jewish Hospital I care for anywhere between 4-7 patients at a time. These patients can be simple or as complex as a level 1 trauma pt that comes in without a pulse. I am responsible for communicating with physicians and other colleagues throughout the department and hospital to provide the best possible care to my patients. I monitor patients, administer medications, insert IVs, insert catheters, double check orders, collect, send and run labs, participate in resuscitation efforts, assist with procedures and sedations, and transport patients throughout the department and hospital. I help save lives every day.  |

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| Education | **IBERIA HIGH SCHOOL, IBERIA, MO****HIGH SCHOOL DIPLOMA****I completed high school with a 3.9 GPA. I received the community club scholarship, the alumni scholarship, the Iberia secretary scholarship, and the Megan Meredith memorial scholarship. I also received a central bank scholarship through state fair community college.** **State fair community college**, sedalia, mo associate of science in nursingI completed 12 credit hours of dual enrollment while in high school through state fair. I finished 24 credit hours online through state fair my first two semesters out of high school. I finished most of my general education requirements before furthering my education and transferring to Lincoln University in the fall of 2017.**LINCOLN UNIVERSITY, JEFFERSON CITY, MO**BACHELOR OF SCIENCE IN NURSINGI completed my Bachelors of Science in Nursing at Lincoln University in December of 2020, with honors. I did this while working part time at the University of Missouri Hospital as a tech in the emergency department, as well as a tech at a small rural hospital in that emergency department.  |
| Communication | I feel that I am very personable and really enjoy being around others. I am thankful for my many years playing competitive sports as I feel that I found out quickly how to communicate effectively among a team. We all motivated and pushed each other to do our best. I quickly learned what it means to be a hard worker, how to adapt to ever changing situations, and the importance of dependability. |
| Leadership | Throughout high school I was a member of Student Council and National Honor Society. These organizations are based off of integrity and leadership. I was elected Vice President of Student Council my senior year and enjoyed the responsibility and leadership opportunity in this role.  |
| References | **upon request** |